

1926  2022

The end of the Elizabethan age

» The Queen is buried in Windsor at dusk, next to her husband, sister and parents

» Thank you and goodbye: hundreds of thousands of people line roadsides along route

» Unprecedented public gathering of world leaders for her state funeral in Westminster

» Vast procession brings London to a standstill, with spectacular military display

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A farewell,
a beginning
- and perhaps
a storm, too

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crowds so vast
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A final farewell

Thousands of people line the Long Walk to Windsor Castle, paying their respects to the Queen as her coffin makes its last journey in the State Hearse, strewn with flowers. She was buried inside St George's Chapel. LEE SMITH/GETTY





A spectacular finale to the

World leaders and huge crowds gathered in central London for an extraordinary tribute to the UK's longest-reigning monarch. **Cahal Milmo** reports

Britain – and a watching world – yesterday bade a majestic farewell to Elizabeth II with a state funeral of gilded grandeur in which kings, presidents, prime ministers and a sombre multitude gathered in tribute to a monarch held in rare affection and esteem.

Twelve days of national mourning to mark the end of the second Elizabethan era culminated in solemn ceremonial as the Queen's Royal Standard-draped coffin was borne into Westminster Abbey – the church where she was both married and crowned – in front of a congregation which brought together a mourning King and his family with community workers and global potentates.

As dusk fell on a final journey from the ancient heart of London to the familiar comforts of Windsor, the one-time Princess Elizabeth who was born with no expectation of shouldering the burdens of sovereign and yet became a monarch of unprecedented duration and resonance was laid to rest in a private burial alongside her beloved husband of 73 years, Prince Philip.

Such intimate quietude stood in glaring, glittering contrast to the spectacle that filled daylight hours. While a worldwide audience of billions looked on, 750,000 people had flocked to the capital to line a funeral procession route which fell

silent at 11am as the opening hymns of the funeral service were relayed to the 12-deep crowd gathered on The Mall and its adjoining thoroughfares. Such was the desire to say a final goodbye that all viewing points were declared full two hours before ceremonies began and other crowds turned away.

Inside Westminster Abbey, one of the greatest concentrations of political and regal power ever amassed in public – from US President Joe Biden to the Japanese Emperor Naruhito – were reminded by the Archbishop of Canterbury, Justin Welby, of the nature of service and leadership.

In his sermon halfway through the hour-long service, the Archbishop recalled the pledge made by the then Princess Elizabeth on her 21st birthday to dedicate her entire life to duty. He said: "People of loving service are rare in any walk of life. Leaders of loving service are still rarer. But in all cases those who serve will be loved and remembered when those who cling to power and privileges are long forgotten."

The formal farewell to the Elizabethan age had begun at 10.44am as the Queen's coffin, adorned with the Imperial State Crown and the orb and sceptre, was carried from Westminster Hall, where it had lain in state for four days, by eight military pallbearers and placed on a gun carriage hauled

by 142 Royal Navy ratings. Behind it on the brief, dolorous journey to the Abbey followed the King and his siblings, as well as the Prince of Wales and the Duke of Sussex.

It was a walk in the public eye that had already been twice performed by the senior members of the House of Windsor since their 96-year-old mother and grandmother's death in her Highland retreat of Balmoral. But here, amid the full trappings of pageantry and song echoing around the 753-year-old Abbey, was the last honouring by family and nation of its Queen.

Nearby on Horse Guards Parade, 73-year-old George Harris had risen at 5am to travel from his Suffolk home to bow before the cortège. His medals glinting, the former soldier said: "I think Isaac Newton said it is only by standing on the shoulders of the giants who have come before us that we can see further. The Queen was one such giant. We should all be grateful for her life."

It was a gratitude expressed with all the mournful spectacle that could be mustered by both British state and public.

The anticipatory mood of mourners along The Mall was instantly transformed by a live feed of the Abbey's choristers singing the coffin into the church at 11am. As a stillness fell on the crowd, it felt as if the state funeral attended by 2,000 guests had become an open-air affair in which many thousands could take their part.

Alongside the sailors drawing the gun carriage, 4,500 military personnel processed from the Abbey to Wellington Arch with the cortège in its midst against a metronomic soundtrack of gun salutes and the tolling of Big Ben.

But amid the ceremonial, also came the personal. The wreath on the coffin bore a card signed by King Charles which read "In loving and devoted memory, Charles R". As the bearer party entered the Abbey it was followed by a nine-year-old future king, Prince George, and his sister, Princess Charlotte, alongside their parents, the Prince and Princess of Wales.

And as the funeral procession reached the top of The Mall and passed before the gates of Buckingham Palace, it was met by an honour guard of staff including maids and chefs who emerged from the building to bow their heads.

And so it was amid such moments that a haunting, sorrowful veil was drawn over the reign of Elizabeth II. As her remains were borne from Westminster Abbey and onwards to be buried with her father, mother, sister and husband, her lone personal piper played a traditional Scottish lament. It was entitled: "Sleep, Dearie, Sleep."

FAMILY

Queen buried alongside her husband, parents and sister

By Cahal Milmo

The Queen was laid to rest last night in the presence of her heir and her closest family in an intimate ceremony that followed a state funeral watched by billions.

She was buried as dusk fell over St George's Chapel in the grounds of Windsor Castle, away from the glare of cameras that have followed almost every moment since her coffin left the gates of Balmoral to a lying-in-state directly witnessed in person by hundreds of thousands of people.

After the late monarch's coffin was brought by hearse from the Wellington Arch in central London, a committal service was held in St George's Chapel.

In a symbolic ceremony, the Crown, sceptre and orb were removed from the Queen's coffin, and her Lord Chamberlain's wand of

office was broken. At the same time, the King placed the Queen's Company Camp Colour of the Grenadier Guards on the coffin (*inset*).

Charles sat in the seat which was occupied by the Queen on the occasions when she came to the chapel, positioned closest to the altar.

Tradition ran through the service, with the Queen's reputation for constancy and consistency prevailing until the very end.

It was followed soon afterwards by the interment, attended only by King Charles and the other senior members of the Royal Family.

It took place in the George VI Memorial Chapel, which sits within St George's Chapel, and where the Queen was buried alongside her father, mother, her sister Princess Margaret, and her beloved husband, Prince Philip.



second Elizabethan age



The gun carriage bearing the Queen's coffin is drawn along Whitehall after her state funeral (above); crowds line the route in London (below); and King Charles leads the family mourners following the cortège from Westminster Hall ROB PINNEY/REUTERS; KIN CHEUNG/GETTY; JOSHUA BRATT/REUTERS



RELIGION

Welby quotes the Queen's 'We'll meet again' speech

By Emily Ferguson
POLITICAL REPORTER

The Archbishop of Canterbury echoed the Queen's words from her coronavirus lockdown address as he told the congregation: "We will meet again."

Justin Welby said that the grief felt around the world over the late monarch's death "arises from her abundant life and loving service", and prayed for the Royal Family for enduring loss "in the brightest spotlight".

In his sermon, the Archbishop spoke of the Queen's speech at the height of the first lockdown, in which she cited Vera Lynn's 1939 song to give solace to the nation.

"We should take comfort that while we may have more still to endure, better days will return," the Queen had said.

"We will be with our friends again; we will be with our families again; we will meet again."

The Archbishop told the congregation yesterday: "Her late Majesty's broadcast during Covid lockdown ended with, 'We will meet again.' Words of hope from a song of Vera Lynn. Christian hope means certain expectation of something not yet seen."

He concluded: "All who follow the Queen's example and inspiration of trust and faith in God can, with her, say, 'We will meet again'."

Dr Welby used his sermon to pay tribute to her lifetime of service and described the late Queen as having touched "a multitude of lives".

The Archbishop reminded mourners of the oath she took on her 21st birthday "that her whole life would be dedicated to serving the nation and Commonwealth".

He added: "Rarely has such a promise been so well kept. Few leaders receive the outpouring of love we have seen."

Speaking of the Queen's commitment to public service, he said: "People of loving service are rare in any walk of life. Leaders of loving service are still rarer."

"But in all cases those who serve will be loved and remembered when those who cling to power and privileges are long forgotten."

After the service, the Archbishop said it had been the "honour of a lifetime, and among its saddest moments" to preach at the Queen's funeral.

Letter from the Editor
Oliver Duff
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True splendour

We have had 12 days to adjust a little to the idea that the Queen has died. Yesterday brought a finality, in the way that funerals often do.

The pageantry, the dignitaries and the huge crowds were unique, but the family's grief was not. Their appalled disbelief at following the coffin on its final journey was recognisable to anyone who has lost someone they loved.

For the rest of us, a chapter closes. The second Elizabethan age ends with breathtaking pomp. Monarchs need to know how to make an entrance – and an exit. The Crown's longevity depends on impressing your public with a sense of renewal.

At Westminster Abbey, the clerics delivered a solid if sometimes stodgy performance, with beautiful music. Then the military took over. It was a spellbinding martial display, planned and rehearsed for decades – and the sort of send-off their former commander-in-chief would have enjoyed.

People who were in the crowds on The Mall and in Westminster say that they will remember the silence as they waited for naval ratings to pull the Queen's coffin towards them. The stillness of many tens of thousands of people gathered together, broken only by the shuffling of feet, birdsong, Big Ben tolling and distant artillery gunfire. The beat of a marching battery drew slowly nearer, the chords of Mendelssohn's funeral march grew louder... and then the Queen was gone.

The scale and grandeur of yesterday's state funeral will probably prove to be a one-off, much like the woman whose life it commemorated.

The crowd dynamic changed after Wellington Arch, when the grieving royals were no longer walking behind the coffin and the Queen travelled 25 miles to Windsor by hearse. On the drive, she was greeted with cheers, applause and even cries of "hip hip hooray", while roses were thrown under the wheels.

The state funeral for Elizabeth II was a spectacular demonstration of British history, culture and power, told through music, military ritual, heraldry, monuments, religion, diplomacy and video media, broadcast live to every country on Earth. Truly, it's what she would have wanted.

@olyduff



REACTION

Rare display of royal emotion as family unites for funeral

By Dean Kirby
and Joe Duggan

Charles III was visibly tearful as the Royal Family yesterday gave their final farewell to the Queen after 12 days of mourning.

Family members appeared deeply moved during the funeral and procession for Britain's longest reigning monarch, in what was an emotionally fraught and physically exhausting day.

The King appeared pensive and close to tears during both the Westminster Abbey and Windsor services, as other members of the family comforted one another.

During the Westminster service the King could be seen dabbing his face as the Queen's Piper played "Sleep, Dearie, Sleep".

While Baroness Scotland read the first lesson, the Earl of Wessex retrieved a white handkerchief and wiped tears from his eyes.

Both his wife Sophie, the Countess of Wessex, and Meghan, the Duchess of Sussex, wiped away tears as they watched the Queen's coffin being carried out of the Abbey.

Earlier, Prince Andrew appeared to be distressed at the beginning of the procession from Westminster Hall – demonstrating the difficulty of

grieving in the public spotlight. Several members of the Royal Family were also seen supporting younger relatives during and after the service at Westminster.

The Princess of Wales could be seen placing her hand on nine-year-old Prince George's leg. As the service came to an end, seven-year-old Princess Charlotte was supported by Sophie, who put an arm around the young royal as they filed out of the abbey.

Mike Tindall, husband of Princess Anne's daughter Zara, was also seen supporting Sophie's 14-year-old son James, Viscount Severn.

Inside the Abbey, the King and the Queen Consort were supported by the Princess Royal, Vice Admiral Sir Timothy Laurence, the Duke of York (*inset*) and the Earl and Countess of Wessex, who were sitting closest to them.

In front of the King, the Queen's coffin was placed close to the altar, surrounded by flowers chosen by the King from gardens she loved.

The Prince and Princess of Wales, Prince George and Princess Charlotte, and then Peter Phillips and Mr and Mrs Tindall, sat across the aisle

on a neighbouring front row. Prince Harry sat directly behind the King on the second row, with the Duchess of Sussex, Princess Beatrice and her husband, Lady Louise Windsor and Viscount Severn.

After the service in Westminster, the Queen's coffin was transported to St George's Chapel in Windsor for the committal service, led by the Dean of Windsor, David Conner.

The King appeared especially moved as the crown, orb and sceptre were removed from the Queen's coffin towards the end of the service.

Charles, who will next see the great instruments of state at his own coronation, then looked down at the floor.

The King and members of the Royal Family last night gathered together after a harrowing day of global scrutiny, which ended with a private burial.

The family will now observe a further seven days of mourning.

During the period of royal mourning, flags at royal residences will remain at half-mast and royal residences will remain closed, although floral tributes can continue to be left outside.



ANIMALS

Corgis and favourite pony play role in Windsor goodbye

By Laura Elston

The Queen's beloved corgis and one of her favourite ponies played a poignant role in the final farewell to their devoted owner.

The neatly groomed young dogs, Muick and Sandy, one on a red lead and one on a blue one, were brought into the Windsor Castle quadrangle for the arrival of the Queen's coffin, ahead of her committal service in St George's Chapel.

Emma the fell pony, owned



The royal corgis await the cortège on the day of the state funeral

by the Queen for 26 years, was standing on the grass at the side of the Long Walk, on the approach to the castle.

It was a moving sight, as the solitary horse stood in a gap between the hundreds of thousands of floral tributes, in the care of Terry Pendry, the Queen's trusted stud groom and manager at Windsor Castle.

Mr Pendry, in his bowler hat, black jacket and riding boots, bowed his head as the coffin passed. Behind him were grooms from the Royal Mews at Windsor wearing black armbands in mourning.

The black pony's ears twitched and she swished her tail, stomping on the ground twice with one of her front hooves as her owner's coffin moved past in the state hearse with a military parade.

Mr Pendry once described Emma as "a wonderful servant to Her Majesty" and one of her favourite ever horses.

Muick and Sandy were in the charge of two royal pages.

MILITARY

Exiled princes excluded from the salutes

By Connie Dimsdale

The Duke of Sussex and Duke of York were unable to take part in salutes to the Queen's coffin during the state funeral proceedings because they are no longer working royals.

The King led his family and hundreds of servicemen and women in giving the Queen a salute outside Westminster Abbey and again before her coffin was taken from Wellington Arch in London to Windsor.

Prince Harry and Prince Andrew, who wore morning suits, are not permitted to salute as it is a custom reserved only for those in uniform.

Prince Harry previously indicated that he did not want discussion surrounding his outfit to take away from honouring his grandmother's life and service during the period of mourning.

His spokesperson said: "His decade of military service is not determined by the uniform he wears."

He and Prince Andrew had been both given special permission to wear uniforms for the vigil at the Queen's coffin in Westminster Hall.



Clockwise from top left: King Charles; Princess Charlotte and Prince George; Prince William; Princess Beatrice, Edoardo Mapelli Mozzi, Lady Louise Windsor and James, Viscount Severn; the Duchess of Sussex, the Queen Consort, Prince George, the Duchess of Cornwall and Cambridge, and Princess Charlotte; Prince Richard, Duke of Gloucester, Anne, the Princess Royal, and Prince Harry

TIM GOODE/PA; PHIL HARRIS/GETTY; BEN STANSALL/REUTERS; DOMINIC LIPINSKI/PA; TIM MERRY/AFP/GETTY; CHRIS JACKSON/GETTY



FAMILY

Young royals win praise for their surprise role

By Connie Dimsdale

Prince George and Princess Charlotte were praised for their “immaculate” behaviour as they became the youngest royals ever to play a role in a state funeral.

George, nine, and Charlotte, seven, were the youngest mourners to walk behind the Queen’s coffin as they joined senior members of the Royal Family at Westminster Abbey.

The two eldest children of the Prince and Princess of Wales – who called the Queen “Gan Gan” – walked alongside their parents as the coffin made its way down the nave of the Abbey.

The young family walked behind King Charles and Camilla, Queen Consort, and ahead of the Duke and Duchess of Sussex. The two children

had arrived earlier in a car with Camilla and their mother, Kate.

George, the Queen’s great-grandson, is now second in line to the throne, and his attendance was reportedly suggested by senior Palace advisers to “reassure the nation of the order of succession”.

The Prince and Princess of Wales had thought “very carefully” about George and Charlotte’s involvement, royal sources said. Their younger brother Prince Louis, four, was not present as he was considered too young to attend.

Speaking on the BBC’s live coverage of the funeral, broadcaster Huw Edwards described the siblings as “immaculate” as they stepped into the church. Viewers used social media to describe how “proud” they felt of the young royals.

George was dressed in a dark navy suit and black tie, while Charlotte wore a black coat dress with pleats at the back and a small silver horseshoe pinned on the front.

Jewellery and symbolism

The Princess of Wales (inset) wore a Japanese choker with four rows of pearls and a curved central diamond clasp, accompanied with a pair of Bahrain drop pearl earrings, from the Queen’s collection.

Meanwhile Camilla, the Queen Consort, wore Queen Victoria’s Hesse Diamond Jubilee Brooch.

The Duchess of Sussex opted for a simple pair of pearl stud earrings and Princess Charlotte wore a small diamond horseshoe brooch, both of which were gifted by the Queen.



Ahead of the service, the Princess of Wales could be seen holding Charlotte’s hand, and giving her a reassuring touch on the shoulder.

Kate and the two children waited to one side of the Abbey’s doors, watching quietly as the Queen’s coffin was borne in. The trio then joined the Prince of Wales to form a row

of four as they followed the coffin to the front of the abbey.

George and Charlotte later attended the committal service in St George’s Chapel, Windsor Castle.

FAMILY

Prince Harry on second row for Abbey service

By Nick Duffy and Lucie Heath

The Prince of Wales and the Duke of Sussex walked shoulder-to-shoulder as the Queen’s coffin arrived at Westminster Abbey, and again as it began its final journey to Windsor.

Although the scenes were reminiscent of when they walked together behind the coffin of their mother, Diana, Princess of Wales, the brothers were seated far apart at the Abbey, under the seating protocol.

For Prince William, now heir to the throne, a place was reserved on the front row, with the King, Queen Consort and the Queen’s other children and their spouses.

Although Prince Harry, dressed in a morning suit, was seated in the second row, he sat directly behind his father.

MILITARY

Queen’s young pallbearers commended

By David Hughes

The guardsmen who carried the Queen’s coffin have been praised for their professionalism and composure at the state funeral.

Soldiers from the Queen’s Company, 1st Battalion Grenadier Guards, carried the coffin draped in the Royal Standard as millions of people around the world watched the ceremony.

The unit had a close connection with the Queen – as the serving monarch she held the position of company commander and made a personal review of the company every decade.

The work of the eight pallbearers was highlighted by people watching the events in Westminster.

Carla Lockhart, Upper Bann’s DUP MP, tweeted: “They did themselves, their families and our country proud. Thank you.”



A historic day



Last respects

Lady Sarah Clarke OBE, Parliament's first female Black Rod, was the last person to pay homage to the Queen lying in state in Westminster Hall yesterday morning, after thousands of members of the public had queued to do the same LAURA LEZZA/GETTY



Act of service

Members of the Royal Navy, who surrounded Her Majesty's coffin during the funeral procession, were part of 4,000 Armed Forces members involved in the day OLI SCARFF/GETTY



Carrying the weight of history

Eight pallbearers carried the Queen's coffin into Westminster Abbey for her state funeral. It was draped in the Royal Standard and on top was the Imperial State Crown, a wreath of flowers cut from the gardens of royal residences and a handwritten note from King Charles

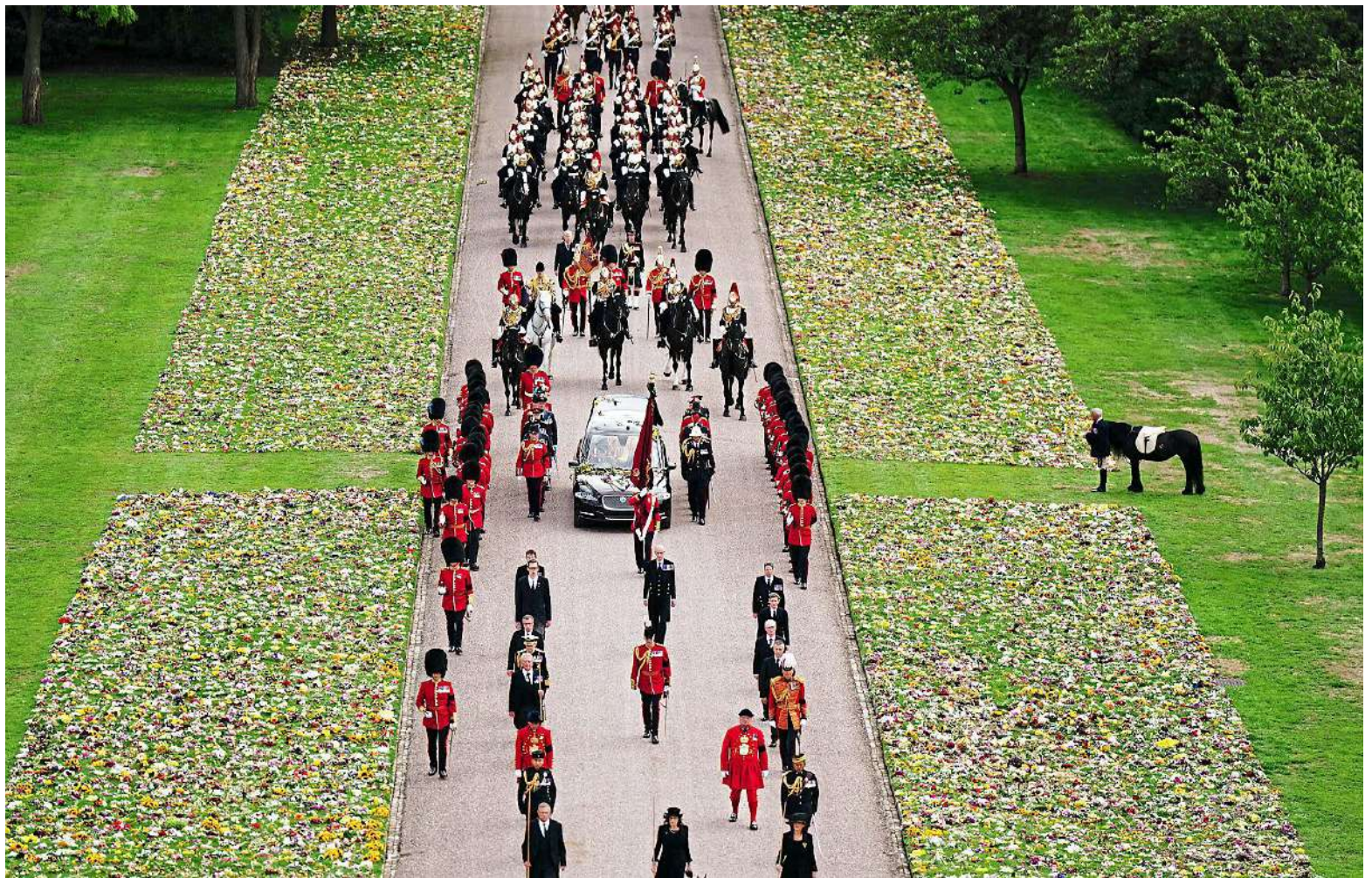
FRANK AUGSTEIN/AP



A sombre walk

Following the state funeral in Westminster Abbey, the Queen's coffin was pulled on the state gun carriage past Buckingham Palace. Senior members of the Royal Family marched behind it, including King Charles, the Prince of Wales and the Duke of Sussex

WPA POOL/GETTY



Lined with flowers

Grenadier Guards escorted the State Hearse along the Long Walk towards Windsor Castle. Alongside, the grass was neatly lined with thousands of blooms left by well-wishers. Her favourite Fell pony Emma is to the right

PAUL CHILDS/REUTERS



Laid to rest

The committal service was held at St George's Chapel in Windsor Castle, before the Queen's coffin was lowered into the Royal Vault. The Queen was later buried alongside her husband, the Duke of Edinburgh, in a private family service

VICTORIA JONES/PA



News in brief

CEREMONY

Crown was in place until the end

The Queen's coffin was topped by the Imperial State Crown throughout her lying-in-state and the funeral proceedings.

The crown is a priceless collection of almost 3,000 stones – including 2,868 diamonds – collected over the centuries.

It was made in 1937 for the coronation of the Queen's father, King George VI, and during her reign Queen Elizabeth II would wear it annually for the State Opening of Parliament. During the Queen's committal service at Windsor Castle, the crown was lifted from the coffin, separating the Queen from her crown for the final time.

THE WREATH



Flowers picked for their meaning

The wreath which adorned the Queen's coffin included flowers requested by King Charles.

Cut from the gardens of Buckingham Palace, Clarence House and Highgrove House, the flowers and foliage were chosen for their symbolism.

The flowers included rosemary for remembrance and myrtle cut from a plant which was grown from a sprig in the Queen's wedding bouquet. Myrtle is often seen as a symbol of a happy marriage.

Also included were English oak to symbolise the strength of love, pelargoniums, garden roses, dahlias and scabious.

CHOIR

Hymn was played at wedding

The choir of Westminster Abbey, led by musical director James O'Donnell, organist and master of the choristers, led the vocal musical performances throughout the service.

The choir, made up of 30 boys and 12 professional adult singers, performed hymns including *The Lord's My Shepherd*, which was sung at the Queen's wedding in 1947. The coffin entered to the "Sentences", from Revelation 14:13.

SOCIETY

A fond farewell, a new King. But a storm may be brewing

Charles III inherits a divided kingdom facing an uncertain future. By **James Naughtie**



A long goodbye. A two-minute silence that produced an untouchable stillness. A feeling that spread far beyond the crowds in the streets of London that, as the life of the Queen was being celebrated for its steadiness and stability, national life itself was entering a new age of uncertainty.

Anyone fortunate enough to be able to inhale the atmosphere yesterday will have no doubt about the power of the occasion. It was palpable. Moments in the service and the procession – a particular hymn, the sound of the pipes, the sight of the horses rearing up in front of the coffin – will have touched people in different ways, and often unexpectedly. But touched they were.

All of us there will remember it, not least because we know we will never see it again.

Yet the very irresistibility of the occasion and the weight of its pageantry leave questions about the future that can't be pushed aside and have to be answered.

It's hard to predict the results of the collision between the sense of national unity that has certainly been evident in these past 10 days and the settled belief that the symptoms of decline – in the economy, in confidence about the near future, in optimism about social progress – are obvious and can't be wished away.

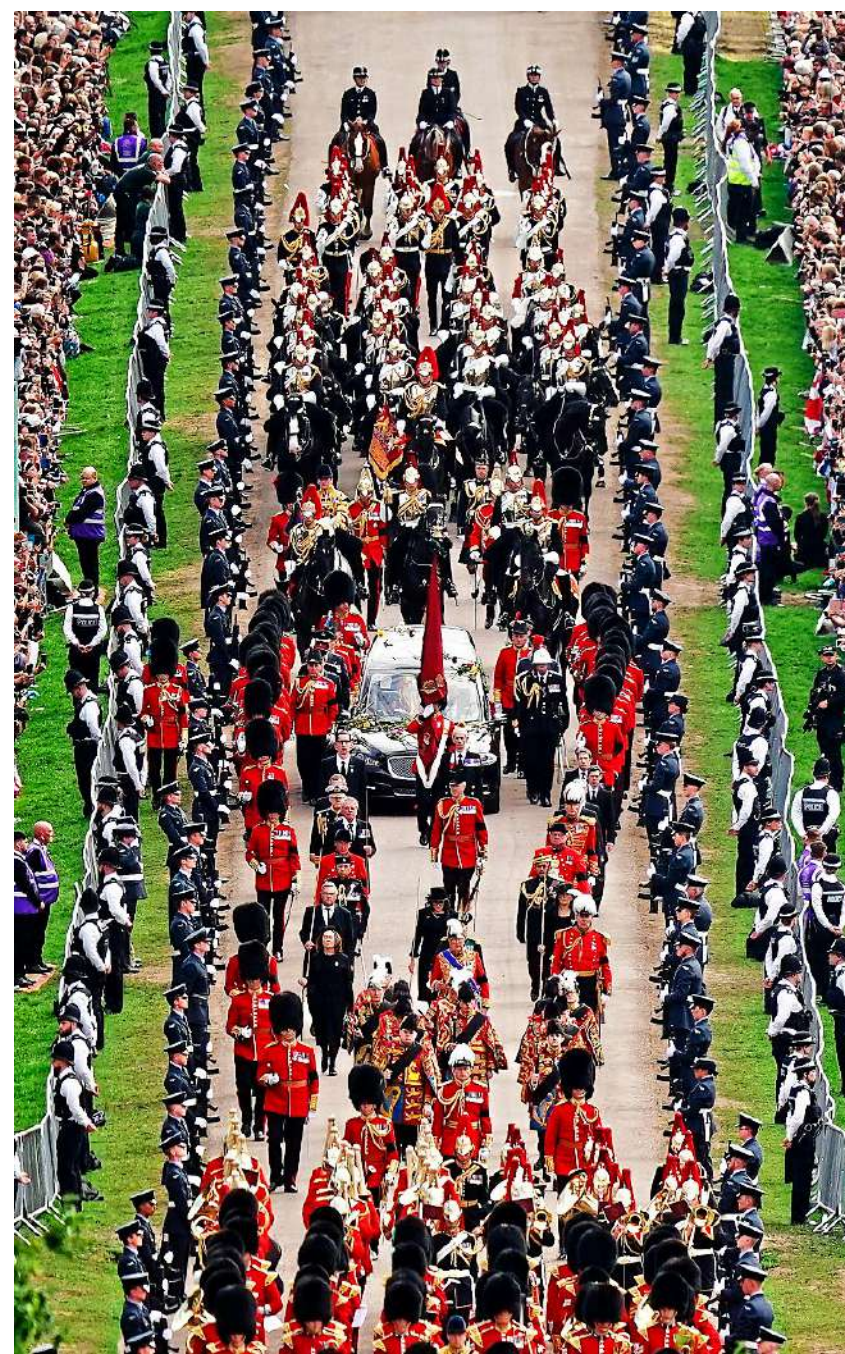
The King's role is to demonstrate that creeping despair can be dispelled. He'll be helped by the tide of feeling that rose from the

moment the dreaded news came from Balmoral. The confidence of the subsequent rituals – notably in Scotland where it may have some significant political repercussions – is certainly a platform on which he can build.

It's commonly held that Charles III could hardly be better prepared for the role that has come to him late in life. He knows, too, what he wants to do with the monarchy – slim it down and embed it in a more contemporary way in national life. But that battle for relevance will still put pitfalls in his path. The Queen's longevity – and fact that her reign began in an age of deference and relative stability – acted as a powerful shield against criticism. The King starts with many advantages, but not that one.



People applauded after the gun carriage moved along Whitehall GETTY



The goodwill surging through his reception at the Palace on Sunday may have been notable, but it is transitory. The legacy is certainly powerful – talking to the Irish Taoiseach on Radio 4 the other day, it was obvious how profoundly the 2011 visit of reconciliation to Dublin is still valued – but the questions that will be asked about Britain in the next era are going to be difficult, because of the uncertainty that we're living through now.

Having decided, albeit by a narrow majority, to leave

the European Union, Britain's relationship with the United States has changed too. The last time he was in Germany, Joe Biden said it was America's closest transatlantic partner. And what does "Global Britain" really mean at a time of economic contraction at home, a much weaker pound than we've known in recent times and at a moment when power politics is focused eastwards towards China and away from the Atlantic alliance that has been the focus of most prime ministers for more than 50 years?

So the passage from one head of state to another doesn't simply ask a question of the new King – what kind of monarchy does he think is right for the 21st century? – but of the country more generally. What do we want to be?

All that under a new Prime Minister in Liz Truss, who has only a brief period as foreign secretary and a modest Cabinet career to bring to the task. It can be pointed out that Tony Blair didn't have any of that when he came to power from opposition in 1997 and that he fashioned a powerful premiership, but the political gravity pulling at the Truss government comes from a feeling of alarm about the future, not hope. That is the difference.

There's no argument about how economically rough the winter



will be. Anyone who remembers the miners' strikes of the early seventies, and their successors 10 years later, the winter of discontent in 1979 and the poll tax troubles, will remember how quickly a sullen mood can turn to anger, and action. This Government may surprise us in many ways, but there are many Tory MPs with long memories who doubt if it is likely to have the stamina it may need to withstand a sustained period of public discontent.

As for the Prime Minister herself, the obvious truth is that she will have to find qualities she hasn't yet displayed if she's going to get strength from the coming months, and not sink under the weight.

No wonder that at times in the ceremonies of the last 10 days she's appeared a solitary figure. Two weeks ago she had no notion



The ceremonial procession of the Queen's coffin travels down the long walk as it arrives at Windsor Castle for the service at St George's Chapel
AARON CHOWN/PA

of how her first days in office would unfold, and her hastily reconstituted Downing Street team will have watched anxiously as she talked to the visiting leaders in the last couple of days, knowing that these first impressions will be carried home by presidents and prime ministers. Such images have a way of sticking.

The confidence of the funeral and the feelings swirling around it were real, but the idea that they will last is illusory. We're going to descend fairly soon – after two months in which the Commons has hardly met at all – into politics that will be fierce and unforgiving. And soon, we'll feel the approach of the election itself.

A farewell, and a beginning. Perhaps, also, the approach of a storm.

James Naughtie is a special correspondent for BBC News and was part of the radio commentary team at the Queen's funeral

The passage from one head of state to another asks: what do we want to be?

COMMENT

A long goodbye and a historic moment is over

A mood of quiet gratitude combined with splendid ceremonial. By **Jennie Bond**



And so it is over. The second Elizabethan age has ended and, in this country as around the world, it has been hailed as a glorious one. Our long farewell to our Queen has bequeathed us memories and scenes that will last for ever. A family locked in public grief; a world paying tribute not to "a" Queen, but to "the" Queen.

Walking among the crowds camped out for the funeral in the pre-dawn chill of early autumn, I sensed a mood of quiet gratitude. Queen Elizabeth II had served us faithfully, just as she had promised, until her dying day.

We repaid her seven decades of loyalty by turning out in unprecedented numbers to say goodbye, enduring ludicrously long queues, feeling glad that feet hurt and limbs ached. A small price to pay in return for a life of duty.

As the day went on, the crowds swelled to capacity – and way beyond. Most could get only a glimpse of the history being enacted before them, but they felt they just had to be there. Never have crowds so vast been so silent. Never have we seen such rich and protracted pageantry.

When news of the Queen's death came through, I was on a cruise ship in the middle of the Adriatic. I'd just given a lecture about her and I'd called it "Wow! What a woman!" Yesterday's lecture would have been called "Wow! What a send-off!"

I've seen some splendid

ceremonial in my time, but the pageantry and precision, the poignancy and the perfection of each of the funeral processions was spine-tingling. As the century-old gun carriage, pulled by naval ratings, rolled slowly by, bearing our tiny Queen in an oak coffin adorned with the dazzling Imperial Crown which she had found so heavy to wear, we knew that this was one of those rare moments of history. And in just one day, there were so many of them.

When friends or acquaintances die, we often talk about not wishing to intrude on the family's grief. But for over 10 days we have all demanded the right to intrude on the grief of Elizabeth's children, grandchildren and great-grandchildren. We have watched as they stood in silent vigil around her coffin; we have required them to remain strong and stoical as they marched in slow formation behind her coffin. They have had precious little time for private grieving. And that, perhaps, is because so many of us felt part of our late Queen's extended family. She was our monarch and our matriarch, and some of us feel a little lost without her.

Of all the Queen's grandchildren,

We feel the loss of that constant presence in the turmoil of our national life

it was the tribute from the York sisters, Beatrice and Eugenie, that hit home for me. They said their grandmother had been many things to them, but they wanted to thank her for being the "loving hand on their backs which had led them through this world".

Now that she is gone, some of us might also feel the loss of that comforting hand; that quiet, constant presence in the turmoil of our national life which we have taken for granted for 70 years.

In death, she brought much of an often divided nation together. The urge to queue became contagious, the need to share this experience with the rest of the herd proved irresistible for many.

She also brought about a reunion, albeit temporary, of a fractured family. Feuding brothers were obliged to mourn in unison, their wives displaying an uneasy truce. Surely the death of their granny who, as William wrote, had been there for the worst and best times of his life, had sown the seeds of brotherly reconciliation?

And then, in perhaps the most moving – and private – moment of the whole day, another reunion. After 17 months apart, our late queen was laid to rest alongside her liegeman, her strength and her stay. It had been their wish to be buried together and yesterday that day had come. Elizabeth and Philip: a story of love, of duty and dedication.

Jennie Bond was the BBC's royal correspondent for 14 years



The bearers lead the Queen's coffin, draped in the Royal Standard and topped with the instruments of state PA



POLITICS

World leaders unite for unprecedented mass gathering

By Benjamin Butterworth

A gathering of world leaders and royals unlike anything seen before assembled at Westminster Abbey yesterday.

From US President Joe Biden to Emperor Naruhito of Japan, mourners watched as hundreds of dignitaries from more than 100 countries filed into the Gothic church for the Queen's state funeral.

They began to step through the doors of the ancient abbey up to three hours before the funeral service began, amid a huge security operation.

Most arrived in Westminster by coach, after UK officials insisted that the arrangements were necessary to accommodate such an extensive gathering of luminaries.

The newly elected Australian Prime Minister, Anthony Albanese, had arrived yesterday morning at the Royal Hospital Chelsea, where dignitaries exchanged their limousines for communal buses.

However, an exception was made for President Biden, who arrived in "The Beast", his 18ft armoured Cadillac. He arrived at Westminster Abbey with the US First Lady, Jill Biden, with the couple taking their seats in the 14th row, alongside the Polish President, Andrzej Duda, and the President of Switzerland, Ignazio Cassis.

Also among the 2,000-strong congregation was Olena Zelenska, wife of Ukraine's President Volodymyr Zelensky, who had travelled from her war-torn nation to pay her respects.

"They know the Queen shared the values that Ukraine stands for today: freedom, the right to one's own home, language, culture and country," she said before the service.

Ms Zelenska was seated four rows behind the French President, Emmanuel Macron.

In a remarkable sign of the evolution of Anglo-Irish relations dur-

ing the Queen's 70-year reign, the Sinn Féin vice president, Michelle O'Neill, also attended, along with the President of Ireland, Michael D Higgins (*inset*).

New Zealand's Prime Minister, Jacinda Ardern, and the Prime Minister of Canada, Justin Trudeau, who first met the Queen as a boy in the 1970s, were at the service, as well as European Commission President Ursula von der Leyen.

Ms von der Leyen later paid her own tribute to the Queen. She tweeted: "Stoic and steadfast, she always reminded us that our future is built on new ideas and founded in our oldest values."

"May we all continue to find inspiration in the unique legacy she has left us."

Among the royal attendees were King Felipe and Queen Letizia of Spain, Queen Margrethe of Denmark – who is now Europe's longest-reigning monarch – and King Philippe of Belgium.

King Abdullah II and Queen Rania of Jordan and King Carl Gustaf XVI and Queen Silvia of Sweden also travelled to London for the ceremony.



Diplomacy International goodwill

The unprecedented gathering of world leaders, royals and powerbrokers for the funeral created moments of apparent goodwill in potentially difficult diplomatic problems.

Anthony Albanese, the republican Prime Minister of Australia, described a meeting with King Charles as a "great honour" in which the pair discussed the late Queen and her successor's own connection to the antipodean dominion.

Despite appointing a minister to oversee the throwing off of the monarch as head of state, Mr Albanese's "unstinting homage to the conventions" has been noted in the Australian press, with republican sentiment dampened for now.

Ireland's Taoiseach Micheál Martin was one of five world leaders to meet Liz Truss ahead of the funeral, and has spoken on the sidelines of his optimism that the impasse over the Northern Ireland Protocol could be broken through co-operation.

Ms Truss's campaign to become Conservative leader featured hardline language on the treaty obligation, but amid the mourning period, the tone has softened. The Irish Foreign Minister, Simon Coveney, expressed "cautious optimism that we will see in a few weeks' time the opening of an honest effort to try to settle some of these issues that have been outstanding for far too long".

Karl McDonald

SPAIN

Disgraced king's presence criticised

By Angus Macswan

The presence of Spain's disgraced former King Juan Carlos at the Queen's state funeral has prompted criticism at home, with one political party calling him a "criminal on the run".

Spain's official delegation was led by King Felipe and his wife Queen Letizia. Felipe came to the throne when his father abdicated in 2014 amid a series of scandals. But Juan Carlos, who was related to Queen Elizabeth and lives in exile in Abu Dhabi amid financial scandals, received a private

invitation to attend, a British Government source confirmed.

"Inviting an on-the-run criminal to a state funeral shows you just what the monarchy is in the UK and in Spain," a spokesman for left-wing party Podemos said last week.

Brazilian President Jair Bolsonaro was also criticised after delivering a speech in London on the eve of the Queen's funeral. The right-wing firebrand addressed 200 supporters by the Brazilian embassy. Rival Luis Inacio da Silva criticised the poor image of Brazil he has cultivated.

AUSTRALIA

'A local dignitary': TV anchors fail to recognise Truss

By Hugo Gye

A pair of senior Australian journalists failed to recognise Liz Truss as she arrived at Westminster Abbey, instead referring to the Prime Minister and her husband as "local dignitaries" or "maybe minor royals".

Ms Truss is significantly less well-known around the world than her predecessor, Boris Johnson. As she walked into the abbey with her husband, Hugh O'Leary, Australia's 9News anchor Peter Overton said that the couple were "hard to identify, maybe minor royals... I can't identify them at this point".

His co-anchor Tracy Grimshaw added: "We can't spot everyone, unfortunately. They look like they may well be local dignitaries."

Only after a producer intervened did the presenter say: "I'm told that was Liz Truss, the new Prime Minister." Viewers were quick to criticise the gaffe as "utterly embarrassing".



Canada's Justin Trudeau and wife Sophie Grégoire arrive, above, along with France's Emmanuel Macron and wife Brigitte PHIL NOBLE/POOL/AFP VIA GETTY





Main: Joe and Jill Biden arrive. Above: Tanzania's President Samia Suluhu Hassan, centre, with other dignitaries and, below, Queen Rania and King Abdullah II of Jordan PETER BYRNE/PA; FRANK AUGSTEIN/AP; SAMIR HUSSEIN/WIREIMAGE



PEOPLE

Obama in video tribute to Queen's thoughtfulness

By Margaret Davis

Former US president, Barack Obama, paid tribute to the "extraordinary generosity" shown by the late Queen to his family.

In a video tribute on Twitter, he described how when he first met the monarch on a visit to London in 2009, he was struck by her similarity to his grandmother – "not just in appearance but also in manner".

The 44th US president, who did not attend yesterday's state funeral, added: "[She was] very gracious, but also no nonsense. Wry sense of humour, she could not have been more kind or thoughtful to me and Michelle."

Mrs Obama and the couple's two daughters subsequently travelled back to the UK and were invited back to Buckingham Palace for tea and to ride around the grounds in the Queen's golden carriage.

"It was the sort of generosity and

consideration that left a mark in my daughters' lives that's still there," Mr Obama said.

He also remembered an occasion when the Queen wore a brooch that Mrs Obama had given her to a dinner at the US embassy in 2011.

"It was an example of the subtle thoughtfulness that she consistently displayed not just to us, but to everybody who she interacted with," he said.

"The combination of a sense of duty and a clear understanding of her role as a symbol for a nation and as the carrier of a certain set of values combined with a very human quality of kindness and consideration, I think that's what made her so beloved not just in Great Britain but around the world."

As tributes poured in from across the globe, the Canadian Prime Minister, Justin Trudeau, faced criticism yesterday after he was filmed singing "Bohemian Rhapsody" in a London hotel 36 hours before attending the royal funeral.

Mr Trudeau joined in the rendition of the Queen anthem as he stood by the piano played by Canadian musician Gregory Charles.

The video was filmed at the five-star Corinthia Hotel in Whitehall on Saturday night, *The Daily Telegraph* reported.

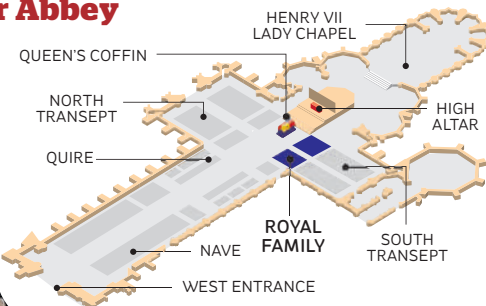
Critics accused Mr Trudeau of being "disrespectful" ahead of the Queen's funeral.

A spokesman for Mr Trudeau said: "After dinner on Saturday, the Prime Minister joined a small gathering with members of the Canadian delegation, who have come together to pay tribute to the life and service of Her Majesty."



Everyday heroes and famous faces, page 14

Royal Family seating plan at Westminster Abbey



- | | | | |
|-------------------------|------------------------|---------------------------|------------------------------------|
| 1. The King | 8. Prince of Wales | 15. Duke of Sussex | 22. Princess Eugenie |
| 2. The Queen Consort | 9. Prince George | 16. Duchess of Sussex | 23. Sarah Ferguson |
| 3. Princess Royal | 10. Princess of Wales | 17. Princess Beatrice | 24. The Earl of Snowdon |
| 4. Sir Timothy Laurence | 11. Princess Charlotte | 18. Edoardo Mapelli Mozzi | 25. Charles Armstrong-Jones |
| 5. The Duke of York | 12. Peter Phillips | 19. Lady Louise Windsor | 26. Lady Margarita Armstrong-Jones |
| 6. Earl of Wessex | 13. Zara Tindall | 20. Viscount Severn | |
| 7. Countess of Wessex | 14. Mike Tindall | 21. Jack Brooksbank | |

On the buses Concern at travel arrangements

Nations whose leaders boarded buses for the last leg of their journey to Westminster Abbey bristled at their treatment, highlighting exceptions who were allowed to travel in their own cars.

Kenya's new President, William Ruto (inset), and Tanzania's Samia Suluhu Hassan were among those pictured aboard coaches that carried most of the dignitaries.

Security exemptions were granted to some leaders, including US President Joe Biden, to take their own methods of transport.

But European royals faced the same predicament as Africa's presidents, with Felipe VI, the king of Spain, Willem-Alexander, the king of the Netherlands and Margrethe II, queen of Denmark,

photographed queuing for a bus to leave the ceremony.

Despite reports to the contrary, France's Emmanuel Macron and Japan's Emperor Naruhito also took the bus, media in their nations reported.

Citizens used to their leaders being treated with pomp took exception in some cases.

"It's extremely dangerous to carry our African presidents in one bus – what if, God forbid, the bus rolls?"

Does it mean we won't have presidents in Africa?" one social media user quoted by Kenya's *The Standard* newspaper said.

But Canada's Prime Minister Justin Trudeau tried to lighten the mood. "A lot of great conversations can happen on a bus," he said.





Lady Angela Kelly

The British fashion designer served as the Queen's dresser and personal adviser for the past three decades, and was one of Elizabeth II's closest confidantes CHRIS JACKSON/GETTY



Guests pay their respects

Fellow royals

King Willem-Alexander of the Netherlands and Queen Máxima, Sweden's King Carl Gustaf XVI and Queen Silvia, Denmark's Queen Margrethe II and Spain's King Felipe VI and Queen Letizia were among several European royals attending

FRANK AUGSTEIN/GETTY



Emperor Naruhito and Empress Masako

Japan's Emperor and Empress arrive at Westminster Abbey, followed by Jigme Khesar Namgyel Wangchuck, the King of Bhutan, and his wife CHRIS JACKSON/GETTY

Carole and Michael Middleton

The parents of the Princess of Wales are thought to have had a good relationship with the late Queen, whom they first met in the run-up to the Catherine and William's wedding in 2011

PHIL NOBLE/REUTERS





Monaco's Prince and Princess

Prince Albert and Princess Charlene of Monaco were among numerous royal families from Europe to pay their respects to the Queen

SAMIR HUSSEINI/WIREIMAGE



Princess Alexandra

The Queen's cousin the Honourable Lady Ogilvy is the daughter of Prince George, Duke of Kent, and Princess Marina of Greece and Denmark

ANDREW MILLIGAN/PA



Bear Grylls

Adventurer and TV personality Bear Grylls was among the guests. Grylls was awarded an OBE by the Queen in 2019 for his services to young people, the media and charity

TIM MERRY/GETTY

CELEBRITY

Grylls and Oh among famous faces at the abbey

By Patrick Grafton-Green

The British adventurer Bear Grylls and the Canadian-American *Killing Eve* actress Sandra Oh were among celebrities in attendance at the Queen's funeral service.

TV personality Grylls, who was appointed an OBE in 2019, arrived at Westminster Abbey hours before the service began. The Chief Scout was representing the Scout Association, of which the Queen was patron.

Oh was in attendance as part of the Canadian delegation. She is a member of the Order of Canada, an honour she was granted in June.

She joined the delegation led by Canada's Prime Minister, Justin Trudeau, alongside musician Gregory Charles and Olympic gold medalist swimmer Mark Tewksbury.

Actress Sophie Winkleman (*inset*) best known for playing Big Suze in Channel 4's *Peep Show*, was also present. She is married to Lord Frederick Windsor, the son of the Queen's

cousin Prince Michael of Kent, and holds the title Lady Frederick Windsor. On Friday evening, she watched the Queen's children during their vigil as the monarch lay in state in Westminster Hall.

The Queen's personal dresser and close confidante Angela Kelly, who worked for her for three decades, was also seen entering the abbey, arriving alongside the ladies-in-waiting.

Ms Kelly, a docker's daughter from Liverpool, joined the Royal Household as an assistant dresser in 1994.

She was part of the tight-knit group of staff dubbed "HMS Bubble" who remained close to the Queen during the Covid pandemic, but have kept a low profile since her death.

Elsewhere, among the packed crowds who lined the procession route outside the church was fashion designer Sir Paul Smith and his wife, Lady Pauline. The couple had walked from their home just behind the Albert Hall. Sir Paul told *i*: "We had to come to pay our respects."



GUESTS

'I feel honoured to have been there. It was very special'

By Aasma Day

Everyday heroes invited to say their goodbyes to the Queen at her funeral have spoken of the "incredible experience" of being among presidents, kings and queens inside Westminster Abbey yesterday.

Some 183 people named in the Queen's Birthday Honours list in June were among the members of the public invited to attend the funeral due to their extraordinary contributions to society.

Lesley Garven, centre manager for Blind Veterans UK in Brighton, was appointed an MBE for her ser-

vices to veterans, particularly during the pandemic.

She told *i*: "It was incredible to be so up close and personal. It was very moving and I feel very honoured to have been there. It was very special."

Natalie Queiroz, of Birmingham, who survived an attack in which she was stabbed 24 times while heavily pregnant, was also recognised with an MBE for her work educating young people about the dangers of knife crime.

She previously told *i* she did not take the honour lightly and described it as "an incredible, momentous and emotional day".

PEOPLE

Hotelier 'Big Dave' in attendance

By Richard Wheatstone

The Queen's favourite hotelier who hosted the late monarch's staff Christmas parties was among the mourners in attendance at Westminster Abbey.

David Morgan-Hewitt, affectionately known as "Big Dave", is the managing director of The Goring, in Belgravia, London, which has a long royal history and was regularly visited by the Queen.

It became the first hotel to be

awarded with a royal warrant for hospitality services in 2013 and remains the only hotel to hold the accolade.

Since opening its doors in 1910, it has hosted royalty during the coronations of George VI and Queen Elizabeth II, as well as guests at the wedding of Prince William and Kate Middleton.

The Middletons booked all of the hotel's 71 rooms for friends and family and Kate stayed there the night before the wedding.



News in brief

PEOPLE

Ex-home secretary marshalled queue

Former home secretary Priti Patel was spotted volunteering as a marshal for those queuing to pay their respects to the Queen.

Several photos posted on social media showed Ms Patel in a blue high-vis jacket alongside fellow Conservative MP Andrew Stephenson on the final day of the monarch's lying-in-state.

Many in the queue stopped to take photos with the politicians as they waited along the Thames near Blackfriars Bridge on Sunday afternoon.

Ms Patel was replaced as Home Secretary by Suella Braverman in Liz Truss's first Cabinet.

NATURE



Rufus, terror of the skies, silences coos

Westminster Abbey's bird of prey, Rufus, played a role in the proceedings hours before the congregation arrived.

The Harris hawk was taken for a last patrol, having swept the area since Thursday, to control the number of pigeons so that they would not disrupt the service.

His owner, Wayne Davis, from Corby, Northamptonshire, said: "We've been proactive. I've been up in the roof controlling the pigeons. He usually has bells on but they're too noisy so I've had to take them off today."

PEOPLE

Former yacht chef recalls a 'one-off'

The former chief chef aboard the Royal Yacht *Britannia* described the Queen as "someone special", saying he would "cherish memories of her for ever".

Jeff Hughes was chief chef on board for 16 years as he served in the Royal Navy.

The 78-year-old, from Wrexham in north Wales, returned to the ship at its mooring in Edinburgh yesterday.

Mr Hughes, recalling his time on board, said: "To work in close proximity to the Royal Family, they made you feel at home. Nobody will do the job like Her Majesty. She was a one-off, you will never get that person again."

POLITICS

'Unknown' Truss introduces herself to world

By Hugo Gye
POLITICAL EDITOR

Liz Truss introduced herself to an international audience by reading a lesson from the Bible at the Queen's state funeral.

The Prime Minister took office two weeks ago today and remains largely unknown outside the UK, despite spending the past year as foreign secretary – with some international broadcasters even failing to recognise her as she arrived at Westminster Abbey.

After the funeral's first Bible reading by the Commonwealth's Secretary-General Baroness Scotland, the Prime Minister read a lesson from the Gospel of St John.

The extract is drawn from a discussion between Jesus and his disciples after the Last Supper, in which Christ explains how his death will benefit mankind, and culminates in the classic statement of Christian belief: "I am the way, the truth, and the life: no man cometh unto the Father, but by me."

It was the second time Ms Truss had been called upon to read a Bible passage in memory of the Queen; she also did so at a service in St Paul's, the day after Elizabeth II died. But some viewers criticised the Prime Minister's delivery. Author Caitlin Moran joked: "Well Liz Truss's reading is a welcome respite from all the emotion, drama and beauty."

During the funeral service, Ms



Some foreign broadcasters initially failed to recognise Liz Truss

Truss and Baroness Scotland were the only politicians to have a formal role, although many more attended as guests.

During the sermon, the Archbishop of Canterbury, Justin Welby, appeared to hit out at the political classes as he praised the Queen's devotion to public duty. He said: "Those who serve will be loved and remembered when those who cling to power and privilege are long forgotten."

Ms Truss has had to spend much of her first fortnight in 10 Downing Street working on the plans for the state funeral, which was led by Buckingham Palace but involved significant input from the Government, for example on security arrangements. Daily meetings were chaired by Nadhim Zahawi, the Chancellor of the Duchy of Lancaster.

Analysis

'Noblesse oblige' is one Tory tradition that the PM ignores at her peril

Paul Waugh



In his funeral sermon praising the Queen's deep sense of faith and duty, the Archbishop of Canterbury clearly wanted to contrast the enduring tenets of Christianity – and monarchy – with the more temporary nature of political popularity.

When Justin Welby said "few leaders receive the outpouring of love that we have seen" for the late monarch, he wasn't just repeating the truism that most political lives end in failure. He was declaring that genuine public service will yield the biggest rewards, as "those who serve will be loved and remembered, when

those who cling to power and privileges are long forgotten".

Liz Truss delivered a reading from the Bible, although politicians were very much in the background at the funeral.

But as politics returns to normal, her greatest asset – a clarity of purpose and message of neo-Thatcherite low taxes and low regulation – could turn into her greatest weakness.

As one Tory MP put it to me recently: "She's not a Conservative, she's a radical."

The Tory tradition has long managed to combine a collective sense of nationhood with a stress on individual liberty, but as Truss plots tax cuts for the rich and boosts to banker bonuses, will she tip the balance too far, misjudging the mood of the country?



Clockwise, from left: Carrie and Boris Johnson, Philip and Theresa May, David and Samantha Cameron, John and Norma Major, Tony and Cherie Blair, Gordon and Sarah Brown BEN STANSALL/GETTY

CONSERVATIVES

Ministers await official nod as King mourns

By Jane Merrick
POLICY EDITOR

The appointment of dozens of ministers by Liz Truss remained uncertain last night, as the Government's official mourning period came to a close.

Around 55 junior front bench posts are unfulfilled because the Prime Minister was in the middle of her reshuffle when the Queen died.

The monarch has to officially approve the appointment of ministers, but the King has been unable to give them the green light due to the royal mourning period.

While the national mourning period observed by the Government ended last night, Buckingham Palace has announced that royal grieving will officially continue for seven days after the Queen's state funeral.

For a nation battered by Covid and inflation, yet more radical upheaval certainly feels like a risk. Add the fact that Truss lacks a personal mandate as PM at an election, and it feels even riskier.

From lockdowns to vaccination, from protecting the public via furlough or energy bill caps, the recent mood appears to favour collective action rather than individualism.

Throughout her service, the Queen wanted to show there was something bigger than herself.

Contrast that with Thatcher's own philosophy of individualism. In her infamous "there is no such thing as society" remarks back in 1987, she said: "There are individual men and women and there are families... and people must look after themselves first. It is our duty to look after ourselves and then, also, to look after our neighbour."

From the camaraderie of strangers in "The Queue" to the huge response to her funeral, we have been reminded that there really is such a thing as society. If Truss ignores that mood, she may come to regret it.



ANALYSIS

New PM may benefit from funeral delay

Katy Balls



The procession of former prime ministers entering Westminster Abbey for the Queen's state funeral offered a reminder not just of how many had served under Her Majesty but the level of churn in recent years. Appointed just two weeks ago, Liz Truss is the third UK Prime Minister in just three years.

The first days of her premiership have been defined by the Queen's death. Given that the news came three days after her appointment, plans by her team to kick-start her time in office with a series of policy announcements and a mini-Budget had to be put on ice.

The delay also allowed Truss to avoid scrutiny by the media over her plan to freeze energy bills for the next two years – but not offer any costings. Meanwhile, Labour's attempt to define the new PM with a series of attacks also failed to come to fruition.

Much of her time has been spent appearing at the various ceremonies and events to mark the passing of the Queen and the

arrival of the new King, Charles III. It hasn't all been plain sailing. Her team had to hit back at the idea she was going "on tour" with the King early on, after a briefing suggesting such made its way into several Sunday newspapers.

The problem with this was that it could have been read as though she were trying to attach herself to the monarch or play a larger role in proceedings than appropriate.

When Truss gave a reading during the service – the Second Lesson from the Book of John 14:1-9 – some viewers criticised her on social media for giving a wooden performance.

It is not the first time there have been complaints about her public speaking. Unlike her predecessor Boris Johnson, Truss isn't known for impassioned speeches – she is far more focused on policy than on being a media performer.

It's also not something she spends much time fretting about. Former aides recall how they were always struck by how few nerves she had about doing media given it was not exactly her forte.

Truss is not known for impassioned speeches

Yet while it can be said that Truss's oratory has failed to soar to the heights of others, it is also the case that there have been no significant missteps: they have all been passable performances.

At a time when the focus ought to be on the Royal Family, Truss has succeeded in filling her function as Prime Minister – albeit in a less showy manner than Mr Johnson would have likely done.

The events, too, have quickly boosted Truss's profile both with the public – the funeral at which she spoke is predicted to have had billions of people tuning in – and world leaders who gathered en masse for the event.

However, in a sign of the work she still has to do, it was notable that two Australian broadcasters covering footage of the arrivals at the funeral struggled to recognise her – initially suggesting Truss and her husband, Hugh O'Leary, could be "minor royals".

But if the past couple of weeks alone have neither hurt nor significantly boosted Truss's standing in terms of her performance, there are two important factors that could help her in the months to come.

The first is the national mood. While the passing of the Queen has led to an outpouring of grief – as evidenced by the thousands who queued for hours to pay their respects at Westminster Hall – it has also seen a celebration of her life, the monarchy and traditions.

Even those who don't identify themselves as arch monarchists have confessed to feeling moved. It means the Government has an opportunity to lean into this national pride and patriotism. This could work well with a boosterish Prime Minister such as Truss.

The period of mourning has also – whisper it – given her team more time to make plans for the return to politics behind the scenes.

When such plans were being drawn up during the leadership contest, they didn't have the machinery of government to back them up. Now aides have had both the muscle and the time to go over policy plans and the mini-Budget that is due on Friday. Truss and her team plan to hit the ground running.

There had been talk early on that this year's Conservative Party conference could be cancelled or dramatically changed. However the Prime Minister is keen to press on. Truss knows she only has a short amount of time to make an impression on the public and set her plans for government in motion. After days of politics in suspended animation, from today she plans to get on with the job.

Katy Balls is deputy political editor at *The Spectator*

PEOPLE

Seven UK prime ministers set record after turbulence

By Hugo Gye

Seven of the 15 prime ministers who led the UK during Elizabeth II's reign attended her state funeral as politicians from across the spectrum united in her memory.

As well as Liz Truss, all six living former prime ministers were present at the Westminster Abbey ceremony along with their spouses.

Most of the Cabinet and several party leaders were also at the service to pay their respects to the late monarch.

The former prime ministers arrived at the same time and entered the church in the order of when they held power, starting with Sir John Major, accompanied by his wife, Norma.

Sir Tony and Cherie Blair were next, followed by Gordon and Sarah Brown, David and Samantha Cameron, Lady Theresa and Sir Philip

May, and Boris Johnson with his wife, Carrie. This is the first time in modern history that there have been six living former prime ministers.

Senior ministers including the Chancellor, Kwasi Kwarteng, Home Secretary Suella Braverman, Foreign Secretary James Cleverly and Defence Secretary Ben Wallace, also sat in the central chancel of the abbey, near the Royal Family. Business Secretary Jacob Rees-Mogg (*inset*) was seen wearing a top hat outside the church.

The First Ministers of Scotland and Wales, Nicola Sturgeon and Mark Drakeford, were guests at the funeral.

Michelle O'Neill, Sinn Féin's vice president, attended despite her party's opposition to the monarchy. She said before the ceremony: "It is a sad day for [the Queen's] family who mourn her loss, and all those of a British identity from across our community who grieve also."



Sir Tony and Cherie Blair greet Sir John Major and his wife, Norma, as they arrive for the state funeral at Westminster Abbey GEOFF PUGH/GETTY



THE PROCESSION

'We have just witnessed one of the

By David Parsley and
Molly Blackhall

As he made his way to the funeral of his mother by car from The Mall on to Horse Guards Parade, King Charles III was greeted with cheers and applause.

He waved from his Bentley along with the new Prince of Wales, while the Queen Consort appeared moved by the crowd's reaction as she travelled separately with the Princess of Wales, Prince George and Princess Charlotte.

Half an hour before the funeral would be broadcast on loudspeakers from Westminster Abbey to the hundreds of thousands lining the streets, the mood was upbeat. At 11am, as the service began, silence descended.

WINDSOR

'The Queen has returned to the home she loved'

By Ellen O'Dwyer and Joe Duggan

"It was nice knowing she would end up here," said Janis Coombes, 74, as the Queen made her final journey home to her beloved Windsor Castle.

Mrs Coombes, who had travelled from Ashford, in Kent, to stand on the Long Walk said: "We come up to the castle a lot, and she's not going to be there. Who will stay at the castle now?"

Her daughter Joanna Coombes, 47, and granddaughter Ellena Adams, 13, said the procession was surreal, but peaceful. "It's just crazy knowing this is history," Ellena said.

A group who live just five minutes away from the castle still arrived at 4am to secure their spot at the barricades.

Jan Kennedy, 75, said she felt

The service was broadcast along the entire route of the funeral procession, which was to move from the Abbey to begin its journey on to Windsor. It brought together the crowd outside and the congregation inside.

"It is wonderful to hear the service," said Fiona Evans, from Chirk, north Wales. "It made us feel like we were there with them."

Many sang hymns, many recited the Lord's Prayer and almost all joined in with "God Save the King", with more than a few tears shed.

A little girl on her father's shoulders sang along during the national anthem, waving a flag she bought to celebrate the Queen's Platinum Jubilee celebrations three months ago.

For those who had camped out



Joanna Coombes with her daughter Ellena in Windsor yesterday

the Queen was their next-door neighbour, and the procession was "extra emotional for them".

"She loved it here - so much that she took it as her last name," Ms Kennedy said.

Another Windsor resident, Daren Collins, 54, can see the Royal Standard out of his bedroom window.

"We use to joke when she was at Balmoral we'd know when the Royal Standard wasn't flying, and we felt a bit jealous," he said.

overnight by the side of the road, or left home before dawn to bag a spot to view the occasion, it was all worth it. "Absolutely," said Helen Broderick, who arrived from East Sussex at 5am with her husband Lee and two children Archie and Elliott.

"It was far better than anything we dreamt it could be. The service was so moving, and then the procession. It was just wonderful."

Chris Gilchrist and Danny Sherwood had travelled from Kingston-upon-Thames to stand in Horse Guards Parade and they were glad that they had. "Some pomp and circumstance, we're just the best at that," Mr Gilchrist said. "It gave me a sense of enormous pride, and to see the Queen go past was even more moving than I thought it would be."

"It's a one-off," Mr Sherwood added. "We just witnessed one of the biggest moments of history."

Claire and Matt Rees and their children Alice and Charlie, left home in Harpenden, Hertfordshire, at 5.30am. "We brought the children as this is one of the most historic days in our history," Ms Rees said.

As the broadcast fell silent the mourners knew that this was the moment the Queen's coffin was being taken through the Abbey and that the moment to pay their respects was nearing.

Every British regiment from every section of the armed services followed with their own bands. The funeral march rang out. Tears were wiped again.

The Queen was on her way in front of thousands of mobiles poised to film the action. For many more, watching the moment with their own eyes and not through a screen was most important.

With the Queen just a few yards in front of them people looked, bowed, and looked again.

As the coffin turned the corner on to The Mall the crowds took their last look at the Queen. As the final band marched by, cheers and applause broke out in a rapturous thank you.



Claire and Matt Rees and their children Alice and Charlie on The Mall

EDINBURGH

'Everyone's just being nice to each other'

By Chris Green

SCOTLAND EDITOR

When the Queen's coffin was carried into Westminster Abbey, some of those who had gathered beside the Palace of Holyroodhouse in Edinburgh 400 miles north rose to their feet, as if they were part of the congregation themselves.

Hundreds of people gathered in Holyrood Park (pictured) to watch the state funeral on a giant outdoor screen, the historic images framed by Salisbury Crags on one side and the monarch's official Scottish residence on the other.

Among the congregation was



Edinburgh resident Sutherland Forsyth, 38. Last week he queued for more than five hours to see the Queen's coffin lying in St Giles' Cathedral.

"What's been so lovely has been that you haven't had any sort of party politics, anything like that, and you've got people from all different backgrounds, all different ages - everyone's just being nice to each other," he said of the atmosphere in the city over the past 10 days. He approves of the monarchy because he likes "having a sense of continuity."

MANCHESTER

'She seemed so sad when Philip died. Now she's joined him'

By Steve Robson

NORTHERN REPORTER

Elaine Hill clutched a tissue and tearfully leaned into her husband Richard's shoulder as she watched the Queen laid to rest via a big screen in Manchester city centre.

The couple, who were also wearing black armbands to mark the occasion, found it a powerful experience.

Having been married for 56 years, they found it unsurprising that the Queen died the year after her husband, the Duke of Edinburgh, had passed away.

"In a way it reminds us of us two," Ms Hill told i. "She seemed so sad when Philip died. Now she's joined

him. But it still came as such a shock - she's all we've ever known."

The retired catering assistant remembers when the Queen visited Manchester city centre as part of her Silver Jubilee celebrations in 1977.

Ms Hill, 75, found it especially poignant to return to the same spot 45 years later to mark her death.

"I remember running from the train with my friends just to catch a glimpse of her," she said.

Thousands of mourners braved the rain in Manchester to pay their respects, with big screens set up in the city's cathedral and outside in Exchange Square.

The crowd included the young and old, members of the Armed Forces,



Elaine and Richard Hill wore black armbands to watch the funeral

students, tourists and people of all ethnicities.

Perhaps the youngest mourner in attendance was a 13-week-old baby, Ivy, brought from Warrington by her parents Dave and Lisa Brown.

She entertained those people who were sitting nearby before falling asleep as the Queen's coffin left Westminster Abbey.

biggest moments in our history'



TRIBUTES

Final mourner at the lying-in-state queued twice

By Lucie Heath
and Patrick Grafton-Green

The last mourner to visit the Queen's lying-in-state paid her respects for the second time after braving the queue twice.

Chrissy Heerey, a serving member of the RAF from Melton Mowbray, was the final member of the public to pay their respects at Westminster Hall yesterday morning.

Ms Heerey said she first saw the coffin at 1.15am, but felt she "didn't do the Queen justice" and decided to go round again.

She told ITV News: "I remained at the end of the queue because I certainly didn't want to take the spot of somebody else wanting to go in before me if they closed it early."

"I've already experienced that so I wasn't going to let anyone else miss out on that opportunity."

Fabiola Giustolisi, 35, who lives in London and is originally from Italy, was one of the last five people to pay their respects to the late monarch.

She told i: "It was really good, really emotional... after all the queuing we've been doing where you just hear people talking and then you go in and it's silent."

"Since I was born she was the Queen... I wanted to say bye."

Dubbed "The Queue", the line to visit the lying in state closed late on Sunday night. Hundreds of thousands of people had waited for up to 24 hours to pay their respects to the late monarch since the lying in state opened last Wednesday.

Some bowed, some curtsied, others made the sign of the cross as they paused beside the coffin, which was draped in the Royal Standard with the jewels in the Imperial State Crown, sceptre and orb, placed on top.

Richard Grech, 54, from Bromford in Birmingham, was also among the last to pay tribute. He said: "It was quite emotional. I thought they might close the line off, but my Plan B was to queue up to see her coming out."

Grant Murrell, from south-east London, who queued for eight hours after arriving on Sunday night, said: "I feel very honoured... it's a moment of reflection. You'll never forget it. The Queen had been such a steady set of hands for such a long time."

Steve and Mel Lewis travelled from Winchester in Hampshire and were in the last 100 people to pay their respects.

Ms Lewis said: "It's a huge privilege. There was doubts all along the queue that we were going to get in. Even when we got to the gardens at Parliament, there was still a doubt."

Mr Lewis described it as a "very emotional experience".

Rosie Wood, 32, attended with her 13-year-old son Lucas Burge from Reading. They travelled on Sunday night when the waiting time in the queue went down to seven hours.

"This is a moment of history that I had to do. It's once in a lifetime," said Ms Wood. "It's beautiful in there... it's incredible to watch... to see the guards, the atmosphere in there."

CRIME

Man in court for 'rushing' at Queen's coffin

By Nick Duffy

A man who was arrested after allegedly leaving the Queen's lying-in-state queue to rush towards her coffin has appeared in court.

Muhammad Khan, 28, was arrested and charged following the incident on Friday night, which resulted in the BBC's live feed from Westminster Hall cutting away briefly.

Mr Khan, from Limehouse, east London, appeared at Westminster magistrates' court yesterday, accused of using threatening, abusive or insulting words or behaviour to cause harassment, alarm or distress.

Richard Brown, defending, asked for the case to be adjourned until today for a mental health assessment to be carried out.

District Judge Nina Tempia granted the request and remanded Mr Khan - who spoke to confirm his name, address and date of birth - in custody ahead of the hearing.

Meanwhile, in another case at the same court, a man pleaded guilty to a public order offence after magistrates heard he told others in the lying-in-state queue he was going to get the Queen "out of her f**king coffin because she's not dead".

Mark Hague, 52, was escorted away from the line and later arrested after becoming abusive towards police officers.

He was fined £120 for the offence and an additional £120 as he was the subject of a conditional discharge for a previous assault.

PEOPLE

'It's the best of being British'

By Molly Blackall

Neil Wright was at the corner of Constitution Hill and Buckingham Palace at 10pm on Sunday with his brother. Without chairs or blankets, the pair stood through the night to see the funeral procession yesterday.

"We were at the procession last Wednesday [when the Queen's coffin arrived at Westminster Hall] and stood for 42 hours then," he said.

"We came for the 50th anniversary of VE day, for the funeral of the late Diana, Princess of Wales and for the Queen Mother's lying-in-state," he said. "It's about being part of it. I just wanted to be here. It's the best of being British."



Chrissy Heerey, who serves in the Royal Air Force, was the last person to view Queen Elizabeth II lying in state at Westminster Hall ANDREW QUINN/PA

**Period of reflection**

A member of the public standing at Horse Guards Parade bows his head during a prayer CHRIS J RATCLIFFE/AFP

A moment shared

Mourners at Whitehall observe two minutes of silence as the Queen's state funeral comes to a close at midday ROB PINNEY/GETTY



Millions fall silent





Spectacle in the city

Crowds gather in
central London before
the funeral ANDREEA
ALEXANDRU/AP

Community spirit

The funeral was
shown on screens
across the country,
including in
Henley-on-Thames,
Oxfordshire
KI PRICE/GETTY



Veterans pay tribute

Army veterans
wearing their
uniform in
Belfast watch the
procession on a
screen in the Royal
Antediluvian Order
of Buffaloes club
CHARLES McQUILLAN/
GETTY



Respect from the Royal Household

Buckingham Palace
staff stand outside
its gates wearing
mourning attire
CHRISTOPHE ENA/
REUTERS

Bigscreen

Thousands flocked
to Hyde Park in
London wearing
Union Flag colours
as the funeral was
shown on a big screen
LOUISE DELMOTTE/
GETTY





The long journey home to Windsor



The committal service

The coffin of the late monarch is carried into St George's chapel, where it was lowered into the Royal Vault KIRSTY WIGGLESWORTH/AP

Leaving London

The Bearer Party transfers the Queen's coffin, draped in the Royal Standard, into the state hearse at Wellington Arch in London yesterday DANIE LEAL/AFP



Public affection

Her Majesty's coffin makes its final journey from London to Windsor, where she was laid to rest alongside husband Philip CARLOS BARRIA/REUTERS



Escort home

The hearse passes through Runnymede with a police escort as mourners gather to watch ANDREW COULDRIE/REUTERS





Lining the Long Walk

Thousands of mourners paid their respects as the hearse was escorted along the Long Walk towards Windsor Castle

PAUL CHILDS/REUTERS

News in brief

TRAVEL

Silence observed in airport terminals

Airport terminals fell silent as the funeral was shown on big screens and flights were paused to respect the national two-minute silence.

At Gatwick airport, hundreds of passengers silently watched, with the majority of shops and other outlets in the terminal building closed during the ceremony.

Meanwhile, flights weren't allowed to take off in the 15 minutes before and 15 minutes after the two-minute silence at midday. More than 100 flights from Heathrow airport were cancelled.

A Heathrow spokesman said: "As a mark of respect [flights were] subject to appropriate changes in order to avoid noise disruption."



NORTHERN IRELAND

Public gatherings as funeral is broadcast

People gathered in houses, parks and civic buildings across Northern Ireland to watch the funeral.

Hundreds attended Belfast City Hall, while around 200 people watched the event on the lawn at St Malachy's church in Hillsborough.

Christ Church Presbyterian in Dundonald on the outskirts of Belfast was showing the funeral on a big screen.

Copies of the order of service were handed out on arrival with tea and biscuits also offered.

Sergeant Bugler Andrew Carlisle performed during a remembrance service for the Queen at Hillsborough Fort (pictured).

TRANSPORT

Rail passengers had to watch on phones

Mourners travelling to London for the funeral resorted to watching proceedings on their mobile phones due to railway disruption.

No trains could enter or leave Paddington station, west London, from 6.30am because of damage to overhead electric wires near Hayes and Harlington station.

Services run by GWR, Heathrow Express and the Elizabeth line were disrupted throughout the day.

Bev Palfreman said she was "absolutely gutted" about missing the start of the funeral. The 61-year-old from Okehampton, Devon, said: "The Queen has been there throughout my life. This was the only thing I wanted to do."



TELEVISION

Millions watched as 200 countries worldwide tuned in

By Victoria Crow

The Queen's funeral was broadcast live to more than 200 countries and territories around the world, with television stations and websites clearing schedules to produce live coverage and special programming focusing on events in London.

The first official UK viewing figures are expected to be released today for the event that has been compared to the funeral for Nelson Mandela in 2013 and presidential inaugurations in the US.

It is expected to top 20 million viewers in the UK alone, compared with the funeral of Princess Diana in 1997, which was watched by 32.1 million, and the 2011 wedding of Prince William and Kate Middleton – watched by 26 million in the UK.

Media commentator Dr Laura Toogood said she expected a “huge number” of people around the world to have watched the event either live or via social media, illustrating

{i} Australia's public broadcaster, ABC, provided rolling coverage from 8pm local time yesterday evening. New Zealand's state broadcaster, TVNZ, also cleared the schedule with a live coverage special.

how technology had changed the media landscape.

“Technology allows people from all over the world to be part of this moment,” she said. “It's giving people the opportunity to be part of it, even from a considerable distance.”

Special coverage of the funeral was shown on Italy's RAI television, Ireland's RTE, France's TF1 and Germany's public broadcaster ARD. It also featured prominently on websites around the world, from Spain's *El País* to *The Times of India* and South Africa's *Sunday Times*. In Hong Kong, people tuned in to watch on their phones as others packed

into pubs in Sydney and Paris to pay a final tribute.

“This is a moment in history,” said Nina Whitfield at the Lord Dudley Hotel in Sydney's eastern suburbs.

“She's a steadfast for the monarchy and she's the glue that kept them together and she'll be missed. She meant a lot to me.”

In Mijas on Spain's Costa del Sol, Britons watched the funeral procession at a café and bar.

“We have a big expat community in this area of Andalusia, and we are very proud today that a lot of people turned out to come and show their respects to our Queen,” said 59-year-old bar worker Mark Driver.

Elsewhere, outlets gave over their schedules to royal coverage, including in Canada, where it featured on CBC TV, CBC Radio, CBC News Network, CBC Gem, CBCNews.ca and the CBC News and Listen apps.

Live streams of the funeral online showed hundreds of thousands of viewers for UK broadcasters, while Dr Toogood said millions more were likely to have seen the news via social networks because those attending in person would have posted online.

“It's really important people feel like they want to pay tribute to the Queen. She's been fantastic, it's been a historic reign and she's being celebrated. Of course, there are other events that have attracted large viewing figures, but this really is a very special part of history; it's unique in its own way.”

In China, state-owned newspaper *Global Times* reported on the “positive signal” it showed that Vice President Wang Qishan attended the funeral in place of President Xi Jinping “despite the difficulties the two countries have encountered in recent years due to disruption from the US and anti-China figures inside the UK Government”.

“They said the British side should respect this mark of diplomatic protocol and cherish China's goodwill gesture, which could play a positive role in maintaining normal China-UK relations in a long run,” it said.

Blanket coverage US networks descend on London

US television networks cleared the schedules and dispatched star anchors to London for the Queen's state funeral, with flagship shows ranging from ABC's *World News Tonight* to CBS *Mornings* covering the royal event live.

ABC News produced special live coverage of the event featuring *World News Tonight* anchor David Muir in London alongside several other high-profile reports. *Good Morning America*, *Nightline*, ABC NewsRadio and affiliate service ABC NewsOne also carried royal news.

BBC America aired the funeral live and uninterrupted, starting at 4am, alongside “A Tribute to Her Majesty the Queen”, featuring special interviews with her children and those who have worked with her.

CBS sent CBS *Mornings* co-hosts

Gayle King (inset) and Norah O'Donnell to anchor a Special Report live from London and produced special coverage and live streams online including contributions from former *Vanity Fair* editor and *The Palace Papers* author Tina Brown.



CNN anchors Erin Burnett and Anderson Cooper reported live from London. They were joined by fellow star anchors, Christiane Amanpour, Max Foster and Richard Quest in London as well as Don Lemon. The event was also covered on C-Span and its affiliates C-Span Radio and C-Span Now as well as Fox News, NBC News and PBS, and was compared by producers behind the scenes to a presidential inauguration in terms of scale.

Victoria Crow

AUSTRALIA

Unions call for another day off after holiday mourning

By Victoria Crow

Union bosses in Australia have urged employers to let employees take this Friday off to “give them a rest and boost morale” following a public holiday to mark the Queen's funeral.

Australia will hold a day of national mourning on Thursday once the Prime Minister, Anthony Albanese, returns to Australia after attending the funeral in London.

However, the timing has led to

fears it could lead to a spike in people calling in sick on Friday in a bid to gain a long weekend.

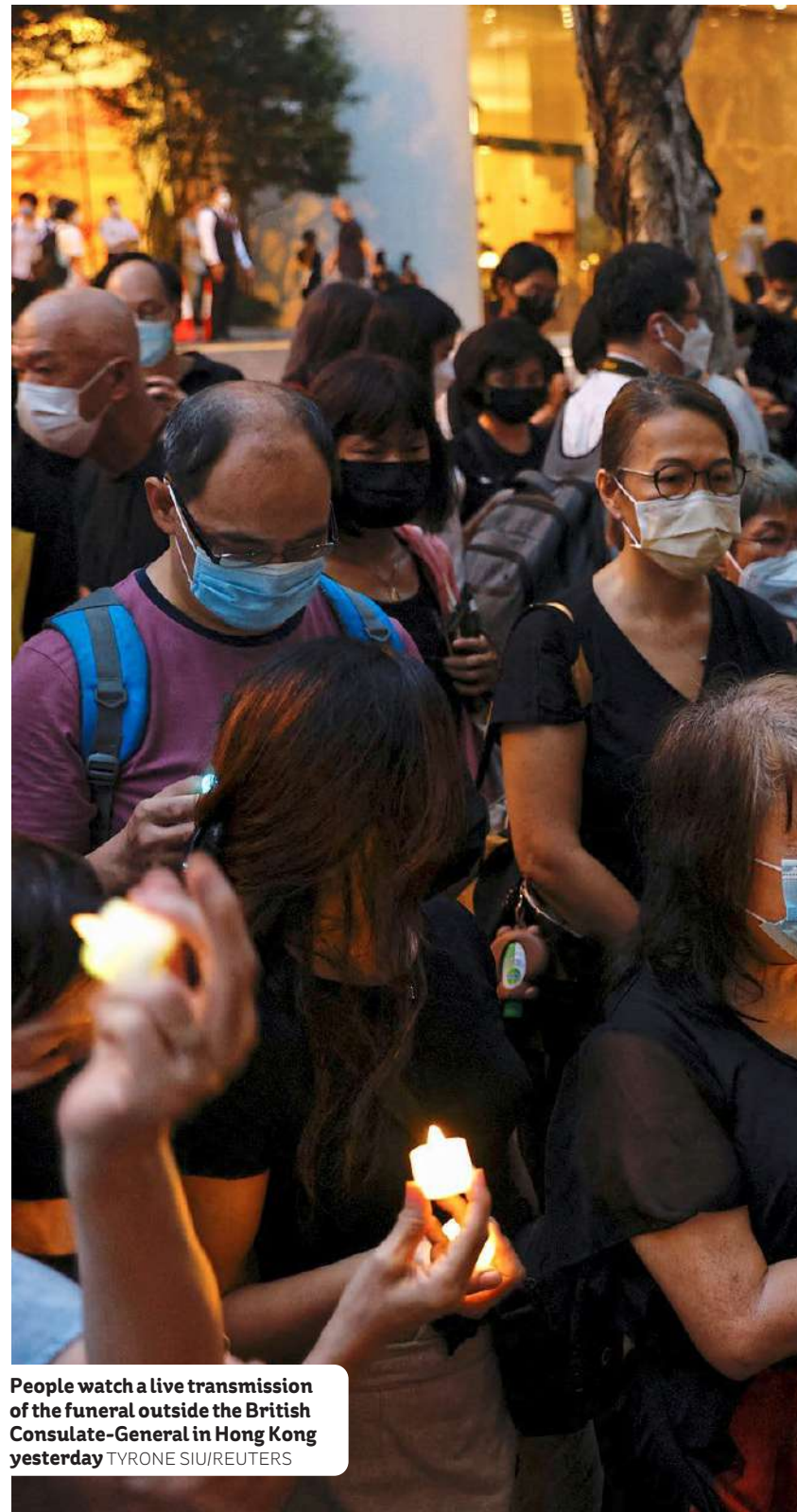
Unions NSW secretary, Mark Morey said the “pay of Australian workers is going backwards and many are also working vast hours of unpaid overtime each year”.

“This Friday is sandwiched between a public holiday and the school holidays and unless someone is doing essential, life-saving work it's a good opportunity for them to

reconnect with family and friends and take a break.”

The state of Victoria already has a public holiday on Friday for the Australian Football League (AFL) grand final, but workers in other states and territories are expected to show up.

According to a survey by Finder, one in eight Australians have called in sick for non-health related reasons so far this year, at cost of roughly \$354 (£207) a worker, a day, *The Guardian* reported.



People watch a live transmission of the funeral outside the British Consulate-General in Hong Kong yesterday TYRONE SIU/REUTERS

Comment

Orchestration of grief makes it seem a parody from 5,000 miles away

Joe Walsh

IN JOHANNESBURG



Watching the reaction to the Queen's death in the UK from over 5,500 miles away, it's difficult to feel part of a country that looks to be swept up in a wave of mourning that has seemed at some points parodic.

Perhaps, as I'm so far removed from it, I'm not getting the general national mood. But from Paddington bears with marmalade sandwiches being laid at Buckingham Palace – presumably to rot – to clouds being assessed for resemblance to the Queen, it's hard to take the whole process overly seriously.

The sheer scale of the response and coverage of her death has taken me by surprise. Obviously, she is a far more significant



TRIBUTES

Commonwealth marks moment with candlelit vigils for Queen

By Victoria Crow and Taz Ali

From candlelit vigils to floral tributes and military parades, the Queen's funeral has been marked as a milestone event in Commonwealth nations and British linked-territories around the world.

In Canada, a day of mourning was held yesterday with a National Commemorative Ceremony taking place in Ottawa following the broadcast of the Queen's funeral in London.

The event included a parade by members of Canada's armed forces accompanied by a band, who marched past the memorial and parliament buildings to Christ Church Cathedral. Across from the Canadian War Museum a 96-salvo salute - one for each year of the Queen's life - took place, followed by a church service attended by former governor general Adrienne Clarkson and former prime minister, Brian Mulroney.

In Antigua and Barbuda yesterday was declared a public holiday and national day of mourning with a church service and parade by the country's security forces. In Jamaica, condolence books have previously been opened at the governor-general's office to mark the monarch's death.

In Australia members of the public left condolences at St Andrew's cathedral in Sydney while the event was broadcast live yesterday evening local time. Australia and New Zealand will hold national mourning services and public holidays later this week once their leaders return from London.

In Australia, premiers and chief

justices of each state and territory will attend a national service on Thursday that prime minister Anthony Albanese has described as "an opportunity to mourn as a nation."

In New Zealand, the funeral has already seen an outpouring of tributes and media coverage devoted to covering the event live, but an official memorial, beginning with a minute's silence, will take place on Monday September 26, which will also be a public holiday.

"The minute's silence is a way for people, wherever they might be in New Zealand, to stand together to mark an extraordinary 70 years of service," Prime Minister Jacinda Ardern said.

In India people paid their respects with a portrait covered in floral garlands and a carpet of petals placed outside the Victoria Memorial in Kolkata (inset), after a day of mourning was held last week. In Dubai, bouquets of flowers have been around a statue at the memorial site of the base inside the Queen Elizabeth II hotel.

In Hong Kong, people gathered to leave flowers, letters, photographs and hold a candlelit vigil outside the British Consulate-General. The funeral has been closely watched in places like Singapore, Hong Kong and Malaysia, experts said.



i Dr Sue Onslow, director of the Institute of Commonwealth Studies at the University of London, said the Queen's love for the Commonwealth has left "very big shoes for her son to fill."

character in the national psyche than her husband was.

I write from South Africa, from which the significance of her death appears on a par with the reaction to that of Nelson Mandela in 2013. His face was on the money, every city had at least one road named after him, and internationally he was seen as the statesman who embodied the nation.

Incidentally, despite their vastly different journeys to the esteem in which they were ultimately held, on a personal level the two are said to have got along very well.

Yet the mourning of Mandela's death here seemed far less orchestrated. Official events were, of course, organised but only after people had spontaneously gathered in large numbers across the country



Mourners at a memorial for Nelson Mandela in Soweto in 2013 GETTY

to collectively mourn and remember his life of struggle. Neither the state nor the ANC directed people to do this, and

From assessing clouds that look like the Queen to the marmalade sandwiches, it's hard to take it seriously

there was no silencing of anti-Mandela or anti-ANC voices.

In fact the official memorial, held in a packed stadium in Soweto built for the World Cup - the funeral itself was a small affair in Mandela's hometown of Qunu - saw widespread booing for the first time of then president Jacob Zuma. The respect for Mandela was contrasted with the rejection of the current leader of the ANC and the country.

From the coverage that I have seen of the Queen's death, and recognising that the internet age accentuates the more extreme responses, the UK's own national reaction seems less organic.

Corporation and public entities alike trying to outdo each other in the respect stakes feels contrived, and everything about the queue seems difficult to comprehend.

SERVICE

'Significant' honour for secretary-general

By Taz Ali

The Commonwealth of Nations secretary-general, Patricia Scotland, read the first lesson at the Queen's funeral in what was described as a "significant" moment.

Addressing guests at Westminster Abbey, Baroness Scotland (inset) gave the reading in tribute to the Queen's lifetime of dedication and service to the family of nations.

Dr Sue Onslow, director of the In-



stitute of Commonwealth Studies at the University of London, told **i** that Baroness Scotland's presence underlined the importance of the Commonwealth to the Queen.

"The Queen had said that you couldn't take the Commonwealth for granted," Dr Onslow said.

"It's been said time and again that the Commonwealth was her favourite international organisation."

Dr Onslow added: "The honour given to Baroness Patricia Scotland was very significant." Baroness Scotland is the second secretary-general from the Caribbean and the first woman to hold the post.

The Prime Minister, Liz Truss, read the second lesson.



BROADCASTING

There was jeopardy and drama but mostly precision

Daisy Goodwin



One of the revelations of the past 10 days is the power of “slow television”. The live coverage of the lying-in-state, the slow movement of the queue, the vigil of the princes and the grandchildren.

At the beginning of the live coverage of the funeral there was a solemn warning from Huw Edwards that the procession would not be commented upon, to show respect.

This must have been a relief for the commentators who, before it became disrespectful to comment, were having to resort to Wikipedia. We learnt from the BBC, as President Biden entered the Abbey, that Lyndon Johnson was the only president during her reign that the Queen did not meet personally.

One bit of royal trivia was that this funeral was 25 years to the month since the funeral of Diana, Princess of Wales, but what Edwards did not remark on was the difference in tone between the two events.

Anyone who watched that funeral will remember the

searing speech given by Earl Spencer talking about blood family, and Elton John singing his heart out. This event, of course, had its own dramas: Carrie Johnson holding back so that Boris Johnson didn't have to sit next to Theresa May; Princes Harry and Andrew not being allowed to wear their military uniforms; the glances that Harry kept giving his brother; the swinging legs of Princess Charlotte; the copious tears shed by Edward and Sophie Wessex; and the choirboy with the improbable red hair who appeared to be auditioning for *Annie*.

There was genuine jeopardy, too, every time the coffin was moved from the gun carriage to the catafalque.

Everything was done with second-perfect precision. As the commentators kept reminding us, this has been planned for years and we as a country do this sort of thing so well. Liz Truss reading the lesson was a reminder of the things that perhaps we don't do so well.

Whenever the pace faded the camera would cut back to the crown on top of the coffin, the sparkle of the diamond cross at the top, a point of light in the sombreness of the Abbey.

The only time in the ceremony I felt tearful was when the solitary piper played and then walked away, the sound fading

into nothing. That was quite a moment, as was the playing of the national anthem and watching the new King not singing.

As the service ended I decided, as the commentators kept saying about the crowds, “to make my own memory”. I went to stand on the edge of the Cromwell Road to watch the car containing the Queen's procession go by. The crowd was about four deep and altogether less solemn than the reverential TV commentary.

When the coffin went by there was light applause.

It would have been louder but most people were holding up their phones to get that last picture. Two women threw gladioli at the hearse.

When I got home I found an obituary of Queen Victoria from the *Illustrated London News* in 1901: “Amidst all the strife of politics, and even of international conflict, ‘The Queen’ was a watchword that had in it a calm, a dignity, an ideal of reverence, acknowledged in every part of the world.”

Words that could have been intoned yesterday by Huw Edwards (*inset*, presenting the BBC's coverage), Tom Bradby, David Dimbleby or any of the many commentators on this state funeral.

Daisy Goodwin is a screenwriter, novelist and creator of the award winning ITV/PBS show ‘Victoria’



The funeral attracted considerable media interest from around the world
GEOFF PUGH/WPA/GETTY

SOCIETY

As normality hits, we wonder what happens next

Anne McElvoy



After the shock came the awe. We spent the week of the long goodbye from the Queen's reign reordering our national life around remembrance. And yet, when the first shots were broadcast from inside Westminster Abbey, it felt more like the scenes of a royal wedding – the swooping camera shots of the Abbey's pomp, serried

ranks of the Establishment and soaring strains of the boys' choir.

It was only when the coffin in its heraldic drapery arrived and, behind it the faces of a family grey with the strain of public mourning, that the mood of silence settled.

If the “loving service” remembered by the Archbishop of Canterbury was her legacy, he did us all a favour by also recalling the joy and occasional wit with which she did her job. When she told a former bishop that she had an aversion to “long, boring services”, it was doubtless with a glint in her eye as she steered the way her own passing would be marked. This service honoured that promise.

I watched the final moment of the coffin's departure in my

spot commentating for German television, where the appetite for discussions of protocol, the roots of the royals in the Saxe-Coburg dynasty and whether King Charles could keep his word to stay out of the political firefight took up a large part of the German broadcasters' schedules.

As the gun carriage (*inset*) approached our point outside Buckingham Palace, there was a mighty scramble. Nothing to do with the Babel of broadcasts in dozens of languages – just the kind of spontaneous feeling felt by so many that they hankered for one last glance of the Queen's final journey.



On ladders, burly technicians and sharp-elbowed correspondents made way for competitors, make-up artists and security guards, all of us holding up our mobile phone for a final picture.

It's often asked if the reign of King Charles will feel different, and watching the Royal Family today reminds us that it is already in considerable flux. Prince Andrew, who has been forced by scandal and misjudgement into early retirement, blended in with other guests in civilian dress, a confirmation that when it comes to exile from royal duties, out really does mean out.

Ditto Prince Harry, embroiled in an argument about who may or may not wear the royal cypher on his military uniform, grief-stricken but with a face that still shows more anger than acceptance at his breach with the family.

Princess Anne looked like a woman in her early seventies who has suddenly lost her mainstay and was just about holding it together for mum's sake.

Friends speak of a sense of relief that the transition has gone smoothly – the whirlwind tour of Scotland, Wales and Northern Ireland is joked about by one acquaintance as “the royal equivalent of an election campaign straight after a bereavement” – and the necessity of showing



DIPLOMACY

Politics came a poor second, overwhelmed by ceremony

Ian Dunt



The build-up to the Queen's funeral had all sorts of minor diplomatic shenanigans going on around it. Would President Joe Biden get in a coach with all the other world leaders? Turns out that he would not, under any circumstances.

Would the Chinese be allowed into Westminster Hall to pay their respects, despite having sanctioned seven parliamentarians? Yes, over the Speaker's express opposition.

Would this moment of shared admiration for the Queen create a sense of international joint endeavour, where old enmities were put aside? Absolutely not.

None of the politics mattered. The event was organised, as the monarchy is organised, to eradicate any sense of political meaning.

There were a few attempted flutters here and there. The Archbishop of Canterbury's sermon included a line castigating "those who cling to power and privileges".

It might have been pointed at Boris Johnson, or indeed any number of the gathered world leaders, but probably wasn't. Twitter loved it, but it was little more than a trite aside.

Former prime ministers sat with their partners in order of their premiership. They were barely even noticed. It was not their day.

Liz Truss emerged half way through the ceremony, to offer a reading and remind everyone that she was Prime Minister. She delivered it with all the passion and conviction of a supermarket checkout machine.

Everything about the event served to quell political thought. On the edges, hushed informal negotiations will, presumably, be taking place, but nothing permanent or profound will emerge from their gathering in London.

And that, after all, is the point. That's why the monarchy lasts. It has taken all the paraphernalia and ceremony of national identity and extracted it as far as possible from the political process.

The last event watched around the world was probably Mr Biden's inauguration. It had a similar sense of scale and an effort towards majesty, framed against the backdrop of the Western front of the US Capitol. The pomp is used to give gravitas to the politics.

But they will also have remembered what it was like, four

years earlier, to see Donald Trump standing there, railing against "American carnage", like the opening stages of a fascist coup.

The Queen's funeral wallpapered over any sense of meaning whatsoever. Even Elizabeth herself was eradicated from it. There was barely a mention of her personal qualities or the values she represented. As in life, so in death: the monarchy demands the annihilation of the public self.

Nor was there any moment for a sense of articulated belonging. If we found that at all, it was in the queue – or rather, The Queue – where people's spontaneous behaviour seemed to reflect something intuitive and attractive about our sense of character: hardy, good-humoured, very weird and terribly well-organised. But there were no efforts to encapsulate that here, or even any poetry which might allude to it. Just hymns and Bible readings.

That's the great advantage of the system. It works by disconnecting politics from national ceremony. The dangerous power of symbolism and ritual – the sceptre and orb, the draped flag, the robotic uniform movements of the military personnel – was extracted from tribalism. All the stuff that's so loved by fascists and communists, adored by vainglorious leaders and cultivated by presidents is cocooned into this silly harmless world of broad-brushwork royal pomp.

So in the end, all the chatter about diplomatic etiquette and guest lists came to nothing. World leaders became as obscure as everyone else. And monarchy did what it was designed to do.



Cherie and Sir Tony Blair, Norma and Sir John Major, Liz Truss and Hugh O'Leary at the funeral yesterday

PEOPLE

An occasion for complicated reflections

Ayesha Hazarika



Even though I have been very moved by the Queen's death, I had mixed feelings about the funeral. Not overtly negative ones. I just felt rather exhausted by it all.

Maybe it was all the blanket media coverage, or the thought-provoking conversations I had had with people who wanted to be able to question the Royal Family and national deference. Or perhaps it was the 3am starts and the rising panic that I was going to get kettled as I stumbled towards the

media area. Like many journalists covering this, I was bone tired.

But it was very short lived because all the weariness disappeared when I climbed on to our media balcony overlooking Westminster Abbey. The chaos of the cameras and journalists fell silent as we watched the Queen's coffin being pulled by the sailors as the sun burst through.

I was taken aback at how emotional I suddenly became. I felt overwhelmed and just stood there, dishevelled and tearful sporting a highly attractive snot bubble.

But I also had other more personal and complicated questions. I thought about my own grandparents who lived in India. I didn't ever get the chance to know them very well. Many of us children of immigrants will ponder all the memories we maybe don't have.

And for many who have recently lost loved ones, this event will intersect with intense private grief.

Like so many, I adored the Queen. For me, it was all about her duty and hard work which made her an exemplary public servant. Her capacity for work was off the scale.

Of course, she was hugely privileged, but she was judicious. You never got the impression she abused her power. In a world where coarseness and division are rewarded, the late Queen always chose her words carefully to unite and show compassion.

As she said herself "It has always been easy to hate and destroy. To build and to cherish is much more difficult."

The Royal Family is far from perfect and must evolve to maintain the consent of a changing Britain. But what the last 10 days have shown is that for better or worse, we're clearly quite into all the ritual, tradition and ceremony. It doesn't feel like we want to tear all this down. But we can and must ask the question: "Can we make it better?"

commitment to diverse nations in the United Kingdom.

Normality will land with a thud today, as we return to the politics of extraordinary times – cost of living crises, uncertainty about the country's direction and a geopolitics poised between hope of eventual victory in Ukraine and uncertainties about how far Western democracies can influence events in a changeable international order.

The coffin was carried out of the abbey to the strains of Elgar and, tellingly, also JS Bach, a composer who unites the British and German cultural traditions. It was a gesture linking events in London to Europe and the promise of some sort of harmony, beyond the endless backwash of Brexit-induced bad tempers and misunderstandings.

In the late summer afternoon, I stood in a moment of pause on an empty TV camera platform, looking at the colossal neoclassicism, the administrative heart of the British

monarchy – Buckingham Palace, with its 770-plus rooms and lengthy corridors in which most monarchs want to live for large chunks of time. It is London's most famous building but one that few have been inside – a symbol of the familiarity and the distance of a durable monarchy.

I had a lucky ringside seat for the transitions that demarcate history. The sun glinted off those windows, at which we have all glanced, wondering if "she" might perhaps be behind one of them, having tea. Above us, the helicopters whirled, foreign leaders and their entourages heading home to their own preoccupations. TV screens from across the planet followed the coffin, heading for the Windsor burial chamber.

The Elizabethan era was at an end. And, we wondered, what now?

Anne McElvoy is executive editor at 'The Economist' and hosts 'The Economist Asks' podcast



The world watches on



Beijing, China

Next to a portrait of the Queen, Chinese and foreign residents of Beijing hold white flowers, a symbol of mourning, before a private live viewing of the ceremony at Westminster NG HAN GUAN/AP



Cape Town, South Africa

The funeral service was shown on a big screen in the V&A Waterfront in Cape Town. The Queen first visited South Africa aged 21 along with her parents and sister ESA ALEXANDER/REUTERS



Kathmandu, Nepal

Buddhist monks lead a group prayer session inside a monastery in Kathmandu to mark yesterday's State Funeral for Queen Elizabeth II NIRANJAN SHRESTHA/AP



Valletta, Malta

In honour of the Queen, gunners of the Armed Forces of Malta fire a 21-gun salute during her funeral, at the Saluting Battery overlooking Grand Harbour in the Maltese capital, Valletta

OMAR CAMILLERI/
DEPARTMENT OF
INFORMATION-
MALTA/REUTERS



Nairobi, Kenya

A young boy wearing a mask watches the ceremony in Windsor from the Kenyan capital, Nairobi. The second service of the day took place in St George's Chapel inside Windsor Castle

DONWILSON ODHAMBO/GETTY



Srinagar, India

A girl looks at a large portrait of the Queen inside a jewellery shop in Srinagar, in northern India. India's President Droupadi Murmu was one of the world leaders in attendance of the funeral yesterday

TAUSEEF MUSTAFA/GETTY

MONARCHY

Elizabeth II witnessed enormous change. Now her son must adapt to it

When the Queen came to the throne in 1952, Britain was, constitutionally, a different country. It was a unitary state with just one devolved body, the Unionist-dominated Parliament of Northern Ireland; government was unconstrained by any Human Rights Act, activist judges, or referendums. The House of Lords, composed predominantly of Conservative hereditary peers, was a somnolent body. Britain was, in Lord Hailsham's mordant words, an elective dictatorship.

By 2022, a new constitution was in place. Devolution was formal recognition that Britain was a multinational state. The judges, as Boris Johnson had discovered, were a genuine constraint on government, while the House of Lords, composed primarily of life peers, had become a more active and professional body.

In 1952, the referendum was unknown to the constitution. It is now embedded in our political system. Indeed, the Brexit referendum of 2016 required Parliament for the first time in its history to do what it did not want to do, namely leave the European Union. The three major parties had all favoured remain, as had the majority of MPs and probably an even larger majority of peers.

The role of the monarchy had also changed. In 1952, the Queen had some genuine discretion in who to appoint as prime minister. In 1957, she appointed Harold Macmillan rather than RA Butler, and in 1963 Lord Home rather than Butler, Reginald Maudling or Lord Hailsham.

Both appointments were controversial. The Queen had been required to decide which candidate

The monarch is today much better-placed to represent the UK. By **Vernon Bogdanor**



was most acceptable to the Conservatives. But Conservative MPs were surely in a better position to make that decision than the Queen. The Palace must, therefore, have been relieved when Conservatives decided in 1965 that future leaders would be chosen by their MPs. In 1998, Conservative members were also given a role.

Some, including, I have to confess, myself, believed that the Queen would have to exercise her discretion if there were a hung parliament with no party able to secure a majority. But, in 1974, 2010 and 2017, she played an entirely passive role. The politicians resolved the situation, and the Queen then endorsed their decisions. You decide, we endorse, might have been the Palace's motto. In 2010, while coalition negotiations were in progress, the Queen remained at Windsor, a clear indication that she would

The Brexit referendum required Parliament for the first time in its history to do what it did not want to do



The Queen visits the Islamic Centre in Scunthorpe in 2002 – the first sovereign to visit a mosque in Britain TIM GRAHAM PICTURE LIBRARY/GETTY

play no part in the negotiations. That was a great contrast with 1931 when George V played an active, and in my view, determining role in the formation of the National Government coalition.

The Queen also had an international role as head of state of the Commonwealth monarchies – the realms – and as head of the Commonwealth. In 1952, there were eight Commonwealth members, of which only India was a republic. Since then, almost all of the Asian and African members have followed India's lead and today, of the 56 members – around a quarter of the membership of the United Nations – all but 15 are republics.

In her Jubilee speech in 1977, the Queen declared that she had seen “from a unique position of advantage, the last great phase of the transformation of the Empire into Commonwealth and the transformation of the Crown from an emblem of dominion into a symbol of free and voluntary association. In all history, this has no precedent.”

In the 80s, the Queen indicated her sympathies with the Commonwealth approach to apartheid in South Africa and the illegal white minority regime of Ian Smith in Rhodesia. Without the Queen, Kenneth Kaunda, first President of Zambia declared, “many of us would have left”. The Queen showed that the role of Head of the Commonwealth was distinct from that of Queen of Britain. Otherwise, the Commonwealth would have appeared as a mere replica of the imperial relationship and would have disintegrated.

There is a clear link between the Queen's role as head of a multiracial Commonwealth and as head of state of Britain, now, by contrast with 1952, a multiracial society. The Queen understood this well. She was the first sovereign to visit a mosque, and in 2012, the year of the Diamond Jubilee, she visited Leicester, a town symbolising successful ethnic integration.

The attenuation of the sovereign's discretionary powers makes it easier for Charles III to represent Britain. The essential task of the sovereign is to represent the nation to itself, to intuit the soul of the British people. Today that requires a more open and approachable public service monarchy, sensitive to the multinational country Britain has become. No one understands this better than Charles III.

Vernon Bogdanor is Professor of Government at King's College, London. His book, 'The Strange Survival of Liberal Britain' is published by Biteback next month



CONTINUITY

Charles now plans to shore up monarchy

By Serina Sandhu

King Charles will lead his family in a seven-day period of royal mourning but, after that, he will begin work on shoring up the monarchy.

Charles was steadfast in his constitutional duties in the immediate aftermath of his mother's death, such as completing a tour of Wales, Scotland and Northern Ireland.

He sought to further win over the public by speaking to mourners outside Buckingham Palace the day after the Queen's death and, at the weekend, wishing people well who queued for hours to see her coffin lying in state.

Amid concerns about a hesitant reaction to Charles's reign from the public, his popularity has improved since the Queen's death. Around 63 per cent of people think he will do a good job as King, up from 32 per cent in May, according to YouGov.

But he cannot afford to be complacent in the coming months to win over those who remain sceptical of a new monarch after the Queen's 70-year-long reign. His coronation, if it follows the pattern set by his mother, will not be until 2023. In the meantime, he will begin the work of shaping his slimmed-down monarchy to show value for taxpayers' money and to try to avoid having to

fend off more controversies. He is extremely unlikely to welcome his controversial brother, the Duke of York, back into the fold. Instead, he will increasingly rely on popular and well-respected members of the family, such as the Prince and Princess of Wales and his sister Anne, the Princess Royal (inset).

“I think Charles will work with those closest to him, such as William, Kate and his Queen Consort, Camilla,” said Pauline Maclaran, co-author of *Royal Fever: The British Monarchy in Consumer Culture* and a professor of marketing and consumer research at Royal Holloway, University of London.

“But he will be also likely emphasising a streamlined monarchy, especially to counter accusations of taxpayers having to fund too many ‘hangers on’ in a time of financial hardship for most ordinary people.”

Charles takes to the throne at a time when the monarchy is facing key issues, such as the future of the Commonwealth. More countries are likely to seek republicanism, which he will need to accept. Another issue is concern over his intervention in matters of politics as Prince of Wales. “Biting his lip is going to be key if he isn't going to find himself dealing with a constitutional crisis,” said royal historian Dr Ed Owens.





In numbers

2,000

Dignitaries and guests inside Westminster Abbey

800

Guests at the committal service in Windsor Castle

1,650

Military personnel involved with the procession for the Queen's funeral

25

Miles the Queen's coffin was transported from Wellington Arch to her final resting place at Windsor

King Charles behind the Queen's coffin as the procession makes its way to Westminster Abbey STEVE BAINBRIDGE/REUTERS

Analysis

Simplicity of the music was affecting, with its wistful melancholy

Alexandra Coghlan



A royal funeral – particularly a monarch's – is a tangle of conflicting priorities. It's at once a public ritual and a private act, a political statement and a personal tribute. It's a magnificent spectacle with an absence at its heart, formal processions and pageantry marking out intimate grief and loss.

It's that sleight of hand – the imperceptible but all-important slip from monarch to mortal and back again – that was, unexpectedly, the defining characteristic of the Queen's funeral.

I can't have been the only one caught off guard by the simplicity of it all. If that seems like an odd thing to say of a cathedral service involving hundreds of skilled moving parts – choirs, pipers, trumpeters and clergy – then consider the individual elements.

For all that the service involved two of the country's finest church choirs – Westminster Abbey and the Chapel Royal – the music only rarely swelled beyond four parts, most of it technically well within the reach of a competent parish choir.

The Abbey's mighty Harrison & Harrison organ, driving the congregation through the hymns, was silent for much of the remainder of the service, leaving voices bare and unaccompanied. And instead of funeral marches and formal solemnity, the congregation entered to a selection of music performed by the assistant organist Matthew Jorysz – Elgar, Herbert Howells, Harold Darke, Malcolm Williamson – whose common thread was a gentler, more wistful kind of English melancholy.

That list of names – many unfashionable now – set the tone for a service that felt startlingly personal. This was royal ritual anchored in tradition, but filtered clearly and recognisably through

the taste, era and identity of an individual. This wasn't a Princess Diana, heart-on-sleeve emotional outpouring, it was the contained, quiet grief of a woman known for her frugality and public restraint.

The simplicity and directness if anything intensified with the anthems. Composed for the Coronation in 1953, Vaughan Williams' "O Taste and See" is the world in a musical grain of sand. It's a miracle of concise beauty – a slim, youthful anthem written for a princess still becoming a queen. Sung here at her funeral, the pathos, the sense of a life now come full circle, was keen.

Prince Charles's favourite composer Hubert Parry might be synonymous with royal pomp and circumstance, but it was a very different Parry we met here. There is no orchestra or brass, no accompaniment at all, for "My Soul, There is a Country". Mercurial and slight, music bending to the shifting moods of Henry Vaughan's poetry, it's a setting that lets the ear hear straight through to the text – a text, poignantly, that dwells on continuity and unchanging presence. Dropping restraint for a moment, James O'Donnell gave his singers their heads – the result was pure English song, spontaneity felt and sung as one.

Two newly composed works – a setting of Psalm 42 "Like as the hart" by Master of the Queen's Music Judith Weir and "Who shall separate us" by James MacMillan – made a contrasting pair of statements. Muscular and earthy, Weir's Psalm seemed rooted both in the musical history of the service and the pastoral imagery of the text, its lines deeply, organically carved.

But the MacMillan was something else. A low drone in the basses seemed to take the floor out from under us. Fanfares echoed before an Alleluia shimmered out – music burning out in a transcendent blaze of clashes and suspensions.

But for all the musical splendour of the service, the expressive precision of the choirs, trumpeters and the solo piper, it was the hymns that hit hardest: "The Day thou Gavest"; "Love Divine"; "The Lord's my Shepherd" – classics all, familiar not just from royal weddings and funerals past, but school assemblies and parish churches. There's something about the lumbering, well-intentioned awkwardness of British congregational singing that just feels right for a moment like this.

This funeral wasn't a statement of aspiration. It was, at heart, something both familiar and within our grasp: simple, hummable, comforting.

ANALYSIS

The Queen was a devout Anglican and service reflected her beliefs

The Queen was a devout Anglican – and the ceremony in Westminster Abbey was at its essence a religious service. As the coffin moved through the abbey at the beginning of the service, the choir sang three biblical extracts from the Old and New Testaments which emphasise the centrality of God in the process of death.

The Gospel of St John tells us: "He that believeth in me, though he were dead, yet shall he live" – a reminder that for Christians death is only a milestone on a longer journey; while Job, though humbling, tells of glory to come: "Though after my skin worms destroy this body, yet in my flesh shall I see God; whom I shall see for myself, and mine eyes shall behold, and not another."

Two lessons were read as part of the service. The first was given by Lady Scotland of Asthal, Secretary-General of the Commonwealth, and was from the First Letter to the Corinthians. It stresses that death is not a victory over life, but that the final victory shall be that of God. "The last enemy that shall be destroyed is death... death is swallowed up in victory."

The second was read by the Prime Minister, Liz Truss. The Gospel of St John 14: 1-9 tells of Jesus comforting and encouraging

Readings emphasised a message of equality. By **Eliot Wilson**



The hymns chosen focused on the centrality of God in death GETTY

His disciples after the Last Supper. He reassures them of salvation: "No man cometh unto the Father, but by me. If ye had known me, ye should have known my Father also: and from henceforth ye know him, and have seen him."

What do these passages tell us? They reinforce the Christian message of redemption through Jesus and everlasting life. They remind us that Elizabeth II was a wholly Christian monarch, who swore to protect the Protestant reformed religion and bore the title Defender of the Faith.

But I think they say more than that. In an age which thinks itself hyper-rational, they remind us that salvation is an act of faith. We

are redeemed by God's grace but we are required to believe. The Queen would not have blinked at that assertion; some of those watching might.

The many Christian leaders attending the service then gave a series of prayers. They were concluded by words from the Precentor of the abbey, Rev Mark Birch, who quoted from the poet and churchman John Donne. The chosen verse again stressed the fundamental equality of the afterlife: "There shall be no darkness nor dazzling, but one equal light; no noise nor silence, but one equal music; no fears nor hopes, but one equal possession; no ends nor beginnings, but one equal eternity."

Again, words chosen as a great leveller at the grand funeral of a great sovereign. And again a reminder of the Christian message that, ultimately, there is only one king, the King of Heaven. These mortal trappings may be impressive – and few have been more so than this state funeral – but in the face of God, the redeemed are all equal.

Eliot Wilson is co-founder of Pivot Point Group



A piper plays at the Westminster Abbey service yesterday REUTERS



All smiles

Elizabeth II in her coach on her way to Westminster for the State Opening of Parliament in November 1971, when Edward Heath was Prime Minister

LICHFIELD/
GETTY

Early days

In July 1946, Princess Elizabeth, aged 20, relaxes in the garden of Royal Lodge, Windsor, with her sister, Princess Margaret, and their parents, King George VI and his wife Queen Elizabeth

LISA SHERIDAN/GETTY

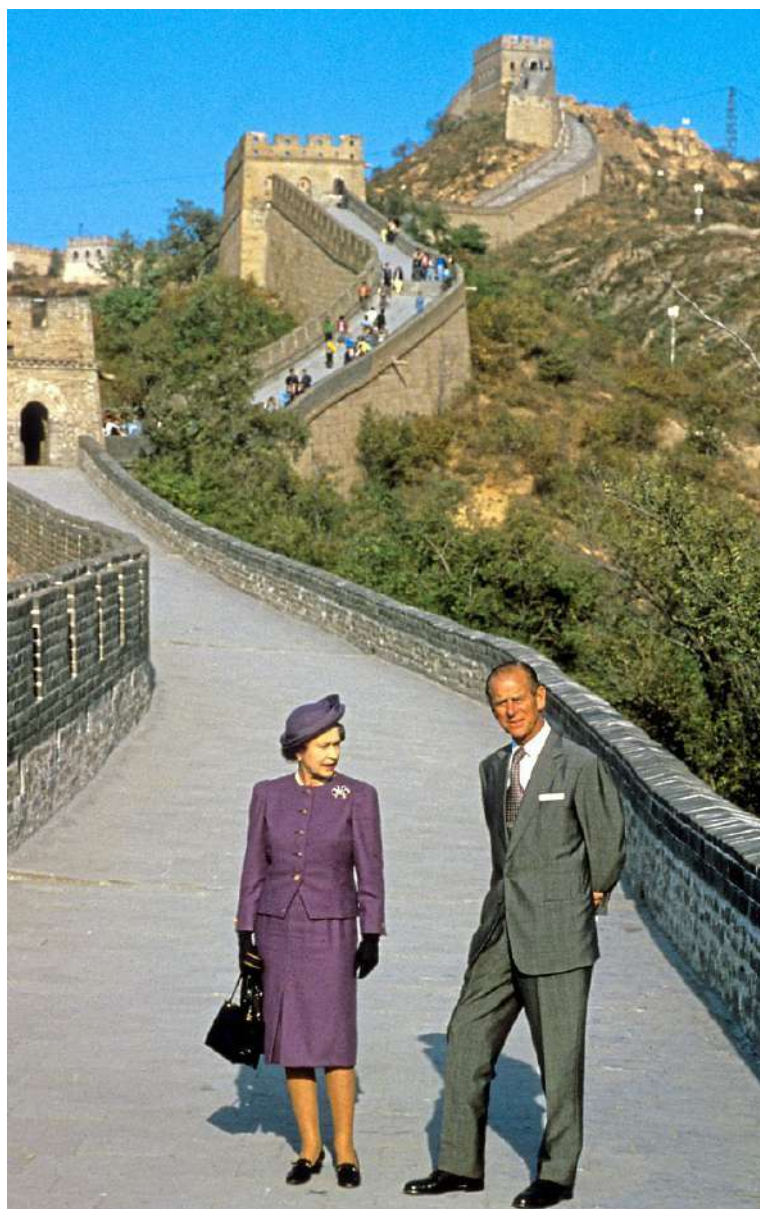
Memories of a monarch



Sharing a chuckle

In 2003, Her Majesty was pictured laughing alongside her husband Prince Philip, colonel of the Grenadier Guards, as a swarm of bees had interrupted The Queen's Company Review at Windsor Castle

CHRIS YOUNG/PA



Wonders of the world

During a state visit to the country in October 1986, the Queen and the Duke of Edinburgh visited The Great Wall of China. The six-day trip was regarded as among the most important state visits of her reign

ANWAR HUSSEIN/GETTY



A family affair

The Queen and Prince Philip spent their 32nd wedding anniversary in 1979 in Balmoral – along with their children, Edward, Charles, Andrew and Anne, her first grandchild, Peter, and the royal corgis AFP/GETTY



Final portrait released by the Palace

On the eve of her funeral, Buckingham Palace shared this portrait of Elizabeth II, smiling in Windsor Castle ahead of her Platinum Jubilee celebrations RANALD MACKELCHIE/PA



Reaching a milestone

On the day she became Britain's longest reigning monarch, the Queen was photographed in Edinburgh's Waverley Station after boarding a steam train to inaugurate the new Scottish Borders Railway DANNY LAWSON/PA

SOCIETY

‘We’re preparing to stage protests at the coronation. Now is the time to be brave’

Accession of a new King is a game-changer for anti-monarchists. By **Ben Gartside**

In the late summer sun, the newly anointed King Charles walked through Cardiff shaking hands and greeting people who had come out to welcome him. Amid the cheers, one man shouted for his attention.

“Charles! While we struggle to heat our homes, we have to pay for your parade. The taxpayers pays £100m for you, and for what?”

Before the man could finish speaking, a security guard had intervened, and the King had turned his back to greet well-wishers.

Despite concerns that the accession of King Charles would be greeted by protests, opposition to the monarch has so far proved relatively low-key.

The Cardiff protester, alongside a handful of protests elsewhere in the country, represents the most vocal opposition to King Charles’s ascension to the throne, as criticism has been muted in the wake of his mother’s death.

Republic, the anti-monarchy campaign group, suspended all public comments briefly as a mark of respect for the Queen, before renewing their campaign when King Charles was proclaimed.

Graham Smith, chief executive of Republic, told *i*: “The accession is a game-changer. For most people, the Queen was the monarchy and the monarchy was the Queen.”

“King Charles is a very different character, you’ve seen it with this week with the sacking of staff at Clarence House and his short temper. The Queen was beyond reproach for most people, while you can say what you like about Charles – they might disagree but they won’t be upset.

“As far as we’re concerned, we’re



Anti-monarchy protests greeted the visit of King Charles to Cardiff Castle last week. CARL RECINE/REUTERS/PA

doing a lot of preparation and will be doing bigger campaigns in the run-up to the coronation between April and June.

“It will include protests at the coronation – in the last 12 years we’ve had two jubilees and two big weddings, which people see as celebrations, while the coronation is a political act which is inherently more controversial.

“We’re bringing in new staff, expanding in the next 12 months to launch bigger campaigns. We’ll be reaching out to politicians and public figures and say, now is the time to be brave.

“People have been arrested for doing entirely innocent protesting, the debate about the monarchy has taken on a whole new life.”

The new King received a poll boost upon taking the throne,



with 63 per cent of Britons saying he would do a good job. Support almost doubled from the previous poll before the Queen’s death.

Despite the popularity of the new King, support for the monarchy itself is still dipping. Those who believe the monarchy is very or quite important only make up 55 per cent of the population, according to polls by the National Centre for Social Research.

While scandals, including allegations around Prince Andrew,

have caused recent drags on support, the new King is not a man without allegations of impropriety.

The “black spider memos” – King Charles’s scrawled letters to Government ministers – have created a perception of a regal activist willing to intervene in politics, though the King has since gone to great lengths to say he would cease such utterances. The Metropolitan Police still has an active investigation into the King’s charity over allegations that honours were offered to a Saudi citizen.

Despite this, immediate support

Through it all, it remains the backbone of a power structure that traces its roots back to feudalism

within the political sphere also seems firm. Comments from politicians criticising the monarchy have been sparse following the Queen’s death, as republicans observed the mourning period.

Labour MP and prominent republican Clive Lewis was pointed in his criticism of the monarchy, and one of the few to launch into a major critique in recent days.

In a piece for *The Guardian*, Mr Lewis wrote: “Everything from the gratuitous wall-to-wall media coverage to the arrest of anti-monarchy protesters and the state-sanctioned cancel culture of those who dissent has laid bare the fact that this transition is as much about coercion as consent.

“So while republicans should respect the language of ‘duty’ and ‘sacrifice’, monarchists have so forcefully claimed that the royal family makes on our behalf, we should not pretend that the reality is anything other than a lie. That is not what monarchy is... Through it all, it remains the backbone of a power structure that traces its roots back to feudalism.”

The criticism ran contrary to Labour Party leader Sir Keir Starmer’s edict for his MPs to stay quiet in advance of the Queen’s funeral, and to not engage in criticism of the monarchy.

While many within the Labour Party and society more generally have been loath to criticise the royals since the Queen’s death, the period of silence will gradually end for King Charles following his mother’s funeral, in one of the most critical periods for the monarchy’s survival in the last century.

The King has already been given the first taste of wavering across the Commonwealth in the Caribbean nation of Antigua and Barbuda, where Prime Minister Gaston Browne has pledged a referendum on becoming a republic in the next three years. Whether questioning the role of the monarchy remains in Saint John’s, the Antiguan and Barbudan capital, or if it spreads, remains to be seen.

SOCIETY

Anti-monarchy sentiment in Liverpool

By **Steve Robson**
NORTHERN REPORTER

Like every town and city across Britain, Liverpool has been paying its own tributes to the Queen.

However, it is a city that has previously made headlines for its anti-monarchy sentiment. And when *i* spoke to people in Liverpool ahead of the Queen’s funeral, there was a strong sense that while many under-

stand the nation’s sense of loss, they don’t want the mourning to go on for too long.

A 75-year-old woman from Toxteth who would only give her name as Jean, said: “[The Queen] was a mum, she was a grandmother... my thoughts go out to everyone in her family.

“But all this hype and what have you, I don’t agree with it.”

However, at Liverpool Cathedral, Canon Bob Lewis said he did not believe the outpouring of emotion had been any less than other parts of the country. “One of the things I would say, is that in Liverpool we know what it’s like to grieve,” he said.

CAMPAIGN

£30k donated by republicans

By **Ellen O’Dwyer**

A republican campaign group has reported a rise in membership and donations since the Queen’s death, citing controversies over the policing of anti-monarchy protests during the national period of mourning.

One pressure group, Republic, said that it had gained more than 1,000 new members in the past fortnight and that its #notmyking hashtag had been linked to around £30,000 in donations.

TRIBUTES

Light display of Queen’s image

The Queen’s image was displayed in a series of light tributes across the country ahead of her funeral.

A residents’ association in Oprington, south-east London, created an “iconic” image of her face using 250 candles, with hundreds of people paying their respects at Broxbourne Gardens.

Stephen Sangster, 40, chairman of the association, said: “We wanted to organise something that people of all backgrounds and faiths, those



who are young and old, could come along to and enjoy.”

An image of the late monarch was projected on to the 114m tower at Drax (pictured), near Selby, North Yorkshire, one of the UK’s largest power stations, in the hours ahead of the Westminster Abbey service.

**4-page
pull-out**

Celery and Parmesan minestrone



SERVES 4

2 tbsp extra virgin olive oil
300g chopped celery, leaves reserved
1 onion, diced
1 carrot, diced
1 clove of garlic, chopped
1 tsp celery salt
Salt and pepper, to taste
1 litre of vegetable stock
75g of orzo, or other small pasta shape
2 tomatoes, diced
1 tin of chickpeas, drained and rinsed
50g grated Parmesan,
plus more for serving

Heat the oil in a large saucepan over a medium heat. Add the chopped celery, onion, carrot, garlic, celery salt and some salt and pepper. Cook, stirring occasionally, until the vegetables are tender, which should be 10 minutes.

Add the vegetable stock and bring to a boil. Add the pasta and cook until tender, which should take eight to 10 minutes. Add the tomatoes, chickpeas, half the reserved celery leaves and Parmesan.

Cook over medium heat until steaming hot for three to five minutes. Ladle into bowls and garnish with the remaining celery leaves and a light sprinkling of Parmesan, if desired.

Recipe from lovecelery.co.uk

Tomorrow
Easy saag aloo



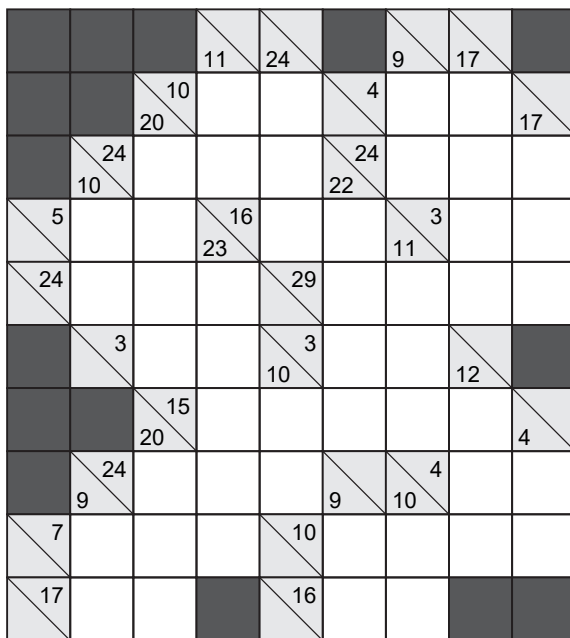
PUZZLES

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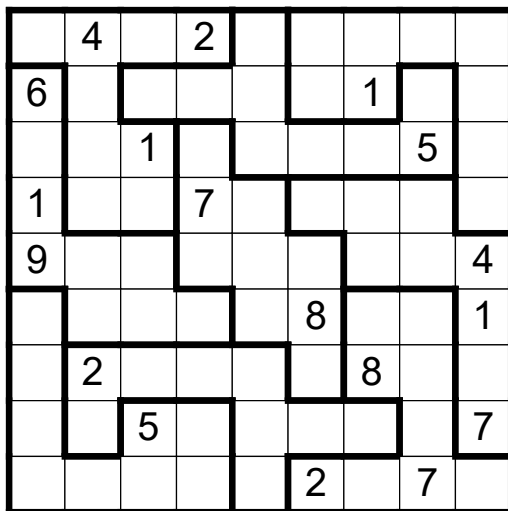
Kakuro

How to play Fill the white squares so that the total in each across or down run of cells matches the total at the start of that run. You must use the numbers from 1-9 only and cannot repeat a number in a run.



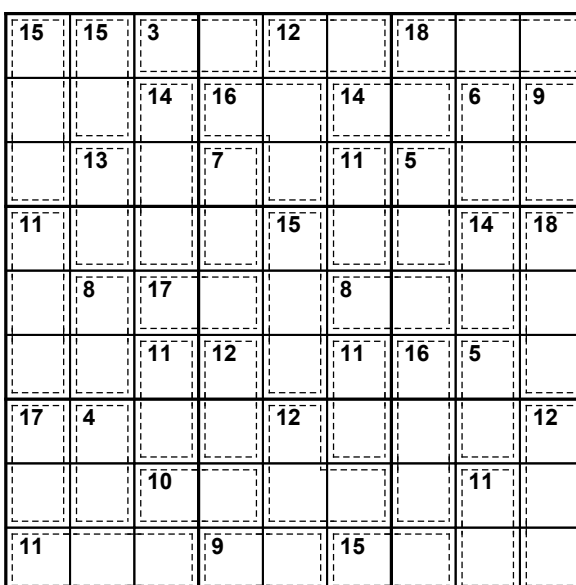
Jigsawdoku

How to play Place the numbers 1-9 once in each row, column and bold-lined jigsaw region.



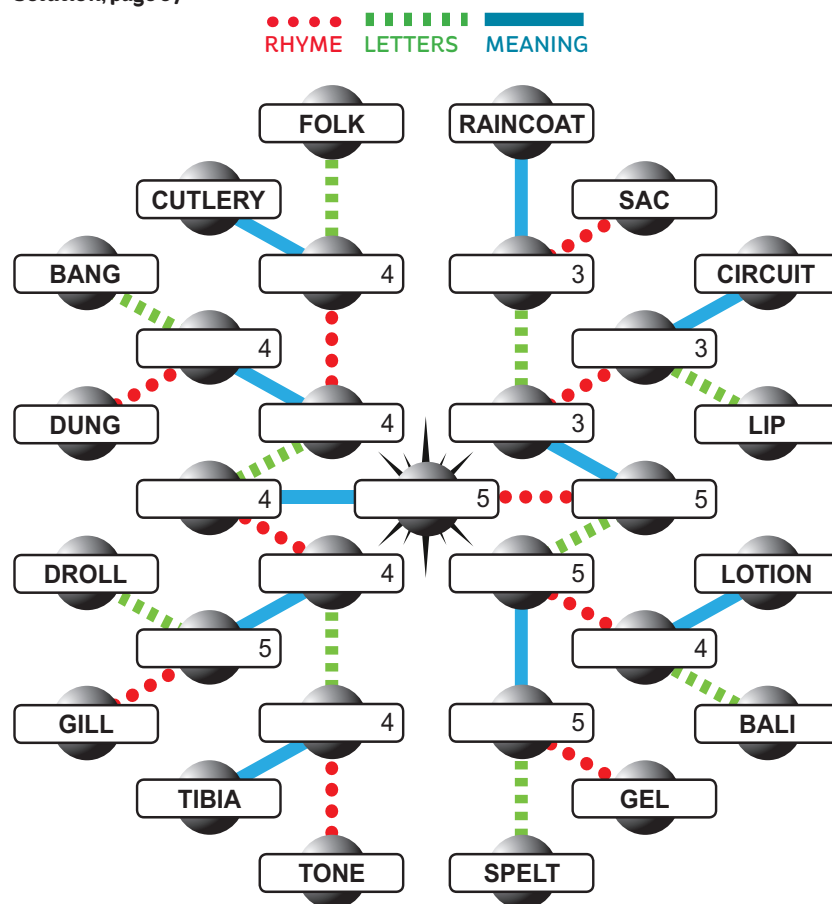
Killer Sudoku

How to play Each row, column and 3 by 3 box must contain each number (1 to 9) only once. The sum of all numbers contained in a dotted area must match the number printed in its top-left corner. No number can appear more than once in a dotted area.



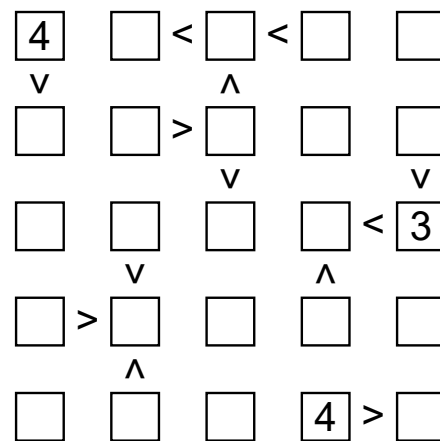
Zygolex® In i every day

Find the missing words by following the **RHYME**, **LETTERS** and **MEANING** links – eg, a word that **rhymes** with 'cheek', has one **letter** different from 'pear' and has the same **meaning** as mountain, would be 'peak'. Full rules at zygolex.com. **Solution, page 67**



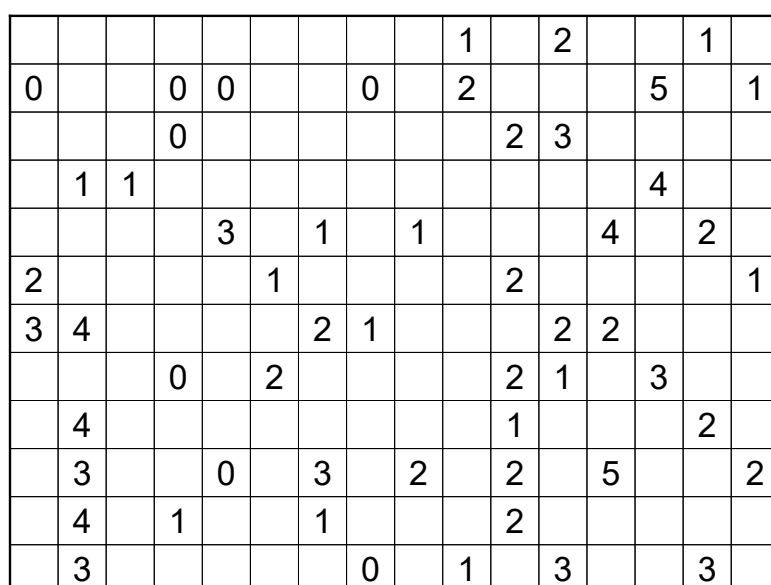
Futoshiki

How to play Place the numbers from 1-5 exactly once in each row and column. The greater than and less than signs ('>' and '<') indicate where one cell is greater/less than the adjacent cell indicated.



Minesweeper

How to play Find all the mines in the grid. Numbers in certain squares indicate how many mines there are in the neighbouring squares, including diagonally touching squares. Mines cannot be placed in squares with numbers.

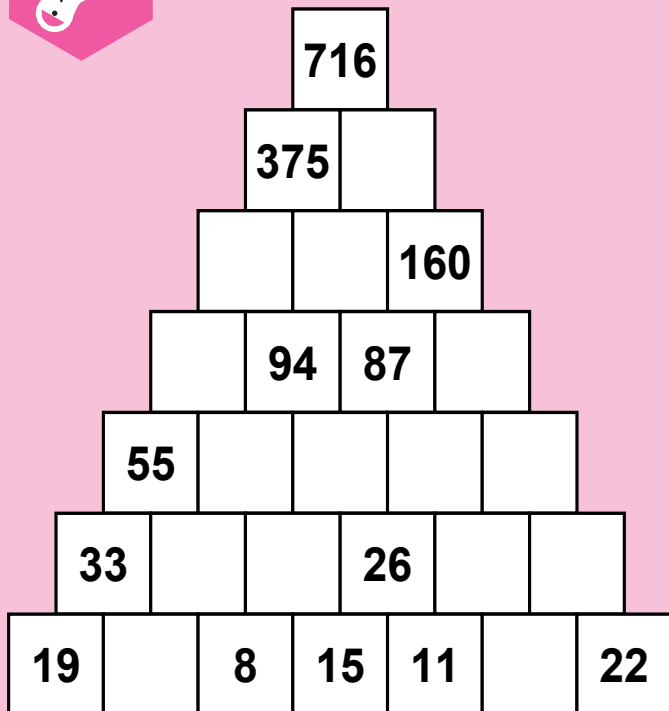


Today's other puzzles Cryptic Crossword, page 49
Five-Clue Cryptic, page 43; One-Minute Wjuko, page 53
Puzzle solutions See pages 67

Children's Corner Number Tower



How to play The value of each square in the number pyramid is the sum of the two squares directly under it.



Knight's Tour

How to play A chess knight visits each square of the grid exactly once, starting at 1 and ending at 100 (these squares are shaded). Deduce the whole path of the knight - some of which is already given - and thus complete the grid. The knight moves either two squares horizontally followed by one square vertically, or two squares vertically followed by one square horizontally.

| | | | | | | | | | |
|----|----|----|-----|----|----|----|----|----|----|
| 16 | 95 | 54 | | | 87 | 52 | | | |
| | 44 | | 94 | | 46 | 19 | | 51 | |
| | | 98 | 59 | | | | 49 | | 21 |
| | | | | | | 65 | | | |
| 14 | | | | | 89 | | 61 | | |
| 57 | 42 | 91 | 100 | | | 73 | 32 | 77 | |
| | 13 | 84 | | | 81 | | 35 | 30 | |
| 7 | | 71 | 82 | 67 | | 27 | 74 | 1 | 36 |
| | | | 5 | 26 | | | | 24 | |
| | | 11 | | 39 | | | | | 2 |

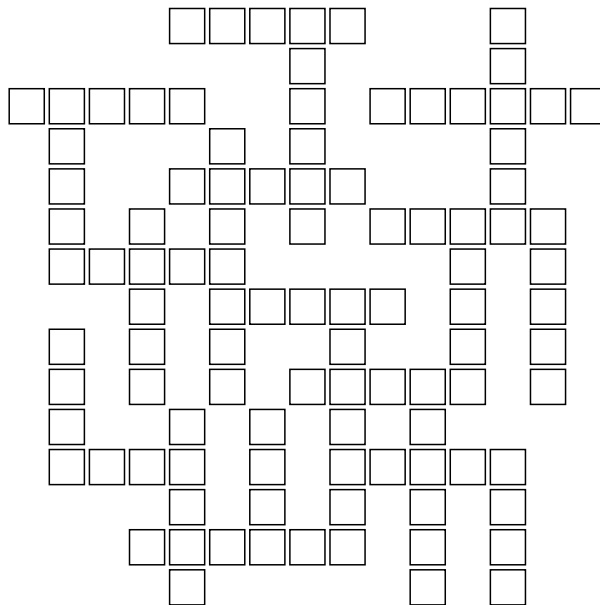
Rectangles

How to play Divide the grid into a series of rectangles or squares, such that every cell in the grid is in exactly one region. Numbers indicate the size of each region: for instance a "7" in a cell means that cell is part of a region that contains seven cells in total. There is only one number in each region.

| | | | | | | | | | |
|---|----|----|--|---|--|----|---|---|---|
| | | | | | | | | | |
| 2 | | | | | | | | | |
| | | | | | | 20 | | | |
| | | | | | | | | | |
| 3 | 20 | | | | | | | 5 | |
| | | 10 | | | | | 5 | | |
| 2 | 2 | | | 4 | | | | | |
| | | | | | | | | | 2 |
| 4 | | | | | | | 8 | 4 | |
| | 2 | | | 5 | | | | | 2 |

Word Fit

How to play Can you fit all the words into the grid to complete the puzzle? Some words may initially fit in more than one place, but there is only one way to fit all the words together to complete the grid.



4 letters
Numb
Roar
Scar
Task

5 letters
Along
Amour
Bangs
Fudge
Laces
Lions
Mimed
Needs
Orcas
Soils
Sprat
Suite
Swish

6 letters
Eerily
Sambas
Skiing
Spring
Unwell

7 letters
Glasses
Hopeful

Word Square

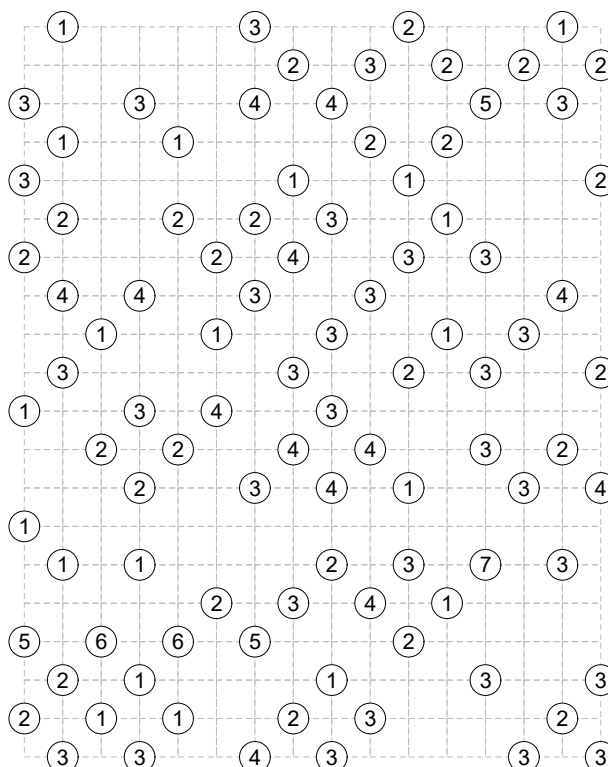
How to play Simply answer the clues alongside the grid, writing the answers in the respective rows. The solution must read the same horizontally in each row as it does vertically in each column.

| | | | |
|--|--|--|--|
| | | | |
| | | | |
| | | | |
| | | | |

Pierce with a horn
Opposite of shut
Long grass
Ceases

Bridges

How to play Connect every island (represented by circles) into a single interconnected group. To do this draw bridges between islands. The number in each circle states how many bridges must be connected to that island. Bridges cannot cross each other, can only be drawn horizontally or vertically, and there can be a maximum of two bridges between any pair of islands.



Word Search

How to play The classic word-search puzzle: find all the words in the grid. Words may be hidden horizontally, vertically or diagonally and in either a forwards or backwards direction.

| | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| N | R | E | B | M | U | L | P | T | L | A | C | T | O | R |
| J | F | O | Y | T | T | N | A | T | N | U | O | C | C | A |
| P | D | Q | Y | S | V | R | B | K | D | R | E | A | O | R |
| R | E | N | G | I | S | E | D | B | E | W | H | G | N | E |
| E | C | R | X | L | O | T | D | N | H | H | B | M | S | K |
| T | O | K | D | A | Z | H | D | A | B | U | H | P | U | A |
| N | R | L | G | N | E | G | P | I | T | C | U | A | L | B |
| E | A | J | H | R | E | I | M | C | R | H | Q | X | T | K |
| P | T | F | M | U | L | F | H | I | O | E | Y | G | A | X |
| R | O | T | C | O | D | E | U | R | N | F | C | A | N | O |
| A | R | N | T | J | R | R | L | T | I | I | M | T | T | O |
| C | F | Y | W | P | X | I | P | C | D | Q | S | D | O | S |
| E | X | T | B | G | E | F | L | E | D | O | M | T | G | R |
| B | A | N | K | E | R | V | R | L | H | K | B | A | E | H |
| O | O | W | T | S | I | T | N | E | D | B | N | H | O | R |

ACCOUNTANT
ACTOR
BAKER
BANKER
BUTCHER
CARPENTER
CHEF
CONSULTANT
DECORATOR
DENTIST

DIRECTOR
DOCTOR
ELECTRICIAN
FIREFIGHTER
JOURNALIST
MINISTER
MODEL
PILOT
PLUMBER
WEB DESIGNER

Solutions: page 67

Calcudoku

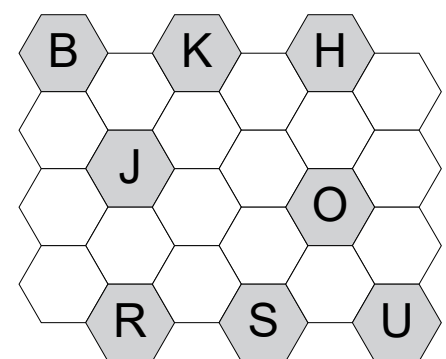
How to play Place the numbers 1-6 once in each row and column, obeying sums in bold-lined regions. The number in each region indicates the total for the region, and the symbol shows which type of operation should be applied to the numbers: addition, subtraction, division or multiplication. Numbers may repeat within bold-lined regions. With subtraction always take the lower numbers away from the highest number in a region, and with division divide the highest number by the lower numbers.

| | | | | | |
|----|-----|----|-----|-----|----|
| 8+ | 13+ | 2÷ | | 24x | 6+ |
| | | 2÷ | 5+ | | |
| 3+ | | | | | 9+ |
| | 11+ | | 10x | 10+ | |
| 2÷ | | | | | |
| 5+ | | 8+ | | 3÷ | |

Hexalex

How to play Place each of the letters below once into the empty hexagons, crossing them off as you do so. Enter the letters in such a way that it is possible to find all the words listed alongside the grid by moving from hexagon to adjacent hexagon to spell out each word.

A C D E F G I L M N P T V X Y Z



AYE
BLEARY
COMING
COX
CUD
FLEA
JAY
KNIGHT
OPT
PODS
VARY
ZIP



The then Duke and Duchess of Cambridge, with their children Charlotte and George, at Cardiff Castle in June this year
SAMIR HUSSEIN/WIREIMAGE

MONARCHY

William is now a king in training as role expands

Politics and the constitution will be focus, writes **Serina Sandhu**

Now the Queen is finally laid to rest and the ceremony that has consumed the Royal Family since her death begins to fade, his new role as Prince of Wales and heir to the throne will finally begin to dawn on William. Not only will he have new duties and responsibilities linked to his title, William will play a greater role in supporting King Charles and preparing for his own reign, which will come far sooner than it did for his father.

KING-IN-WAITING

Charles's accession to the throne has elevated William to first in line. Unlike his father, who was the longest-serving heir apparent in British history, clocking up 70 years, 40-year-old William will have far less time to prepare for the crown. Following his father's footsteps, William may find himself engaging in practice runs for when he hosts prime ministers each week.

It comes after former prime minister David Cameron disclosed, while he was in office, that he held audiences with Charles "because he wanted to start thinking about how to conduct those audiences".

Heather Jones, a history professor at University College London, told *i* that she expected William would also be instructed in the importance of the "red box" and

the State Opening of Parliament "if he hasn't already been".

Red boxes, full of government papers and briefings, are part of a monarch's daily life. The Queen was exceptionally diligent about inspecting their contents during her reign.

Professor Jones said William had "extensive experience already of the international element of the royal role", including diplomacy, foreign tours and state banquets, adding: "So I would expect it would be [learning about] domestic politics and the constitutional side of things that will now be the focus for him."

SENIOR ROYAL

He was already a senior and full-time member of the Royal Family but William's public duties, and those of the Princess of Wales, will now increase – and not just because of his proximity to the throne. His father's advancing age will mean he requires more support with overseas tours and domestic occasions, just as the Queen did.

At 73, Charles is a far older monarch than Elizabeth was when she took to the throne at 25. With William and Catherine "we might see both more joint working and a degree of taking on duties to lighten the King's and Queen Consort's loads", said Dr Bob Morris, of

University College London's Constitution Unit.

"There could be a higher degree of burden-sharing, particularly over foreign travel and the more arduous Commonwealth visits. The Queen herself ceased to travel abroad in her eighties and, as Charles and Camilla age, it is that kind of closer support that we could expect to see."

The scale of William's public engagements will ramp up to more closely shadow the number his father carried out as heir to the throne. In 2021, Charles carried out 385 public engagements while William did 235. However, William has a young family, which will limit the amount of time he is prepared to be away from home.

PRINCE OF WALES

William is already setting the foundations for building his relationship with Wales, speaking of his "affection" for the nation and reminding people that his first family home was in Anglesey. The fact that Charles, the former Prince of Wales, was both booed and cheered as he arrived at Cardiff Castle on Friday will act as a reminder that the role, which some Welsh people see as an

imposition from England, requires care and skill.

Since it was announced that William would become Prince of Wales, more than 28,000 people have signed a petition calling for the title to be scrapped because it is an "insult to Wales and... a symbol of historical oppression".

A less contentious investiture ceremony than his father's will be a priority. Back in 1969, Charles spent nine weeks learning Welsh at the University of Wales in Aberystwyth ahead of his investiture at Caernarfon Castle on 1 July.

Such was the discontent that Welsh paramilitary group Mudiad Amddiffyn Cymru (MAC) organised a bomb plot. On the eve of the investiture, a device exploded unexpectedly and killed two MAC members.

The Welsh politician Lord Dafydd Elis-Thomas told ITV News that he said to Charles he thought there should never again be an investiture at Caernarfon Castle. He said that Charles replied: "Do you think I want to put William through what I went through?"

DUKE OF CORNWALL

William has inherited the title of Duke of Cornwall following his father's accession to the throne, leaving him with the responsibilities tied to running the Duchy of Cornwall. Taking over the management of the 700-year-old landed estate, which includes buildings and financial investments, will give the new Prince of Wales an income of £23m a year to cover the costs of his public and private life.

In a sign of how seriously William takes being the 25th Duke of Cornwall, last Wednesday he held a meeting via video link with the Duchy's finance committee despite still mourning the loss of his grandmother.

Analysis

Questions remain over Harry's role in Royal Family

Dean Kirby



The Duke and Duchess of Sussex will fly back to the US after the Queen's funeral with their future role in the Royal Family no more certain.

There have been signs of reconciliation between Prince Harry and Prince William, as they viewed floral tributes outside Windsor last week and as they walked side by side behind the Queen's coffin.

Prince Harry also showed he retains much public support amid the row over whether he would be able to wear his military uniform at events ahead of the Westminster Abbey service. He was granted permission, only to find that the Queen's "ER" initials were removed from the shoulder of his Blues and Royals tunic before he wore it to stand vigil around the coffin on Saturday.

The late monarch's initials appeared on the shoulders of the Prince of Wales's and the disgraced Duke of York's uniforms that night, with *The Sunday Times* reporting that Harry was "devastated" by the change and even considered wearing a morning suit instead to avoid humiliation.

"To remove his grandmother's initials feels very intentional," a source told the paper. It was the first time Harry had worn the uniform since he stepped down as a senior royal and was stripped of his honorary titles in 2020.

There are now fears that rather than the rift between Harry and the rest of the Royal Family being healed over the past 10 days, his treatment may have made the problem worse.

The Sussexs will now fly back to the US where it is understood their children Archie and Lilibet have remained. King Charles is not expected to reveal the children's new titles until after the official mourning period ends on 26 September.

There has been speculation they will be named as a prince and princess but will not receive HRH titles, as Harry is no longer a working royal.

Much about Prince Harry's future could depend on the publication of his memoir, which has reportedly been delayed following the Queen's death.

One suggestion is that the King is "seriously considering" allowing the couple to become part-time royals.

But, for that to happen, some royal watchers insist, the book and its £17m price tag might have to disappear.

£23m

income of the new Prince of Wales to cover the costs of his public and private life

ECONOMY

Chancellor told that mini-Budget must help poorest 'with bells on'

By Jane Merrick
POLICY EDITOR

The mini-Budget this week needs to show that the Government is on the side of ordinary people "with bells on", a senior Tory said last night.

Liz Truss and Kwasi Kwarteng are preparing to unveil a fiscal package on Friday designed to stimulate economic growth, including a controversial measure to remove the cap on bankers' bonuses.

The Chancellor is also considering further tax cuts over and above Ms Truss' leadership campaign pledges to reverse the national insurance rise and freeze corporation tax, although

these may only be trailed on Friday and announced in a full Budget later this year.

But a number of Conservative MPs are concerned that the mini-Budget will not do enough to support those on lower incomes, as a balance to the help for highly-paid bankers. Some Tories are concerned that lifting the bonus cap will send the wrong message to voters, particularly in the cherished Red Wall seats they need to keep at the next election.

A minister told *i* it was "very important" that the mini-Budget prioritised tax cuts for those on low and middle incomes. Asked whether the Prime Minister and Chancellor

needed to show that the Government is on the side of working people, the minister said: "Yes, with bells on."

Analysis by the Institute for Fiscal Studies has found that the poorest households in the country will be disproportionately less helped by Ms Truss' flagship campaign pledge to reverse the 1.25 percentage point national insurance rise announced by Rishi Sunak as chancellor earlier this year.

The poorest three million households in Britain may only benefit by 63p a month from the national insurance cut, while the richest will gain an extra £150, the IFS analysis found.

Mr Kwarteng will use the mini-Budget to formally implement Ms Truss' campaign tax pledges, and could even fast-track the national insurance cut to November.

Ms Truss's policy pledge to give parents who take a step back from work to care for elderly loved ones a new tax break could be announced in the full Budget, expected in November, *The Daily Telegraph* reported.

Work on the mini-Budget has been held up by the Queen's state funeral, and no final decisions have been made. But Mr Kwarteng is expected to put the finishing touches to his first fiscal statement as Chancellor today, now that the national mourning period is over.

i One tax plan under consideration is to bring forward the 1p cut to income tax, announced by Mr Sunak for March 2024, to boost economic growth.

POLITICS

PM plans busy week to implement agenda

By Arj Singh
DEPUTY POLITICAL EDITOR

Any plans Liz Truss had to begin her premiership with a bang had to be put on hold following the death of the Queen.

But from today the Prime Minister is going to make up for lost time at breakneck speed. Here is how Ms Truss plans to pack two weeks' worth of politics into four days:

TODAY

Ms Truss will be in New York, attending the United Nations General Assembly.

She will promise that the UK will next year meet or exceed the amount of military aid spent on Ukraine in 2022 and tell world leaders they must put an end to Vladimir Putin's "economic blackmail" by removing energy dependence on Russia.

Bilateral meetings are also planned with the French President, Emmanuel Macron, and the leaders of Japan, Israel and Lithuania.

TOMORROW

The second big moment on the energy crisis for Ms Truss's administration will come as the Business and Energy Secretary, Jacob Rees-Mogg, a controversial choice, announces the Government's plans to support companies struggling to pay astronomical bills through the winter.

Details of the package come after the energy price guarantee freeze on household bills was well received.

If the business package comes up short and warnings of mass closures

remain, it could signal trouble for the Government.

At the same time, Ms Truss will have a bilateral meeting with Joe Biden on the margins of the General Assembly, with the US President concerned about her plans to pass laws that could rip up the post-Brexit deal on Northern Ireland.

She will also meet the European Commission President, Ursula von der Leyen, and the leaders of Mauritius, Finland, Spain and Turkey.

THURSDAY

The Health Secretary, Thérèse Coffey, will unveil her plan to get the NHS, beset by backlogs and a lack of capacity, through what could be a winter crisis.

She is likely to use a speech to the Commons to expand on her plan for the health service to focus on ambulances, the backlog, care, doctors and dentists.

Reports suggest Ms Coffey (*inset*) could scrap the four-hour A&E waiting time target – a move that would prove highly contentious.

There will also be fresh questions over Ms Truss's leadership campaign promise to divert billions of pounds from the NHS to social care, and how Ms Coffey plans to bring down the backlogs as a result.

FRIDAY

The week will reach a crescendo with the Chancellor Kwasi Kwarteng's fiscal statement – downgraded from an emergency Budget during the leadership campaign – which will make Ms Truss's plans for around £30bn-worth of tax cuts a reality.



Analysis

Fortnight ahead will forge political fortunes

Hugo Gye
POLITICAL EDITOR



Few doubt that it was the correct decision to put politics on hold during the period of national mourning which followed the Queen's death.

But there is no denying that the timing was awkward. Liz Truss had been Prime Minister for barely 48 hours when she had to put the handbrake on her plans for Government – in a period of national economic crisis.

Westminster had already been

in a state of suspended animation for weeks, because of the Conservative leadership election. Time is running short for the Tories to deliver on the promises they made to voters in 2019.

That is why Ms Truss plans to hit the ground running, with a flurry of major announcements designed to win over voters.

She wants to show that she is serious about transforming the country and turbocharging economic growth, including by taking advantage of the freedoms available thanks to Brexit – in what will be an implicit rebuke to Boris Johnson's failure to execute his own plans.

Meanwhile, Sir Keir Starmer is equally keen to get back to full-blown politics, because he sees a chance for Labour to define – and damn – Ms Truss in the eyes of the public.

Next week, when he takes the spotlight at his party conference, he will argue that after Mr Johnson's ideological flexibility the new Prime Minister represents a return to the "same old Tories", with tax breaks for the rich as the poorest suffer.

Sir Keir will also seek to convince voters that his own party's transformation is complete, not least by opening the conference with a tribute to the late Queen and a rendition of "God Save the King".

After 10 days where politics faded from the headlines, the next two weeks could be crucial in deciding the next general election.





Ms Truss and her husband, Hugh O'Leary, observe the minute's silence in memory of the Queen at Downing Street on Sunday evening
JACOB KING/PA

DIPLOMACY

Truss to meet Macron and Biden as she travels to UN

By Richard Vaughan

CHIEF POLITICAL CORRESPONDENT
IN NEW YORK

Western allies must help end Vladimir Putin's "economic blackmail" by cutting their dependence on Russian energy, Liz Truss will insist as she kicks off a diplomatic blitz in the US this week.

The Prime Minister arrived in New York last night for the annual United Nations General Assembly, where she will meet world leaders including US President Joe Biden and France's Emmanuel Macron.

Ms Truss will seek to use her first overseas trip as Prime Minister to press her counterparts not to backslide in their support for Ukraine. In a statement, the Prime Minister said: "By turning off the taps of Nord Stream gas pipeline, Putin has consigned millions of people in Europe to a colder and more difficult winter.

"Too many lives are being manipulated by a dependence on Russian energy. We need to work together to end this."

Ms Truss's own proposals to lift the ban on fracking in a bid to provide the UK with greater energy security were criticised yesterday by her most senior climate change adviser Lord Deben.

The Tory peer insisted it was necessary that the Government "look at the facts" when it came to shale gas extraction and its environmental im-

pacts. Ms Truss is expected to face a difficult first meeting with French President Emmanuel Macron, of whom she was unable to state whether he was a "friend or foe".

The issue of the Northern Ireland Protocol is expected to be among the main topics to be discussed in their bilateral talks later today, and tomorrow when she meets European Commission President Ursula von der Leyen.

The Prime Minister's spokesman said Ms Truss wanted to build a "constructive relationship with President Macron, and we have a long standing ally in France".

He added: "We do want to achieve a negotiated solution, that is our focus.

"But we are, in parallel, progressing with the [Northern Ireland Protocol] Bill because the UK's position remains that the status quo is damaging the Good Friday Agreement and we need to come up with a resolution."

The matter is also expected to be raised when Ms Truss meets President Biden for the first time as UK leader tomorrow.

i Ms Truss will also use her time in New York to **meet US businesses**, and is expected to host a round table with more than a dozen investors as she seeks to tout post-Brexit Britain.

News in brief

ECONOMY

Innovation 'should be UK's priority'

Cutting corporation tax does not lead to better investment and faster economic growth and the Government should focus on boosting innovation and productivity, a report has warned.

The UK had the lowest rate of investment of any G7 economy in 2019 after corporation tax was reduced to 19 per cent.

Research by the Institute for Public Policy Research (IPPR) found the UK fell behind Italy and Canada to have the lowest private sector investment after corporation tax was initially cut in 2017.

ECONOMY

Roll-out of one-off disability payment

Around six million disabled people will receive a one-off £150 cost of living payment from today.

Those who already receive a qualifying disability benefit will be paid automatically, with most expected to get it by the start of October, the Government has said.

People who may be eligible include recipients of the disability living allowance, personal independence payment, attendance allowance, some Scottish disability benefits, armed forces independence payment, constant attendance allowance, or the war pension mobility supplement.



ECONOMY

Pound sinks lower as dollar flourishes

The pound continued to weaken yesterday despite the fact that most financial institutions were closed for the state funeral.

Sterling dropped to \$1.1386 and within sight of last week's 37-year lows as the US dollar strengthened. The dollar gained against other major currencies ahead of international central bank meetings this week led by the US Federal Reserve, which is likely to deliver another hefty interest rate rise.

Most of the banks meeting this week are expected to raise rates, with markets split on whether the Bank of England will go by 50 or 75 basis points.

POLITICS

PM's aide 'not trying to avoid FBI inquiry'

By Chloe Chaplain

The decision of Liz Truss's chief of staff not to travel with her to New York is not connected to an FBI inquiry but to enable him to work on cost of living plans, sources said.

Mark Fullbrook, a senior adviser to the Prime Minister, has denied being investigated over an alleged plot to influence an election in Puerto Rico.

He has been interviewed by the FBI over the alleged election bribes but has hit back at suggestions he was ever a suspect, saying he was a witness.

Ms Truss travelled to New York yesterday to attend the meeting of the UN General Assembly but Mr Fullbrook remained in London.

Analysis

Diplomatic meetings were tricky balancing act for Truss

Arj Singh

DEPUTY POLITICAL EDITOR



The Queen's funeral is a sombre moment for nations across the globe as well as here in the UK. But with hundreds of heads of state, prime ministers and presidents, members of European royal families and key figures from public life all gathering to pay their respects, it is also one of the diplomatic events of the century.

Almost every country that the UK has diplomatic relations with has been invited, with just Russia and Belarus snubbed due

to the invasion of Ukraine, as well as Taliban-ruled Afghanistan, Myanmar's military junta and Syria's dictator Bashar Assad.

A Buckingham Palace reception hosted by King Charles on Sunday welcomed around 500 global figures and their partners – a truly historic gathering of the world's leaders that will have given Liz Truss and the new monarch an opportunity for face time with key dignitaries.

But it will also have been a tricky balancing act for a new Prime Minister.

Ms Truss's experience as foreign secretary would no doubt have come in handy.

But she will perhaps have been treading more carefully

in talking to counterparts from across the world.

This has been emphasised by No 10, who said bilateral meetings with the leaders of Ireland, Canada and Poland in Downing Street were an opportunity for world leaders to offer their condolences over the Queen's death, while acknowledging politics was likely to come up.

Irish PM Micheál Martin highlighted the tone of his meeting with Ms Truss, which took place amid a backdrop of post-Brexit tensions over Northern Ireland, by insisting afterwards "I don't think this is the time" to get into the row over the controversial Protocol.

The decision to delay Ms Truss's crucial key first meeting with Joe Biden until after the funeral also suggests the Prime Minister wants those talks to be freer than the ones she has been having over the weekend.

SOCIETY

Leicester mayor 'baffled' by disorder as 15 are arrested

By Eleanor Barlow and Meg Hill

Fifteen people were arrested during a policing operation in east Leicester "to deter further disorder".

The arrests on Sunday night followed a series of disturbances at an unplanned protest on Saturday night and Sunday morning, when two people were arrested.

In a statement, Leicestershire Police said: "Officers became aware of groups of young men gathering on

Sunday afternoon in the North Evington area of the city.

"Officers spoke to them and took steps, including putting in place a temporary police cordon, to minimise harm and disturbance to communities."

Leicester mayor Sir Peter Soulsby said he was "baffled" by the disturbances in the city as it was normally "very

peaceful" with good relations between different communities.

Sir Peter (*inset*) said the trouble had been fuelled by some "very distorted social media stuff" as well as people coming from outside to "have a bit of a set-to" in Leicester.

Speaking on BBC Radio 4's *Today* programme, he praised the response of the police

and said he was confident there would be no repeat of the events on Saturday.

"I have talked to a lot of community leaders and they are doing what they can to bring Leicester to normal, because in Leicester normal is very good relations between people of different faiths.

"We are all very confident Leicester is resilient enough to be able to return to normal relations very soon," he added.

Temporary chief constable Rob Nixon had called for calm on Saturday night. "Two arrests were made – one man on suspicion of conspiracy to commit violent disorder and one man on suspicion of possession of a bladed article. They remain in police custody," he said.

Additional officers have been on patrol in the area in recent weeks after a number of incidents of disorder following an India-Pakistan Asia Cup cricket match.



HEALTH

HRT shortage 'not taken seriously'

By Paul Gallagher

HEALTH CORRESPONDENT

The Government has been accused of "not taking the menopause seriously" as supply problems continue and no plan to replace its HRT (hormone replacement therapy) tsar.

Madelaine McTernan has returned to her role working full time as the director general of the Vaccine Taskforce overseeing the autumn Covid booster campaign. She presented several key recommendations to help ensure continued HRT supply to meet rising demand, but charities and women's health experts have said problems persist.

Ms McTernan called for improved access to data on prescriptions to see more easily where there are shortfalls between HRT packs prescribed and HRT packs supplied by manufacturers. She also said that taking lessons from the HRT supply chain work "will inform broader medicine supply work".

Carolyn Harris, Labour MP for Swansea who has been campaigning on HRT shortages for at least a year and whose Private Members' Bill last year led to the formation of the Menopause Task Force, described the barriers to HRT access as "unacceptable".

She met DSHC officials earlier this month to discuss improving women's access to HRT products. The DHSC said action will be taken to make supplies of HRT more resilient.



From left: Mariella Frostrup, Carolyn Harris MP, Penny Lancaster and Davina McCall with protesters outside Parliament
STEVE PARSONS/PA

36

Percentage of women who say they are struggling to obtain HRT, according to a recent poll

Dr Clare Spencer, one of the UK's leading menopause experts and co-founder of specialist online health service My Menopause Centre, said supply issues were still "a massive problem", with stocks of some products remaining low. Many women are still suffering sleepless nights because of a lack of HRT or turning to the black market to get supplies, she said.

A recent poll by menopause support group The Latte Lounge found that 36 per cent of women were still struggling to get hold of the treatments that work for them.

Dr Spencer said: "It seems like the Government is not taking the mil-

Supply problems

In April, pharmacy regulators instructed chemists to restrict sales of hormone replacement therapy gels containing the female sex hormone oestrogen.

The move allowed pharmacists to offer alternatives where available without the need to contact the patient's GP, but limited them to dispensing no more than three months' supply.

HRT patches were out of stock, while gels that had been on a shortage list began coming in more regularly to pharmacists but were still often unavailable.

lions of women experiencing menopause symptoms in the UK right now seriously, despite its repeated claims that women's health is a priority."

Health officials say that while the supply of HRT is improving, there is still "some way to go". They said the Government will continue to build on the improvements in the HRT supply position including through taking forward the HRT Supply Taskforce's recommendations.



The creation of a prepayment certificate will mean women can access HRT on a month-by-month basis.

NORTHERN IRELAND

Catholics to outnumber Protestants for first time

By Paul Gallagher

Catholics are expected to become the largest religious group in Northern Ireland for the first time since partition, when census findings are published this week.

The results are expected to lead to further calls for a debate over Irish unification which had already intensified this year after Sinn Féin won an election in Northern Ireland in May. They became the first Irish nationalist party to become the largest at Stormont.

The statistics from the 2021 census have been delayed until Thursday following the death of the Queen.

The data being released will include figures on ethnic group, national identity, language and religion.

The change has been widely predicted. The 2011 census, the findings of which were published the following year, showed that the Protestant population had declined to 48 per cent and the Catholic minority had risen to 45 per cent.

It also showed an ageing Protestant community too, with only those over 60 having a significant majority, while the number of Catholic schoolchildren was notably greater than their Protestant counterparts.

The 1991 census revealed 58 per cent of people were of the Protestant faith and 42 per cent were Catholic.

Gerry Carroll, MLA for West Belfast, acknowledged that the new census results would be "an important moment", but warned against thinking a debate over Irish unification would now "automatically" be won by nationalists.

45

Percentage of Catholics in Northern Ireland as recorded by the 2011 census

ENVIRONMENT

Using rest of fossil fuels 'would trigger catastrophe'

By Madeleine Cuff

ENVIRONMENT CORRESPONDENT

Burning all the world's remaining fossil fuels would release 3.5 trillion tonnes of greenhouse gas emissions into the atmosphere, according to a new database, triggering unstoppable, catastrophic climate change.

The remaining reserves of coal, gas and oil in the world to-

gether could emit more than all the emissions globally since the Industrial Revolution.

The Global Registry of Fossil Fuels was developed by Carbon Tracker and Global Energy Monitor. It contains data for over 50,000 fields in 89 countries, covering 75 per cent of global fossil fuel production.

Burning all the fuel in the database would blow through the world's

remaining carbon budget for 1.5°C seven times over, condemning the planet to runaway climate change, Carbon Tracker calculates.

The US and Russia alone each hold enough fossil fuel reserves to exhaust the remaining carbon budget for 1.5°C, even if all other countries ceased production immediately.

Mark Campanale, founder of Carbon Tracker, said the database will

help activists to scrutinise how rapidly governments and businesses are phasing out fossil fuel use, and to push back on new fossil fuel projects.

"The Global Registry will make governments and companies more accountable for their development of fossil fuels by enabling civil society to link production decisions with national climate policies," he said.

"Equally, it will enable banks and investors to more accurately assess the risk of particular assets becoming stranded."

Sticking to their principles

Activists hold a street protest against the Government's climate policy in Berlin yesterday. Activists glued themselves to the tarmac, which forced the closure of the Unter den Linden, where the Brandenburg Gate is located, to vehicle traffic. ABDULHAMID HOSBAS/ANADOLU/GETTY



News in brief

LIVERPOOL

Dockers to stage two-week walkout

Hundreds of dock workers are holding a two-week strike in a dispute over pay.

Members of Unite at the Port of Liverpool were due to walk out hours after the Queen's funeral.

The Peel Ports Group, which operates the port, said workers had rejected an offer of an 8.3 per cent pay rise, enhanced with a one-off payment of £750. Unite said it was a real-terms pay cut because of the soaring rate of inflation and argued that the port's owners could afford a higher increase.

David Huck, the port's chief operating officer, said: "I am deeply disappointed Unite has rejected our pay package."



HEALTH

Hope for kidney cancer patients as new treatment plan is devised

By Tom Bawden

SCIENCE CORRESPONDENT

A new treatment for kidney cancer could be available within a decade.

Scientists say combining radiotherapy and immunotherapy can produce results far better than the sum of their parts, with the potential to affect 2,600 people in the UK every year – and nearly 100,000 worldwide.

In some cases patients with early-stage kidney cancer may be cured, while others with advanced stages of disease who are not responsive to other treatments could have their lives significantly extended, they say.

Radiotherapy is rarely used for kidney cancer because it is much



less effective against that specific form of the disease than it is against other types of cancer. Many cancer patients also do not respond to immunotherapy.

During their research, scientists combined the two treatments for people who have a genetic mutation that allows cancer to spread more easily.

Early findings suggest that, for this group of patients, radiation treatment, or radiology, can greatly enhance the effectiveness of immunotherapy – which works by stimulating people's immune systems to fight cancer more effectively.

The addition of radiotherapy helps by boosting the immune systems of these patients – who do not

Treatment How it works

Scientists found that when functioning as it should, the PBRM1 gene is crucial in slowing down the spread of cancer by preventing cells with damaged DNA (like those of cancer) from dividing until the damage is repaired.

They found that mutations in the gene disrupt this process and allow the cells with damaged DNA to multiply more easily, helping the cancer to spread.

But by allowing the damaged DNA to multiply they trigger "inflammatory signals" that are thought to enhance the patient's immune response against cancer, providing an opportunity to boost the effectiveness of immunotherapy in patients with the mutation.

normally respond to immunotherapy – and enhancing their response to immunotherapy.

"Our findings are something that could really benefit a large group of people that don't have many options," said lead researcher, Professor Jessica Downs at the Institute of Cancer Research in London.

"Around 120,000 patients a year with the PBRM1 mutations are diagnosed with kidney cancer worldwide. And fewer than a quarter of those patients will respond well to immunotherapy," she said.

Dr Navita Somaiah (*inset*), a scientist at the ICR and clinical oncologist at The Royal Marsden NHS Foundation Trust, who also worked on the study, said: "These are very exciting preliminary laboratory data."

The study is published in the journal *Genes and Development*.

ENVIRONMENT

Urban trees at risk from climate change

Climate change is set to bring scorching temperatures and lengthy droughts to cities around the world, killing off the street trees that helped to regulate urban temperatures, research warns.

Scientists from the French National Centre for Scientific Research studied 129 species of trees and shrubs found in 164 cities around the world.

They found that up to half of them are struggling to survive without extra watering. This could rise to three-quarters of species.

Without urban trees cities such as London could see an increase in temperature of up to 5°C.

ENVIRONMENT

Campaigners claim 'tide of death' is polluting river

By Madeleine Cuff

ENVIRONMENT CORRESPONDENT

A London river has been hit by a pollution slick stretching at least two miles, which residents say has brought a "tide of death" to it.

Residents in Ealing, west London, noticed blooms of "sewage fungus" and floating brown scum appear in the River Brent over the weekend and claim that they have traced the source back to a Thames Water outfall a few miles upriver.

They fear the pollution, which is suspected to be food waste, has sucked all the oxygen out of the river. Eels were filmed gasping for oxygen from a trickle of clean water from the outfall yesterday.

Ben Morris, the founder of campaign group CURB – CleanUptheRiverBrent, said the river was coated with a "greasy film".

He said: "Everything looks like latte coffee has been tipped on it. This is a tide of death going down this much-loved river."

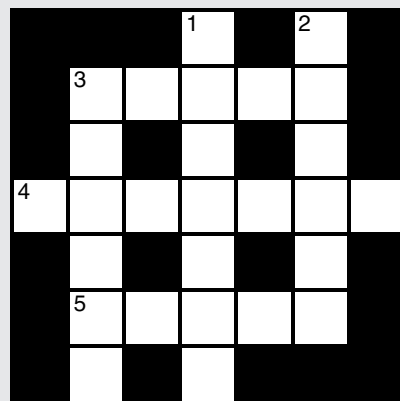


Scum was noticed on the River Brent in west London at the weekend

Thames Water said that it was aware of the slick and was investigating, but said the pollution was due to a "third party discharge" rather than waste from one of its sewage plants.

The Environment Agency did not respond to a request for comment.

The Five-Clue Cryptic Crossword No 3689



Across

- 3 Destroy with a tennis shot (5)
4/5 Scary handcar out of control in large shop (4,3,5)

Down

- 1 Rings used to be the girl's (7)
2 Drink used to make shy? (6)
3 Grab tin at church (6)

Solution, page 67

Opinion

The Opinion Matrix

COMMENT FROM HOME AND ABROAD

LIZ TRUSS



PM's policies will cause great division

The Guardian

When politics resumes the biggest story will be about a government so unconcerned by huge gaps that divide people that it is going to widen them even further. Millions will know they are dealing with the return of the credo that ensured they were left behind in the first place. (John Harris)

The Sun

This will be no "Continuity BoJo" regime. Liz Truss is promising to sweep away more than a decade of Tory dither on public sector decline, woke policing, illegal immigration, NHS failures and classroom chaos. (Trevor Kavanagh)

NATIONAL MOURNING



Losing the Queen has brought unity

The Independent

Looking at the images of the queue, the pull of emotion is easy to see. The sense of unity that many have felt will be needed as the broader issues the country faces come back into focus. (Editorial)

The Telegraph

These remarkable past 11 days have helped underpin national unity and acted as a showcase for many of the institutions and virtues that the Queen personified. Great credit must go to those who have worked so hard behind the scenes to ensure such an important event in our history has been marked so impeccably. (Editorial)

COST OF LIVING CRISIS



Pressures create instability

Los Angeles Times

Europe is under greater pressure than at any time since the Second World War. As working people see their living standards eroded while elites benefit from lower taxes, their anger is likely to rise. Economic crises and growing inequality undermine social cohesion, with lasting consequences. (Ian Goldin)

The Herald

Polling shows that 15 per cent of those in Scotland who ran out of money before payday had gone without internet access. While hikes to other prices create headlines, this remains a troubling issue. (Gillian Fyfe)

WRONG TO CLOSE NHS



The health service was a mess already

Daily Express

Staff shortages have blighted the NHS for years, with workers bearing the brunt of wage cuts and dire working conditions. To suggest a day of mourning is to blame for longer waiting lists insults our intelligence and deflects from the bigger issues. (Linda Nolan)

The Yorkshire Post

What could be the justification for cancelling cancer treatments, when NHS waiting lists have already hit a record high? The funeral of Her Majesty, of course. I doubt she would have wanted anyone to be put in danger at the expense of her funeral. (Jayne Dowle)

CLIMATE EMERGENCY



Hunger and poverty are at crisis levels

The Irish Times

Climate change, war and soaring prices are causing a hunger crisis as serious as any in our lifetimes. From Mozambique to Ireland, children are going to bed hungry, not knowing where their next meal will come from. (Graça Machel and Mary Robinson)

Washington Post

Pakistan is suffering climate displacement at a level that has never been seen before. Children and women are facing hunger, drowning, disease and deprivation at a greater disparity. Climate catastrophe will continue to affect the Global South. (Arzina Lakhani)

KING CHARLES



He must use his influence wisely

Daily Mail

When King Charles comes to be crowned, I hope he will promise, as his mother did, to "restore the things that are gone to decay" and "maintain the things that are restored". As we have become less Christian and less monarchist, we have become less free. (Peter Hitchens)

The Times

The King will wield real influence if he wishes to. His voice will matter. He needs to use it judiciously. It is reasonable to say all expressions of faith should be treated equally; but it is wise to encourage the idea Britain is a "community of communities"? (Trevor Phillips)

Quote of the day



It was a way of being popular when I wasn't the most friend-forming child

Adam Kay

The author of 'This Is Going to Hurt' on using comedy as a coping mechanism

Life In Brief

JAVIER MARÍAS WRITER AND TRANSLATOR

Javier Marías, Spain's most prestigious novelist of the past half century, died last week at the age of 70 after suffering a lung infection.

Marías was the author of 15 novels, translations and collections of his weekly newspaper columns. His best-known novels include *Corazón tan blanco* (Heart So White) and *Todas las almas* (All Souls). Many of his works have been translated into English and other languages, and have sold nine million copies worldwide.

There were constant themes in his books – memory, old age, the danger of secrets and betrayal – and the latter may have been inspired by his father's experience in the Spanish Civil War, when he was betrayed by his best friend – experiences which were fictionalised in Marías's spy trilogy, *Tu rostro mañana* (Your Face Tomorrow).

Marías, an Anglophile, loved

Shakespeare, and several of his books – including *Mañana en la batalla piensa en mí* (Tomorrow in the Battle Think of Me), *Negra espalda del tiempo* (Dark Back of Time) and *Así empieza lo malo* (Thus Bad Begins) – take their titles from his plays, and are filled with references to them.

Marías was also a notable translator, saying that translation was the ideal apprenticeship for a writer.

He translated, among many other authors, Thomas Hardy, Robert Louis Stevenson and Isak Dinesen. His version of Laurence Sterne's *Tristram Shandy* won a national Spanish translation prize in 1979.

Marías was born in Chamberí, Madrid. His father, Julián, was a philosopher and his mother, Dolores Franco Manera, was a teacher, writer and translator. Javier was the youngest of five sons.

Julián Marías was imprisoned by

General Franco's Nationalists and after his release could not return to his university teaching post because he had refused to take an oath of allegiance to Franco.

Javier Marías was educated at the secular Colegio Estudio in Madrid, then studied English literature at the Complutense University in the city.

He never used a computer to write his books and journalism, instead using an electric typewriter.

His weekly column for the *El País* was often criticised, but he had a dislike of hypocrisy.

Marías was elected to Spain's Royal Academy, the nation's highest literary and linguistic authority, in 2006.

The winner of several international fiction prizes, he was professor of Spanish literature and translation at Oxford University and at Wellesley College in Massachusetts in the 1980s.



The Spanish Prime Minister, Pedro Sanchez, tweeted: "A sad day for Spanish literature."

"Marías, one of the greatest writers of our age, has left us. His immense and talented body of work will be fundamental for Spanish literature."

He is survived by Carme López Mercader, his long-term partner whom he married in 2018, and by three of his brothers.

Born 20 September, 1951
Died 11 September, 2022
Veronica Lee

My View

Mark Wallace



Time for Truss to deliver

New PM is, necessarily, behind schedule – but voters want action now

Now, after 10 remarkable days, life must go back to normal. For Liz Truss, that means the challenging task of picking up where she left off, which was only a few days into her new government, having taken up the mantle of Prime Minister amid economic and political conditions that were already far from ideal.

In the last few weeks of that lengthy contest against Rishi Sunak, Team Truss spent a fair bit of time thinking through how they would hit the ground running if their candidate prevailed.

A new leader only gets a brief period in which to communicate what they are about before voters make up their minds about them. A Prime Minister's authority and power over their MPs to get things done is often strongest on the first day of their term. And there are only two and a bit years available – at most – before the latest possible date for the next General Election.

Numerous issues were effectively stamped “for the attention of the next government” in July and August. It would have been inappropriate for Boris Johnson's final interim Cabinet to start pre-empting the decisions of their successors without sufficient authority, and instead the country was left to wait amid mounting frustration.

So the new occupant of No 10 would have wanted to get cracking. Policy changes take time to make a difference in the real world – and legislative changes take even longer. There was no time to lose.

Except, of course, time necessarily has been lost. The day we had all feared eventually came, and so the normal workings of politics had to be put on hold.

As far as I am aware, there has never been a reshuffle paused for such a long period. While the new Cabinet was appointed before the Queen died, many of the Government's middle and junior roles remain unfilled, with appointments expected to resume this week.

Incidentally, it's also worth noting that the one thing on which all former prime ministers agree is the value of having the experienced counsel of the Queen available to guide and reassure them in their weekly audiences at the Palace.

While the King has served a long apprenticeship for the role, I still rather feel for Truss in not having



Liz Truss appointed her new Cabinet before the Queen died, but many middle and junior roles remain unfilled REUTERS

that resource available to her. The clock ticks on, nonetheless. If time was tight a fortnight ago, it is all the more so now.

First the reshuffle must be completed, so that the Government

is at last up to full strength. I also suspect we may see, if not a re-announcement, then at least a vocal reminder of the energy bills plan. This was, after all, one of the biggest financial interventions ever

made by a British government, and it is targeted at addressing an imminent threat facing practically every household in the country.

Having been dragged over the coals all summer over the issue by

All former PMs agree on the value of the Queen's counsel to guide and reassure them

Labour, borne the pain of asking voters to wait until the end of the leadership race to hear the plan, and then committed such vast amounts of cash and debt to their solution, I doubt the Government will want the measures to be overlooked or forgotten.

Through no fault of their own, what was going to be the biggest policy of the year was sidelined by one of the biggest national news events imaginable.

Reminding everyone of the plan won't have the full effect of an initial uninterrupted announcement, but it's better than nothing.

Then the Chancellor will take centre stage, with an emergency Budget and an accompanying plan for what's been termed “Big Bang 2” – financial regulatory reform intended to boost growth. This was lightly trailed a fortnight ago, when leaks about a possible lifting of the limits on bonuses gained a bit of attention, but I expect the really big story will be other, much more consequential measures targeted at unleashing a wave of private investment in key industries and infrastructure projects.

After that, there must also be an exercise in scraping barnacles off the hull of the Government's legislative agenda. Various of these newly appointed ministers' first tasks will be to scale back or ditch legislation that their departments had been working on.

If a Bill is bogged down, at odds with the new Prime Minister's values, or irrelevant to her driving focus on economic growth, then it is probably better to ditch it now than have it consume precious energy and clutter the news agenda.

Truss must brook no distractions – she simply cannot afford to lose any more time.

Mark Wallace is the chief executive of 'ConservativeHome', a political news site that is independent from the Conservative Party

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Your View

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Must we see nature's worst?

At last, Jessie Hewitson (**i**weekend, 17-18 September) has brilliantly said what I have felt increasingly about the so-called nature documentary *Frozen Planet* and many others. The cruelty and torture of seeing nature at its worst is nothing short of horror.

The images are

haunting. I stopped watching these programmes a long time ago. Why can't they just tell viewers what will happen next? We know nature is cruel but why does the BBC glorify it in great detail? Horrible! **HANNAH O'BRIEN**
KIRKINTILLOCH, EAST DUNBARTONSHIRE

Having read Jessie Hewitson's piece I wonder if she is living

on planet Disney. Surely parents are capable of monitoring what their children watch, and don't.

Daily, we see all the human misery in the world on our screens. David Attenborough tells it like it is, the good, the bad and the ugly. Spare me the Bambi mentality! **HELEN FRY**
BRADFORD-ON-AVON, WILTSHIRE

Surely the most

upsetting thing about the *Frozen Planet* series is the repeated message that so many creatures face extinction if we do not take action to reverse the effects of global warming. **MIKE STROUD**
SKETTY, SWANSEA

Let's have a date to celebrate

Perhaps a more suitable date for a proposed public holiday to celebrate the life of the Queen would be 6 February as it is the date she acceded to the throne. Much better than remembering the date of her death.

HENRY J CASSON
TARLETON, LANCASHIRE

With nowhere open on the day of the funeral, there is not a lot to do. I don't like funerals so I am trying to avoid it.

I normally like to listen to the BBC World Service in the morning, but all the usual programmes are clobbered with funeral stuff. The material is stretched terribly thin. Is there any point to this blanket coverage?

GLYN ADGIE
MOSELEY, BIRMINGHAM

Trying to say the right thing

I expect that we all will now be aspiring to speak the King's English!

SARAH GALL
STANDISH, WIGAN

Suitable heirs and graces

Thank heavens for Ian Dunt's common sense (**i**, 19 September). BBC Radio 4 has been dominated by endless reflections on, and memories of, the Queen. The other day I heard someone talking about the way the monarchy had contributed – and would continue to contribute – to our sense of "ethical values".

Like Ian, I thought: if Andrew were King, how



As fans of Eighties' film franchise 'Back to the Future' know, you can't alter one event in history in isolation

would that contribute to our ethical values? **DUDLEY JONES**
WOODLEY, READING

If Ian Dunt had paid attention to *Dr Who* or *Back to the Future* he would understand that you can't alter one event in history in isolation. If Prince Andrew had been the heir his associates would have been completely different. **PAUL ROSSI**
BURY ST EDMUNDS, SUFFOLK

With reference to Ian Dunt's article, if we had the Witan appointing a monarch as they used to do, then had Prince Andrew been born first he would have been rejected as unsuitable.

The law of primogeniture is a nonsense. An appointed monarch can also be dismissed if necessary, which might satisfy even a republican. **NICHOLAS WOOD**
COLCHESTER, ESSEX

Costs we can hardly afford

I agree with Keith Green (*Your View*, 17-18 September). We are spending squillions for what? There are those companies which advertise all-in cremations for £1,500 or less. Why are we squandering money we don't have? How much

is Charles's coronation going to cost? **MIKE GIBBON**
RUSHDEN, NORTHAMPTONSHIRE

Elected leaders often not best

I look around the world at some of the present, and recent, elected presidents – and squirm! **ROGER LAMBERT**
HEMYOCK, DEVON

Charles III was born to rule

Bruce Budd (*Your View*, 19 September) is wrong. On the death of his mother, as we were told in the Proclamation, Charles III became our liege lord. We thus became his vassals. He must sign all Acts of Parliament before they become law. Yet he gets exemption from some of those laws that we do not. He was certainly born to rule.

Nor can we describe ourselves as a "real democracy". We have an unelected second chamber and a House of Commons. The Royal Prerogative allows the monarch, or his government, to bypass Parliament on a range of issues. Our unwritten constitution is still medieval. It needs serious reform to bring it into the 21st century. **DAVID ROLFE**
DIPTON, CO DURHAM

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Gloriously eccentric scenes from the ages

KELNER'S VIEW

Simon Kelner


It was a sound rarely heard these days that was the most powerful. Not the gun salutes. Or the tolling of Big Ben. Or the thump of the military drum. But silence. An entire nation, and maybe nations beyond ours, alone with its thoughts. How often does that happen in these cacophonous, self-regarding days? Yet, at exactly noon, Westminster Abbey, and a world beyond it, fell completely silent.

Then, some minutes later, as the piped strains of *Sleep, Dearie, Sleep* receded and another hush descended, we were left to reflect, each of us in our own private realm, on the significance of what we'd just seen, and what it all meant to us.

Accepting that, for some people, it meant nothing whatsoever; and for others it was re-affirmation of the iniquities of modern Britain, this was a moment that had little to do with religion, and wasn't necessarily about royalty. The ceremonial had turned personal, and, for those watching, meaningful.

When it comes to what the Queen meant to us, the British people had spoken in the days before the funeral. Almost all of them, in fact. At least that's what it felt like if you've watched television, listened to the radio, and read the



The crowds that lined The Mall and other streets yesterday showed they have more in common than that which separates them. CHIP SOMODEVILLA/GETTY

newspapers these past 10 days. No despatch has been complete without voices from Newcastle upon Tyne, Ashton-under-Lyne and Weston-super-Mare, without contributions from Bridport to Southport, from St Austell to St Helens, from West Wittering to East Kilbride. Every Tom, Dick and Harriet across the land, it seems, has had their say.

And as The Queen's coffin processed through the thronged streets of London, from Westminster to Marble Arch, it was hard not to reflect on the common threads of what her life and death represented to her people. Yes, her constancy, her devotion to duty, and her humanity were the standard responses when the microphone was around, but it was striking how many of these everyday commentators talked about how proud they were to be British. What does it mean in this context?

It's very possible to become rheumy-eyed at the sight and consequence of the pageantry and its connection to the public, as evidenced by the crowds lining the streets yesterday. I am by no means a royalist, but I found myself feeling something strange – it may have even been patriotism – during the new King's accession service.

And then the state funeral. All that history. All those arcane customs. All that pomp and all those pipes. The impression is we do things differently, with more precision and weighed with significance.

What about the queue. Or, rather, The Queue. It was hard not to be affected by that quintessentially British expression of sombre respect. And when, after a day

I began feeling something strange – it may even have been patriotism

and night of shuffling along past London's riverside monuments, people of all colours and creeds, and ages and demographics shared a minute with the stricken sovereign, they did so together, in wordless thought, and without a smartphone in sight.

It was a scene from the ages, in sharp contrast to the noise and the show-and-tell obsession of the modern world. Only the flintiest of hearts couldn't be uplifted.

Was it pride? Possibly. It certainly provoked profound reflections about our national identity. We are proud to live in the mother of democracies, yet we have a Prime Minister elevated to her post by 0.17 per cent of the electorate. We are a modern, outward-looking country but subjects of a man who rules over us by an accident of birth. We are tolerant and welcoming, yet we want to send those who seek refuge here to Rwanda.

But look at those crowds on the Mall, and in public parks across Britain. They were united not in prayer nor in mourning. And not, seemingly, in nationalistic fervour.

There was an undefined sense they had more in common than that which separated them. And at a time when politics is increasingly divisive, it was heartening to see, and was a positive assertion of our peculiar and particular national culture. Maybe, in death, that was the Queen's true legacy.

Seeing our own image reflected in film is so vital

RACE

Tina Charisma


Disney's new version of *The Little Mermaid* will star 22-year-old Halle Bailey, who is black American. The trailer has sparked controversy online due to her race.

Hashtags like #notmyariel have been used on social media platforms. One internet user went as far as to alter Bailey's appearance and make her a white ginger woman. According to *Forbes* magazine the video has been disliked 1.5 million times.

This is not the first time that diverse film remakes have received

a racist backlash. Amazon's new *Lord of the Rings* series includes non-white characters. Some fans were outraged. But the executive producer Lindsey Weber told *Vanity Fair*: "Tolkien is for everyone. His stories are about his fictional races doing their best work when they leave the isolation of their own cultures and come together."

According to McKinsey research 87 per cent of TV executives and 92 per cent of film executives are white. These controversies show film-makers who are prepared to diversify much-loved film worlds and fans who do not always welcome change. In many ways it is not a surprise. A lack of racial diversity in film has long been the norm.

In 1973, Native American activist Sacheen Littlefeather took to the Oscars stage in protest. She refused an award on behalf of Marlon Brando, who won best actor for his role in *The Godfather*. Brando wanted to highlight how Native

Americans were misrepresented in the industry. Not only was Littlefeather booed off stage, she only received an apology from the Academy in August this year.

That we are still discussing racism almost 50 years later is a sign that things have not progressed as much as we would like them to. Where change is happening, black creators are leading the charge. That same McKinsey analysis highlights research from Netflix which showed that "when a black creator was behind a Netflix series... 72 per cent of series regulars were black, while only 15.4 per cent were black when a non-black creator developed a series".

But when we do get diverse characters on screen, it is a wonderful thing to witness. The Disney Plus series *Ms Marvel*, which features the teenage superhero Kamala Khan, played by Iman Vellani, is an excellent example. The series highlights a group of friends navigating their



The singer and actress Halle Bailey plays Ariel in 'The Little Mermaid'

If I'd seen myself when younger, my whole perspective would've changed

shared experiences as Pakistani Americans and Muslims.

Continued progress is important because of what's at stake here. A generation of young children who will get to see themselves. Bailey knows this. "The fact that now it's getting to be played by me, a person who looks like me, woman of colour, I'm so grateful for what it will do for all the other little black and brown boys and girls who will see themselves in me," she told *People* magazine. "Because I know if I'd seen myself when I was younger, I think my whole perspective would've changed."

A major film like *The Little Mermaid* featuring a black lead would have been world-changing for me growing up too.

A black Ariel is long overdue, and I hope she is a sign of what is to come as the film industry continues to recognise the importance of representation. After all, if we can't reimagine fictional worlds with equality as the norm, there is little hope we can do it in the real one.

What we keep getting wrong about inflation

ECONOMY

Tim Harford



What is inflation? The answer seems obvious: when things get more expensive, that's inflation, and it's bad. But an alternative view is Milton Friedman's. In a talk in 1963, the hugely influential economist defined inflation as "a steady and sustained rise in prices" and added that "inflation is always and everywhere a monetary phenomenon".

The distinction matters. Consider

two scenarios that might illuminate it. In both of them, consumer prices have increased by 10 per cent over the past year.

In Inflation World, there's too much money around. Everything is getting more expensive at much the same rate, including labour. With your wages rising at the same rate as prices, the situation is disorienting and slightly inconvenient, but it's not a crisis. The main risk is that inflation becomes self-perpetuating, and the main responsibility for solving the problem lies with the central bank.

In Energy Crunch World, the cost of energy has doubled. About 10 per cent of spending used to go into energy; that's now about 20 per cent. In Energy Crunch World, the consumer price index has still risen by 10 per cent, and the situation is described by all reputable reporters as "inflation of 10 per cent", just as in Inflation World.

But the increase in prices is not "steady"; it's not widespread; and it

is unlikely to be "sustained". The risk of a self-perpetuating energy shock is small. It is hard to imagine that we would be spending 30 per cent of income on energy next year, 40 per cent the year after and 50 per cent the year after that. But the damage is bad enough; rather than being mildly disorienting, this is a crisis. A basic necessity has become unaffordable for many.

In Inflation World, stuff only seems more expensive because the price tags keep changing. That's inflation. In Energy Crunch World, stuff really is more expensive. I'd venture to suggest that's not inflation – it's much worse.

The same distinction applies when things get cheaper thanks to technological progress. Music is much cheaper than it used to be, as are laptops and solar panels. And by "cheaper" I don't mean in the almost-meaningless sense that there are fewer digits on the price tag. I mean cheaper in the only way that really matters, which is that they require fewer resources to produce and are therefore affordable in greater quantities to more people.

Perhaps I am doomed to fail in my project to disentangle real price changes from inflation. The real world, of course, contains elements of both, so confusion is inevitable. We are dealing with a temporary but very painful increase in the real cost of energy and food, as in Energy Crunch World, but we have also seen loose money and broader increases in prices, as in Inflation World.

But the two sources of higher prices require quite different policy responses. In Inflation World, inflation is a monetary phenomenon and needs a monetary response such as higher interest rates. In Energy Crunch World, the rise in prices needs a real-world response in the form of support for struggling households, and every effort to reduce demand and to find new sources of supply.

Look around and you'll see plenty of confusion on this point. In the US, the recently signed Inflation Reduction Act is no such thing. It promises to squeeze the price of expensive

We are dealing with a temporary but very painful increase in the real cost of energy and food

pharmaceuticals, give tax credits for low-carbon energy sources and tighten some tax loopholes.

These are promising policies, but if they work they will work by improving the structure of the real economy, not by tightening monetary conditions.

The same logic applies to US proposals to toughen competition policy. If a monopoly is broken up and its fat mark-ups reduced, the result should be that prices fall and incentives to improve quality and service increase.

That should mean a one-off boost in real living standards, arguably far more important than any impact on inflation. If it affects inflation at all, it will be a temporary blip – and "reduces inflation" never was, and never should be, the test of competition policy.

Or consider the idea of a universal basic income. It's often attacked on the grounds that it is inflationary, but there is nothing particularly inflationary about raising taxes and using the money to fund a basic income. The case against a basic income is nothing to do with inflation: it's that those higher taxes plus the availability of unconditional cash might produce too much of a disincentive to work for too many people.

Friedman was oversimplifying when he declared that inflation was always and everywhere a monetary phenomenon.

But the statement is not far wrong and has a bracing clarity. If you try to evaluate clean energy subsidies, support for cutting edge research, competition policy or tax reform through the lens of inflation-busting, you're missing the point. These policies stand or fall on their real-world merits.

Meanwhile, the best long-run prediction of inflation is that five years out, the inflation rate will be whatever independent central banks want it to be. Even if elected governments could help, they have plenty of serious economic problems to keep them busy. Perhaps they should start there.

ARTICLE REPUBLISHED FROM THE FINANCIAL TIMES

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Support packages have offset soaring energy prices as efforts continue to find new sources of supply GETTY

RESEARCH

How 'night owls' process fat puts health at risk

By Tom Bawden

SCIENCE CORRESPONDENT

People who are "night owls" could have greater risk of getting type 2 diabetes and heart disease than those who are "early birds" because of the way their body clocks are programmed to process fat.

Researchers found that the activity patterns and sleep cycles of people who stay up and are active later in the day and night have a reduced ability to use fat for energy than those who prefer to be active in the morning, meaning fats are more likely to build up in the body.

A study in the journal *Experimental Physiology* found that wake and sleep cycles cause metabolic differences and alter the body's preference for energy sources.

The metabolic differences relate to how well each group can use insulin to promote glucose uptake by the cells for storage and energy use.

"The differences in fat metabolism between early birds and night owls shows that our body's circadian rhythm (wake/sleep cycle) could affect how our bodies use insulin."

"A sensitive or impaired ability to respond to the insulin hormone has major implications for our health," said Professor Steven Malin, of Rutgers University in New Jersey.

"This observation advances our understanding of how our body's circadian rhythms impact our health. Because chronotype – our natural propensity to seek activity and sleep at different times – appears to impact our metabolism and hormone action, we suggest that chronotype could be used as a factor to predict



Research found that early birds are more physically active than night owls PA

an individual's disease risk. We also found that early birds are more physically active and have higher fitness levels than night owls who are more sedentary throughout the day.

"Further research is needed to examine the link between chronotype, exercise and metabolic adaptation to identify whether exercising earlier in the day has greater health benefits."

Research found that early birds use more fat for energy at both rest and during exercise and are more insulin sensitive.

Night owls are insulin resistant,

meaning their bodies require more insulin to lower blood glucose levels, and their bodies favoured carbohydrates as an energy source over fats.

The cause for this shift is unknown and needs further investigation.

{i} Night owls use less fat for energy at rest and during exercise. Early birds **rely more on fat as an energy source** and are more active during the day, with higher levels of aerobic fitness.

ENVIRONMENT

Government urged to renew commitment to rewilding

By Conrad Smith

The chairman of Natural England will urge the new Environment Secretary today to reaffirm the Government's commitment to rewilding schemes.

Speaking at the Gathering nature festival in Wild Ken Hill in Norfolk, Tony Juniper (*inset*) said there needed to be a real focus on "land for biodiversity and nature recovery".

He will meet the Environment Secretary Ranil Jayawardena today alongside the head of the Country Land and Business Association, Mark Tufnell.

There are fears that Liz Truss's

government could roll back previously announced rewilding schemes in the name of improving food security.

Mr Jayawardena announced his new role by visiting an intensive chicken farm, while the new Business Secretary, Jacob Rees-Mogg, is reportedly opposed to the Government's own environmental land management scheme.

Mr Tufnell, whose organisation represents more than 30,000 land owners in England and Wales, said it was a "totally false narrative that you can have food or you can have nature".

"You have to have both, and it's perfectly possible," he added.



GAMING

Leaked 'GTA' footage causes stir

By Abinaya Vijayaraghavan

A hacker released gameplay from the unreleased *Grand Theft Auto VI* in one of the biggest leaks in gaming history.

More than 90 authentic pre-release videos and images from *GTA* of robberies and open-world driving were posted on an online message board over the weekend.

The hacker, going by the name teapotuberhacker, claimed to access the material by infiltrating Rockstar Games'

internal Slack messaging feed. They also posted a message seeking to "negotiate a deal" and asked Rockstar Games or parent company Take-Two to contact them, according to Bloomberg.

The hotly anticipated *GTA VI* is expected to generate \$3.5bn (£3bn) at launch and an average of \$2bn annually thereafter.

The gaming industry, considered by some analysts as "recession proof", has started to see some weakness as inflation-hit consumers rein in spending.



CRYPTIC CROSSWORD No 3625 BY WIRE

ACROSS

- 1/4 Bounce around with fondness for housework (6,8)
9 Mushroom article featuring in older cookery sheets? (4,5)
11 Wind in the Willows included seven tales originally (5)
12 Leading edge of Wild Wood scrub (4)
13 Donkey and scruffy eagle stuffed by doctor for collection (10)
15 Shouty person circles town centre, becoming more jaundiced (8)
17 Party of snoopers from across The Pond sitting in the sun (6)
19/26 Mole buys tea after ordering something to brew it in (6,4)
20 Holy man and clueless daughter brought back those who'd lost their way (8)
23 Foolish Toad wishes to be most mysterious (10)
24 Old lizard twisted in exertion (1-3)

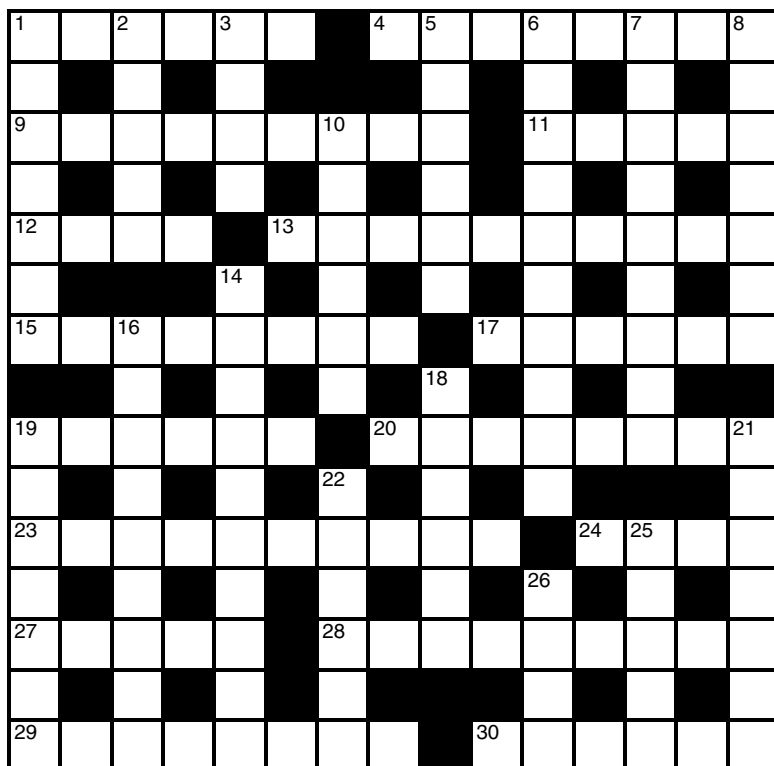
DOWN

- 27 Politicians are following the current figures (5)
28 Small step led three oddly to discover compound (9)
29 30 Across arranged finalities of hare hunt. Nothing so far (3,2,3)
30 Boy to traverse river? Don't go! (4,2)
1 Head of State with stomach nearly drained is very thin (7)
2 Stones legendary bird adjacent to outskirts of kennels (5)
3 Woodland deity retreats south and sleeps (4)
5 Played right in middle of mere and died (6)
6 Twitch follows fractured tibia, on medication (10)
7 Cod line disentangled from top of cap (9)
8 Secure 1 Across and improve health (3,4)
10 Badger is safe, protecting entrance to sett (6)

- 14 Peep perhaps at families' waterside buildings (10)
16 Frolic in meadow quietly with sailor away from home (4,5)
18 Wife perched on stand for devious fellow (6)
19 Defence of messing about in boats (7)
21 Location coops up ten plucked hens – or half a dozen more? (7)
22 Put upset girl in network of cells (6)
25 Irritable spoilt child's head clipped with sides of tray (5)
26 See 19 Across

Solution to yesterday's Cryptic

S F U A C G D
G A L A N G A L R O O F E R
R L A I U L C
U N I S O N M O D I F I E R
I E D E I E N
R E S T R A I N T H R O N E
T T E I
Y F R O N T S U S E D C A R
L U D E
M A D M A N E X E R C I S E
M A E P F I T
V I N D A L O O F O D D E R
N D E S E E R
E G R E S S I N T E R N E D
O R S T E S O



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UKRAINE

British reservist killed rescuing comrades hailed as 'a hero'

By Joe Duggan

A former British Army reservist has been hailed as a "hero" after being killed in Ukraine while he and fellow soldiers went to evacuate injured comrades on the front line.

Viktor Yatsunyk, 44, who had joint Ukrainian-British nationality, is understood to have died after a landmine exploded in the city of Izium in eastern Ukraine on Saturday.

He had travelled back to his homeland from the UK to fight in early March.

The father-of-two, who lived in Oxfordshire, is believed to have spent four years as a reservist in the British Army and had lived in the UK for more than 20 years.

He is the fourth British national known to have been killed during fighting in the conflict.

A friend in the UK said two mines had exploded in the blast that killed him and another Ukrainian soldier. Three other troops were hurt.

Roman, 45, who wished to only

give his first name, said: "When the war started he just said 'Yes, I'm going'. He was really patriotic about Ukraine."

"He was really brave. First of all he went there as a volunteer, then he asked the British Army and he joined the Ukrainian Army straight away."

"When people said it's dangerous he said 'I'm still going' and nobody could stop him."

"We understood he was going to help voluntarily to teach the Ukrainian soldiers how to fight. With his knowledge from the British Army he taught a lot of Ukrainian soldiers."

James Vasquez, a US military veteran who served with Mr Yatsunyk while fighting as a volunteer alongside Ukrainian forces, described news of his death as "the most painful day of my life".

Describing him as "truly my brother", he tweeted: "My good friend Viktor (the Brit) was killed in action while evacuating wounded men."

"He died a hero and took a piece of my heart with him."

In an interview this month,

Mr Yatsunyk said he had signed a contract with the Ukrainian army in May, describing his time serving in the war as "long and dangerous".

Speaking of how he has passed on his British Army training to help train Ukrainian forces, he said: "Most of the soldiers here don't have experience in the army."

"Everyone wants to fight, but you need to teach them how to fight, most of all how to survive."

Last month, Craig Mackintosh, 48, was killed in action while volunteering as a medic in Ukraine.

He was reportedly shot while trying to help an injured comrade out of a shelled vehicle near the city of Kharkiv.

In June, former British Army soldier Jordan Gatley, 24, died in a gun battle while defending his cornered unit from attack by Russian and Chechen special forces.

He was shot dead during a fierce battle in the eastern city of Severodonetsk, with Jordan's section leader saying his actions helped save his comrades.

Former Royal Marines commando Scott Sibley, 36, died when his fox-hole was shelled by Russian forces in April.

Mr Sibley was the first Briton known to have died in the conflict.



A Foreign Office spokesperson said: "We are reaching out to the family of a British man who has died in Ukraine and stand ready to provide consular support."

MILITARY

Body recovery may take several weeks

By Jon Gambrell

Ukraine's President has promised his country that there would be no pause in the counter-offensive that has reclaimed towns and cities from Russian troops.

Volodymyr Zelensky's address came as shelling continued and the mayor of Izium said that it may take another two weeks to exhume bodies from unmarked graves.

Mayor Valery Marchenko told local media that the sheer number of bodies meant the recovery would take a significant amount of time.

"Employees of all services carry out exhumations, dig up the buried," he said. "If there is an opportunity, they are identified."

He said no additional grave sites have been found so far but workers continue to look.

Mr Zelensky said in a late-night address: "Maybe now it seems to some of you that after a series of victories we have a certain lull. But this is not a lull. This is preparation for the next series... Because Ukraine must be free - all of it."

Ukraine's military command said that its forces secured the eastern bank of the Oskil River. The river,



Mayor Valery Marchenko said that workers were looking for more sites

which flows south from Russia into Ukraine, had been a natural break in the newly emerged front lines since Kyiv's counter-offensive began.

A Washington DC-based think tank, the Institute for the Study of War, said that Russian forces in Donetsk were conducting "meaningless operations" on villages instead of reinforcing the front line.

Meanwhile, prosecutors in Kharkiv are accusing Russia of torturing civilians. In an online statement, they said that they found a basement where forces allegedly tortured prisoners in Kozacha Lopan, near the border with Russia. AP

DIPLOMACY

UK plans to increase military aid funding

By Richard Vaughan
IN NEW YORK

The UK will aim to exceed the amount of military aid it spends on Ukraine next year, as Liz Truss looks to underline her support for Kyiv.

Ms Truss will use her trip to the United Nations General Assembly in New York this week to highlight the major gains being made by the Ukrainian military as evidence of the need to maintain international support for the country. Downing Street said



the UK expects at the very least to meet the level of spending it committed to in 2022 to provide munitions and aid to Ukraine as it seeks to repel Vladimir Putin's invasion.

£2.3bn

The amount committed by the UK in military donations to Ukraine in 2022

The UK is the second largest military donor to Ukraine, having committed £2.3bn in 2022. The military have trained 27,000 members of the Ukrainian armed forces since 2015.

In the past year, the UK has provided hundreds of rockets, five air defence systems, 120 armoured vehicles and over

200,000 pieces of non-lethal military equipment. The biggest commercial road move of ammunition since the Second World War took place last week as tens of thousands of rounds of British artillery ammunition went to the front lines.

Ms Truss is eager to be seen to be as much a cheerleader for Ukraine's defence against Russian aggression as her predecessor Boris Johnson.

In a statement before travelling to the UN, the Prime Minister said: "Ukraine's victories in recent weeks have been inspirational. Time and time again these brave people have defied the doubters and showed what they can do when given the military, economic and political support they need."

"My message to the people of Ukraine is this: the UK will continue to be right behind you every step of the way. Your security is our security."



People wait for humanitarian aid in liberated Balakliia. UMIT BEKTAS/REUTERS

TACTICS

Russian missiles strike close to nuclear facility

By Karl Ritter and Jon Gambrell
IN KYIV

A Russian missile struck close to a nuclear power plant yesterday in southern Ukraine in what Ukrainian authorities denounced as an act of “nuclear terrorism”.

The missile made impact within 300 metres of the reactors at the South Ukraine Nuclear Power Plant, blasting a crater two metres deep and four metres across, according to the Ukrainian nuclear operator Energoatom.

The reactors were operating normally and no staff members were injured, the agency said. But the proximity of the strike renewed fears the nearly seven-month-long war in Ukraine might produce a radiation disaster.

The nuclear power station, which is also known as the Pivden-noukraiinsk plant, is Ukraine's second-largest after the Zaporizhzhya Nuclear Power Plant, which has repeatedly come under fire. The two facilities' reactors are of the same design.

Following recent battlefield setbacks, the Russian President Vladimir Putin threatened last week to step up attacks on Ukrainian infrastructure. Throughout the war, Russia has targeted Ukraine's electricity generation and transmission equipment, causing blackouts and endangering the safety systems of the country's nuclear power plants.

The industrial complex that includes the Pivden-noukraiinsk plant sits along the Southern Bug River about 185 miles south of the capital, Kyiv. The attack caused the tempo-

rary shutdown of a nearby hydro-power plant, shattered more than 100 windows at the complex and severed three power transmission lines, Ukrainian authorities said.

Ukraine's defence ministry released a black-and-white video showing two large fireballs erupting one after the other in the dark, followed by incandescent showers of sparks. A time stamp on the video read 19 minutes after midnight.

As well as infrastructure, Russian forces are pounding other sites.

The latest shelling killed at least eight civilians and wounded 22, Ukraine's presidential office said yesterday.

The governor of the north-eastern Kharkiv region, now largely back in Ukrainian hands, said Russian shelling killed four medical workers who were trying to evacuate patients from a psychiatric hospital and wounded two patients.

The mayor of the Russian-occupied eastern city of Donetsk said shelling killed 13 civilians there.

Patricia Lewis, the international security research director at the Chatham House think tank in London, said the previous attacks at the Zaporizhzhya plant and Monday's strike indicated that Russian military planners were attempting to knock Ukrainian nuclear plants offline before winter by targeting power supplies that keep them functioning safely.

“It's a very, very dangerous and illegal act to be targeting a nuclear station,” Ms Lewis said.

“Only the generals will know the intent, but there's clearly a pattern.”



News in brief

DIPLOMACY

Russia: US is stalling prisoner exchange

Russia's foreign ministry said yesterday that it was ready for talks on a prisoner exchange to free US citizens jailed in Russia, but that the American embassy in Moscow was “not fulfilling its official duties” to maintain dialogue.

Foreign ministry spokeswoman Maria Zakharova said: “We have stated many times that we are ready for negotiations to resolve the fate of US citizens convicted in Russia and Russian citizens in the US.” A prisoner exchange could include US Marine Corps veteran Paul Whelan. REUTERS

KYRGYZSTAN

President calls on people to be calm

Kyrgyzstan's President urged his citizens to remain calm and not to join volunteer forces at the border in an effort to defuse tensions with neighbour Tajikistan.

At least 94 people were killed between last Wednesday and Friday in fighting at a disputed section of the border in Batken province.

President Sadyr Japarov urged his country to have trust in its army and strategic partners.

Mr Japarov also asked Kyrgyz people not to trust “provocateurs who slander our strategic partners, friendly nations and peoples who share our position”.



CHINA

Putin ally seeks to deepen partnership

One of President Vladimir Putin's closest allies has sought to deepen a strategic partnership with China.

Just before Russia's invasion of Ukraine, Mr Putin and Xi Jinping declared a “no limits” partnership, though at a meeting last week in Uzbekistan Mr Putin said that he understood that the Chinese President had concerns and questions about the conflict.

Russian Security Council Secretary Nikolai Patrushev (above), a close ally of Mr Putin, met Chinese diplomat Yang Jiechi in Nanping yesterday to discuss implementing agreements Mr Putin and Mr Xi reached at their meeting. REUTERS

RUSSIA

‘Queen of Soviet pop’ praised for war stand

By Guy Faulconbridge

Fans have praised a woman described as the “Queen of Soviet pop music” for her denouncement of Russia's war in Ukraine, calling her a “legendary woman” and writing on social media “bravo” with clapping hands emojis.

Alla Pugacheva's Instagram post, in which she asked the country to class her as a “foreign agent” after her husband, 46-year-old TV comedian



Maxim Galkin, was on 16 September included on the state's list, made headlines around the world owing to her status as one of Russia's most famous women.

The 73-year-old (inset), who is an iconic figure known across generations for hits such as the 1982 song “Millions Of Scarlet Roses” and the 1978 film *The Woman who Sings* wrote: “I ask you to include me among the ranks of foreign agents of my beloved country because I am in solidarity with my husband.”

The post, which is banned in Russia, has received more than 660,000 likes and tens of thousands of comments.

Ms Pugacheva criticised Russia's actions, which she said were killing soldiers for illusory aims, burdening ordinary people and turning Russia into a global pariah. REUTERS

ARMENIA

Pelosi's visit to Armenia prompts 'back off' warning

By Guy Faulconbridge

Russia issued a “back off” warning to the United States over the Armenia-Azerbaijan conflict as protests in Armenia's capital, Yerevan, called on the country to abandon its long-standing alliance with Russia.

Kremlin spokesman Dmitry Peskov said “loud announcements” from US Speaker of the House Nancy Pelosi on the causes of the border conflict were unlikely to help stabilise the situation.

He added: “Anything... done in a quiet and businesslike approach can contribute to the normalisation of relations, the stabilisation of the situation on the border, all this can be

welcomed. Can such high-profile actions and statements really contribute to the normalisation of the situation? Let's see.”

Ms Pelosi visited Armenia this weekend, in an unprecedented show of US support for the country, which has been locked in conflict with its neighbour Azerbaijan for more than three decades over the breakaway region of Nagorno-Karabakh.

She praised Armenia's democracy and criticised Azerbaijan's “illegal” attacks, after clashes along the border last week claimed over 200 lives.

Protesters said the Collective Security Treaty Organisation, a military alliance of post-Soviet states, had failed to come to Armenia's aid.

Panorama

Around the world in 10 stories



CHINA

Monkeypox case reported

A senior Chinese health official advised people to avoid contact with foreigners to prevent monkeypox infection after the first known case of the virus on mainland China was reported. "To prevent possible monkeypox infection and as part of our healthy lifestyle, it is recommended that... you do not have direct skin-to-skin contact with foreigners," chief epidemiologist Wu Zunyou said. He also called for people to avoid those who have been abroad within the past three weeks.

IRAN

US guarantees 'could revive nuclear deal'

By David Brunnstrom
IN WASHINGTON DC

Tehran would be serious about reviving a deal on its nuclear programme if there were guarantees the United States would not again withdraw from it, the Iranian President,

PUERTO RICO

Hurricane wreaks havoc

Hurricane Fiona bore down on the Dominican Republic yesterday after knocking out the power grid and unleashing floods and landslides in Puerto Rico, where the governor said the damage was "catastrophic." No deaths have been reported, but authorities in the US territory said it was too early to estimate the damage. "It's important people understand that this is not over," said Ernesto Morales, a meteorologist with the National Weather Service in San Juan, Puerto Rico. He said flooding has reached "historic levels" in the US territory.

Ebrahim Raisi, said in an interview broadcast on US TV.

Last month, Iran's foreign minister said Tehran needed stronger guarantees from Washington for the revival of the 2015 deal. Speaking to the CBS programme *60 Minutes*, Mr Raisi said: "If it's a good deal and [a] fair deal, we would be serious about reaching an agreement."

In his remarks ahead of a visit to the United Nations General Assembly in New York this week, Mr Raisi added: "It needs to be lasting. There need to be guarantees." REUTERS

Postcard From... Guadalajara

Their spiritual leader is behind bars in California. Yet legions of followers of Naason Joaquin Garcia in his home base in Mexico remain fervently loyal. His continued hold on his flock was evident recently at the main temple of La Luz del Mundo ("Light of the World") in the city of Guadalajara, as thousands gathered to pray for their absent leader. To gasps of surprise, he addressed the congregation by phone from his Los Angeles prison, where he is serving a 16-year sentence for sexually abusing minors.

"I do not see the bars that separate me from you," he

told his followers. "I see your beautiful faces... because you are the children of God." It seems clear that many members of the church, founded in Mexico in 1926 by Joaquin Garcia's grandfather, are not ready to abandon him.

Sailem Castillo said she was upbeat despite Joaquin Garcia's imprisonment. "For us everything is very nice, everything continues to work."

But the case has been difficult for some former members who have distanced themselves from the church.

Speaking on a podcast Lo-ami Salazar said the Guadalajara neighbourhood of Hermosa Provincia used to be her "happy place". But "knowing that these abuses took place there is horrible," she said. AP

Maria Teresa Hernandez

JAPAN

Typhoon brings record rain and kills two people

By Kevin Buckland and Kiyoshi Takenaka
IN TOKYO

Typhoon Nanmadol brought ferocious winds and record rainfall to western Japan yesterday as one of the biggest storms to hit the country in years killed at least two people, disrupted transport and forced manufacturers to suspend operations.

The prime minister Fumio Kishida delayed his departure to New York, where he is due to deliver a speech at the UN General Assembly.

"I postponed my scheduled departure from today to take stock of the damage caused by the typhoon and to take all possible measures for recovery," Mr Kishida told reporters.

Japan's 14th typhoon of the season made landfall near Kagoshima city late on Sunday before battering the western island of Kyushu and roaring on to the main island of Honshu yesterday.

A river in Kyushu's Miyazaki prefecture overflowed, flooding fields and roads, with broadcaster NHK showing a riverside house half hang-



High waves triggered by typhoon Nanmadol in western Japan

ing over a torrent and the tin roof ripped off a petrol station.

"We need to remain highly vigilant for heavy rains, gales, high waves and storm surges," a meteorological official said.

About 340,000 households were without electricity yesterday, while Kyushu Railway Co said it had halted operations on Kyushu.

Most schools were closed for a public holiday. REUTERS



Anger at destroyed homes

Hundreds of protesters forced the United Nations Works and Relief Agency in Gaza City to close its doors yesterday. The Palestinians were calling for the agency to rebuild their homes which were destroyed during the 2014 Israel-Gaza conflict. REUTERS

CHINA

Beijing lobbies UN over report on Uyghur minority

By Ken Moritsugu
IN BEIJING

China is lobbying a UN meeting in Geneva this week in an effort to ward off official criticism of its reported abuses of its Uyghur minority.

Chinese diplomats are speaking out over an ongoing session of the Human Rights Council to thwart a possible call for further scrutiny of

what it calls its anti-extremism campaign in Xinjiang, following a United Nations report on abuses against largely Muslim ethnic groups in the western China border region.

Beijing looks to the UN, where it can count on support from countries it has befriended and in many cases assisted financially, as a counterweight to US-led blocs such as the G7.

China had pushed hard to block the

report on Xinjiang, delaying its release for more than a year. In the end, the information did come out – but just minutes before UN human rights chief Michelle Bachelet left office.

China wields power as one of the five veto-holding members of the Security Council, helping it build relationships with the US and others who needed China's support for past resolutions on Iran and North Korea. AP

HUNGARY

Anti-corruption bill tabled

The Hungarian government submitted the first of several anti-corruption bills to parliament yesterday as Budapest seeks to avoid losing billions in EU funding.

On Sunday the EU executive recommended suspending funds worth €7.5bn (£6.5bn) due to what it sees as Hungary's failure to uphold the rule of law. It is the first case under a new sanction meant to better fight corruption in the bloc. REUTERS

PAKISTAN

Khan terrorism charges dropped

A Pakistan high court yesterday ordered removal of terrorism charges against former prime minister Imran Khan, his defence lawyer said.

The court in the capital Islamabad said Mr Khan's alleged offence did not attract terrorism charges, Faisal Chaudhry, the lawyer, reported. The charges are related to a speech by Mr Khan in which he allegedly threatened police and judicial officers.

Mr Khan was ousted through a no-confidence motion in April.

VENEZUELA

Oil tsar's brother imprisoned again

Venezuela has thrown back in prison the brother of the country's former oil tsar as part of an ongoing investigation into a \$2bn (£1.76bn) embezzlement at the state-run oil company PDVSA.

Fidel Ramirez, the brother of Rafael, was arrested last Wednesday after failing to appear in court. He was first held in 2018 for alleged involvement in a scheme to siphon the money to a bank account in Andorra. AP

UNITED STATES

Mother faces jail for faking her own kidnapping to go back to an ex

By Don Thompson

A mother of two faces up to eight months in jail for meticulously faking her own kidnapping so she could go back to a former boyfriend, prompting an intensive three-week, multi-state search before she resurfaced on Thanksgiving Day in 2016.

Sherri Papini, 40, of Northern California, pleaded guilty last spring under a plea bargain that includes paying more than \$300,000 (£263,700) in restitution. Her lawyer says she is troubled and should serve most of the sentence at home, but prosecutors argue that she must spend her full term in prison.

"Papini's kidnapping hoax was deliberate, well-planned, and sophisticated," prosecutors wrote in their court filing. And she was still falsely telling people she was kidnapped, they said, months after she pleaded guilty in April to staging the abduction and lying to the FBI about it.

"The public needs to know there will be more than a slap on the wrist for committing financial fraud and making false statements to law enforcement, particularly when those false statements result in the expenditure of substantial resources and implicate innocent people," wrote assistant US attorneys Veronica Alegria and Shelley Weger.

Probation officers and Papini's attorney say she should serve one month in custody and seven months in supervised home detention. Sen-



Sherri Papini, who was married, fled to the home of a former boyfriend AP

ior US District Judge William Shubb is to sentence her after a final hearing in Sacramento federal court.

"Outwardly sweet and loving, yet capable of intense deceit... Ms Papini's chameleonic personalities drove her to simultaneously crave family security and the freedom of youth," defence attorney William Portanova wrote in his responding court filing.

He said the married mother fled to a former boyfriend in Southern California, nearly 600 miles south of her home in Redding. He dropped her off about 150 miles from her home, after she said she wanted to go home.

Passersby found her with bindings on her body, a swollen nose, a blurred "brand" on her right shoulder, bruises and rashes across her body, ligature marks on her wrists and ankles and burns on her left forearm. All the injuries were self-inflicted and designed to support her story that she had been abducted at gunpoint by two Hispanic women while she was out for a run.

Prosecutors agreed to seek a sentence on the low end of the range in exchange for Papini's guilty plea.

i After her arrest, Papini received more than \$30,000 worth of psychiatric care for anxiety, depression and PTSD, paid for by the state's victim compensation fund. She must now repay this money.

IRAN



Mahsa Amini died after being arrested by Iran's morality police

Death of woman in custody was 'unfortunate'

By Tom Perry

Iranian police said yesterday the death of a young woman in custody was an "unfortunate incident" they do not want to see repeated, a semi-official news agency reported, denying accusations of mistreatment that have fuelled protests.

Mahsa Amini, 22, fell into a coma and died following her arrest in Tehran last week by the morality police, sparking protests in parts of Iran including Tehran and her home province of Kurdistan.

Videos shared on Twitter late on Sunday showed protesters demonstrating in Sanandaj, the capital of Kurdistan province.

A video posted by Kurdish rights group Hengaw showed security forces in riot gear running down a street in the city, at least one of them firing what appeared to be a gun. The videos' accuracy could not be verified.

The police have said Ms Amini fell ill as she waited with other women being held by the morality police, who enforce strict rules imposed since Iran's 1979 Islamic revolution requiring women to cover their hair and wear loose-fitting clothes.

But her father told the pro-reform *Emtedad* news website that his daughter was fit with no health problems. He said Ms Amini had suffered bruises to her legs and held the police responsible for her death.

Greater Tehran police commander Hossein Rahimi said "cowardly accusations" had been made. Ms Amini suffered no physical harm and the police had "done everything" to keep her alive, he told the Fars news agency. REUTERS

CHINA

Biden criticised over remarks on support for Taiwan

By Joe McDonald

China's government yesterday criticised President Joe Biden's statement that American forces would defend Taiwan if Beijing tries to invade as a violation of US commitments to the self-ruled island.

Mr Biden said "yes" when asked

during an interview broadcast on Sunday on CBS News's *60 Minutes* whether "US forces would defend Taiwan in the event of a Chinese invasion".

The comment added to displays of official American support for the island democracy in the face of growing shows of force by the main-

land, which claims Taiwan as part of its territory.

A foreign ministry spokeswoman said the "US remarks" violate Washington's commitment not to support formal independence for Taiwan, a step Beijing has said would lead to war. "China strongly deplores and rejects it and has made solemn com-

plaints with the US side," said the spokeswoman. CBS reported that the White House said after the interview that US policy has not changed.

That policy states that Washington wants to see Taiwan's status resolved peacefully but does not say whether US forces would be sent in response to a Chinese attack. AP

AFGHANISTAN

US engineer freed in prisoner swap

By Mohammad Yunus Yawar
IN KABUL

The kidnapped American engineer Mark Frerichs was freed yesterday in exchange for an Afghan tribal leader linked to the Taliban whom the United States had held on drugs charges since 2005.

Mr Frerichs was exchanged at the airport in Kabul with Bashir Noorzai, the Taliban's acting foreign minister Amir Khan Muttaqi said.

Mr Noorzai was detained by the US on suspicion of smuggling more than \$50m (£44m) worth of heroin into the US and Europe.

Speaking briefly to the media, he said he had spent 17 years and 6 months in Guantánamo Bay, the last Taliban prisoner held there, though he made no reference to his treatment.

"The Islamic Emirate of Afghanistan is ready to solve problems by negotiation with all including the US," Mr Muttaqi said, referring to the Taliban.

Mr Frerichs is an engineer and US navy veteran from Lombard, Illinois, who worked in Afghanistan for a decade on development projects. He was abducted in February 2020.

UNITED STATES

Syed murder conviction reviewed

By Conrad Smith

A court hearing was due to go ahead yesterday in Baltimore to consider a request from prosecutors to vacate the 2000 murder conviction of Adnan Syed, whose case was chronicled in the hit podcast *Serial*.

The development comes after prosecutors filed a motion saying a lengthy investigation with the defence had uncovered new evidence that could undermine the conviction. A judgment of vacation

renders a previous judgment in a case legally void.

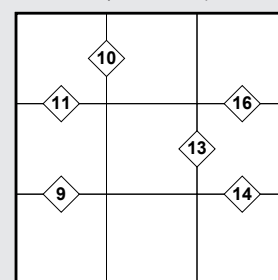
Syed, 42, has served more than 20 years for strangling his ex-girlfriend Hae Min Lee, 18, in 1999. He maintains his innocence and captured the attention of millions in 2014 when the podcast raised doubts about some of the evidence.

Prosecutors said they were not asserting his innocence but they lacked confidence "in the integrity of the conviction" and recommended he be released on his own recognisance or bail. AP



One-minute Wajuko

How to play Place 1 – 9 once in the grid, obeying the sums between pairs of squares



Solution: page 67

LIFE

How to set work boundaries to stop burnout

Home working has led to an increase in our hours – as the distinction with our private lives has become blurred. Here's what to do about it. By **Kia-Elise Green**

Employees in the UK work an average of 42 hours a week, longer than any country in the European Union, according to analysis by the TUC published in 2019. These extra hours mean that British workers clock up two and a half weeks more at work every year than our EU counterparts.

In the years since the data was published, many workers will have found themselves working ever longer hours as the Covid-19 pandemic and subsequent lockdowns gave rise to huge workplace insecurity and unprecedented conditions, with many finding themselves either on furlough or working in their living rooms and bedrooms, unable to go to the office.

A whole new culture of working from home developed, and with it a struggle to set boundaries and switch off from the working day. A 2020 study of 3.1 million workers across America, Europe and the Middle East concluded that, since the pandemic, the average work day had extended by 48.5 minutes.

Too many of us now find ourselves checking emails on the sofa, answering a phone call outside contracted hours or struggling to separate work and home life.

In 2022, even if you are no longer working in the same room as you are sleeping, modern technology allows us to be switched on and contactable more than ever before.

"It can be tempting to answer emails from your bed and take calls after working hours but this can quickly blur the lines between work and home life," says consultant psychologist Dr Elena Touroni.

Once you have returned to the office, it can still be difficult to not overburden yourself. I asked workplace experts for their tips on setting boundaries at work and with your boss.

LEARN TO SAY NO

Dr Touroni (above) says that one of the ways that we can become overloaded, overwhelmed and even

burnt out is by being too willing to take on more and more work when we are already busy. "Remind yourself it's not selfish to prioritise your own wellbeing," she says.

An important tool in being able to realistically turn down work when it is presented is learning to say no. Victoria McLean, CEO of career consultants City CV says that it is "important to learn how to say no in a way that doesn't antagonise", adding: "As long as you have a good reason to say no, be confident and firm in your reasoning."

Ms McLean says it is OK to say no when a request "doesn't fit business or team priorities" and you can also learn to say no on the behalf of other people.

AVOID PEOPLE-PLEASING

When starting a new job or when looking to be promoted it is typical to overwork simply because you are keen to please, but this can lead to people taking advantage or simply adjusting long-term to overworking.

Similarly, staff are vulnerable to this overworking and lack of boundaries when they are worried there will be a "black mark" against them for not doing so.

Amy Wilkinson (inset), a workplace resilience expert, says there are ways to push back against an excessive workload without appearing negative.

"We are increasingly expected to take on more and more, so it is important to learn how to push back in a positive manner that isn't career limiting," she says.

She suggests asking which tasks you should prioritise as a good way of going about it.

Although Ms McLean warns that if you work somewhere where there is any chance a "black mark"

Burnout saps your energy, increases negative feelings and reduces productivity

could be put against your name, then "there may be a business culture issue rather than a 'setting-boundaries' issue".

COMMUNICATE CLEARLY

Communicating honestly, clearly and in a timely manner is paramount when it comes to setting boundaries, explains Ms McLean.

"How many times have you said 'no worries' when it is in fact incredibly worrying?" she asks. "Let's say you get an email asking you to take something else on."

"You have no capacity for this, but instead of getting back to them straight away and telling them that, you ignore the email for a bit out of sheer anxiety or resentment, and by the time you reply you feel like it's too late to be honest or that there will be tension if you do not say yes."

"If you'd have responded straight away with your schedule and explained that you just don't have the capacity, your colleague would be able to reassess their situation in plenty of time and maybe even find someone else with less to do."

ALWAYS CREATE A PLAN FOR YOUR DAY

Dr Touroni says that we thrive on structure, adding: "It encourages us to put healthy habits in place and the sense of achievement we get from ticking things off our to-do list helps us feel good."

So start by having a plan of what you need to get done and work to that.

She also recommends including a few minutes of mindful meditation in the working day, along with an activity that allows "me time", such as "reading a book, going for a walk or treating yourself to an indulgent bath".

TAKE REGULAR BREAKS

When you are busy it can be tempting to not take a lunch break, to get a cup of tea, or sometimes even go to the toilet, but you cannot work at optimum productivity if you never give yourself a break or address your basic needs.

"We often wrongly associate



being busy with being productive," Dr Touroni explains. "The reality is we can't give our best when we're overstretched. Productivity takes real focus, so be sure to take regular breaks throughout the work day to stay recharged and refreshed. It'll help you to top up your 'energy bank' so you can stay focused."

CREATE A SPACE AT HOME - WHERE POSSIBLE

If you are still working at home, think about having a designated space if you can (rather than sitting on the sofa or in bed).

Ms Wilkinson says that the physical space you are occupying will do a lot for your mental state when it comes to separating work and home life: "I would recommend that anyone home working physically tidies away their workspace each day."

Dr Touroni agrees that if possible, where space permits, you should create a designated workspace.

Also, once you are home, don't

answer calls – put your phone on silent or aeroplane mode if you can. Wilkinson recommends that staff make clear agreements with their employer about their working hours and how they would like to be communicated with while at home.

REMEMBER WHY YOU ARE SETTING BOUNDARIES

Throughout the process, remind yourself of your reasons for setting boundaries, advises Ms McLean.

Remembering the importance of achieving a good work-life balance, spending time with your family, looking after your mental health or just having time to spend on other things you are passionate about should help you set boundaries and stick to them.

"Stick to the boundaries," she says. "Burnout saps your energy, increases negative feelings and reduces productivity."

"You'll be so much better at work, at home and in yourself when you stick to the established boundaries."



It can be hard to switch off when you're working from home GETTY

Burnout Would you recognise the signs in yourself?

In 2019, the World Health Organisation recognised burnout as an "occupational phenomenon" for the first time.

The Labour Force Survey conducted annually by the Government's Health and Safety Executive shows the total number of cases of work-related stress, depression or anxiety in 2020/21 was at 822,000, a prevalence rate of 2,480 per 100,000 workers.

In 2020/21 stress, depression or anxiety accounted for 50 per cent of all work-related ill-health cases. Even prior to the Covid pandemic, the rate of work-related stress, depression and/or anxiety had shown signs of increasing across the UK.

The industries of public administration and defence; education, health and social work all have significantly higher rates than other industries. And women

aged 25-34, 35-44, and 45-54 have significantly higher rates of work-related stress compared with men.

Despite high rates of burnout in the working population, the charity Mental Health UK says that some do not recognise the signs: 68 per cent mistakenly identified symptoms of anxiety instead of burnout.

Signs of burnout, according to Mental Health UK:

Feeling tired or drained most of the time; feeling helpless, trapped and/or defeated; feeling detached/alone in the world; having a cynical/negative outlook; self-doubt, procrastinating and taking longer to get things done; and feeling overwhelmed.

The charity says: "Burnout isn't something which goes away on its own. Rather, it can worsen unless you address the underlying issues causing it."

RELATIONSHIPS

Want to be happier with your sex life? Try finding God

Religious people enjoy greater satisfaction in the bedroom, research shows. By **Kasia Delgado**

Atheists or agnostics who want a better sex life might do well to find a religious person to ask for some tips, after a new study found that religious people tend to experience higher sexual satisfaction than those who feel no connection to faith.

It's not that those who believe in a higher power are necessarily indulging in the sort of wild, non-stop sex that would make Hugh Hefner blush. In fact, perhaps unsurprisingly, people with faith tend to have less sex, as they may be more likely to abstain when outside of relationships.

Yet, whether they're in a couple or not, religious people have reported feeling more content with the sex that they do have.

"As religious individuals are less likely to engage in casual sex and are more likely to limit sexual activity to a relationship based on love, this can lead to lower expectations of sexual activity outside a formal union, as well as increased satisfaction from [their] sex life in general," says Dr Vegard Skirbekk, co-author of the study, which was published in *The Journal of Sex Research*. The study used data on men and women aged 18 to 59 from the third British National Survey of Sexual Attitudes and Lifestyles.

Eleven per cent of the male respondents and 16 per cent of female respondents said religion was important to them, while more than two-thirds had never attended a religious service. Half were married, 17 per cent were living with a partner and a fifth had no stable partner. Over four weeks, men reported having sex more often than women, 4.4 times versus 4.0.

The trend of men having more sex than women continued throughout their lives, with almost 40 per cent of men reporting 10 or more sexual partners in their life versus a quarter of women. Around a quarter of women and men strongly agreed with the statement "I feel satisfied with my sex life", while 14 per cent of women and 17 per cent of men reported being dissatisfied.

Laura (not her real name), a 32-year-old interior designer, from London, believes her Catholic beliefs have made her more relaxed about her sex life than when she was less religious and was engaging in casual sex.

"Sex is obviously so complicated," she says, "but when I had casual sex when I was younger I didn't enjoy it that much, I felt quite a lot of shame around that."

"In a way, that's a downside of lots



Dr Vegard Skirbekk found that the more disapproving people were about sex without love, the higher their sexual satisfaction CAVAN

of religions; there was something in me feeling like I'm doing something wrong, whereas my non-religious friends might have felt less shame in all of that.

"Maybe for some of my friends it would have even be an achievement to get to a higher number of sexual partners, whereas for me the number was a source of embarrassment. Historically, religion has been pretty restrictive about sex, and there's all sorts of problems with that, but as an adult who goes to church, I feel things have improved and are more realistic. I don't feel

I'm now told so much that sex has to only be for procreation."

She continued: "I have felt much better about sex since refinding my faith in my early thirties. Getting married to someone religious, in a Catholic church, abstaining for weeks before our wedding, and committing to the religion formally, has made me feel happier about sex."

"I know it might sound strange to non-religious people, but I feel happier knowing we've committed to each other [and] that divorce would be a massive deal in religious terms. It feels really stable and loving and I feel much happier than when I was having sex casually and had less faith. There are so many factors that go into that, but I feel a sense of clarity about my sex life that I never used to."

"It's the sense of commitment, which isn't specific to religion, but it's also something to do with it all feeling a particularly big deal in the eyes of the church. We're really in it for the long haul, so we have to be honest; we have to work at it a lot."

It feels really stable and I feel much happier than when I was having sex casually and had less faith

The sex guide *Enduring Desire*, by marital therapists Michael Metz and Barry McCarthy, points to research that found that the best sex occurs in couples who have been together for 15 years or longer. The research found that because casual sex can often be more a performance than with a long-term partner, there may be more pressure, less honesty and less willingness to show vulnerability.

The recent *Journal of Sex Research* study found there was a discrepancy between men and women in their satisfaction: married women who were more religious got more sexual satisfaction than married women who were not religious, while if the men were married their levels of sexual satisfaction stayed the same, whether religious or not.

"It is possible," says Dr Skirbekk, "that religious sentiments about the sanctity of marital sex, as well as disapproval of sex outside marriage, matter more for women's than for men's sexual satisfaction."

Meanwhile for both men and women, the study found the more disapproving people are of sex without love, the higher their sexual satisfaction. "While sexual satisfaction initially increases with sex frequency," says University of Exeter professor Dr Nitzan Peri-Rotem, who co-authored the study, "it declines again at a higher number of sex occasions."

Therefore, having "too much" sex may lead to a lower level of satisfaction from sex life.

"The relationship between sex frequency and sexual satisfaction is neither simple nor straightforward. Across all relationship types, too little or too much sex is associated with lower satisfaction, suggesting that an optimum exists in terms of frequency related to higher satisfaction levels."

Ultimately, the research suggests that it is quality, not quantity, that matters most, and that although religion can lead to greater satisfaction – this might be limited to women, not both women and men.

Television Tuesday 20 September

CRITIC'S CHOICE

GERARD GILBERT



PICK OF THE DAY

The Boys From Brazil: Rise Of The Bolsonaros

9pm, BBC Two
In Sunday night's edition of *Simon Reeve's South America*, the presenter witnessed for himself the devastation being wrought by loggers, farmers and miners in the Amazon rainforest and reflected on how Brazil's political climate was having an impact on the environment. The final part of this series about the nation's President, Jair Bolsonaro (left), reveals how he came to power on a platform of radical, populist change and was determined to commercially exploit the rainforest whatever the cost. The ensuing four years had a profound effect on Brazil and the rest of the world.

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Celebrity MasterChef

8pm, BBC One
Finals week resumes with the four remaining contestants (Danny Jones, Mel Blatt, Cliff Parisi and Lisa Snowden) facing the famously daunting Chef's Table – this year hosted by Italian chef Giorgio Locatelli at his Mayfair restaurant. The quartet must impress four pioneers of Italian cuisine in the UK – Francesco Mazzei, Jacob Kenedy, Masha Renner and Theo Randall. The final is on Thursday.

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The Great British Bake Off

8pm, Channel 4
There is plenty of wordplay involving the current President of France as the contestants are asked

to bake 18 identical macarons – these ones made to look like anything but a macaron (burgers, watermelons, daisies, cats and yoyos are among the ensuing disguises). It's Biscuit Week, starting with a technical challenge of baking 12 Garibaldi biscuits ("otherwise known as squashed-fly biscuits", elucidates Matt Lucas) before a showstopper round in which the remaining 11 bakers must create a 3D biscuit mask capable of holding its own weight.

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Crossfire




9pm, BBC One
A first original screenplay by Louise Doughty, whose novel *Apple Tree Yard* was successfully dramatised by BBC One in 2017. Like that psychological thriller, this three-part

tale (showing over consecutive nights) also involves a middle-aged woman's extra-marital affair. Keeley Hawes plays unhappily married Jo who gets caught up in an armed siege during her family holiday at an all-inclusive luxury hotel on the Canary Islands.

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Michael Palin: Into Iraq

9pm, Channel 5
The former Monty Python team member and pioneering TV globetrotter may now be in his 80th year, and not that long ago required heart surgery, but he follows up his 2018 trip to North Korea with the equally daunting destination of Iraq – "a country with a terrible present but an extraordinary past", as he puts it. The plan is to follow the

| Daytime | 6.00 Breakfast (S). 9.15 Morning Live (S). 10.00 Northern Justice (S). 10.30 For Love Or Money (R) (S). 11.15 Homes Under The Hammer (S). 12.15 Bargain Hunt (R) (S). 1.00 BBC News At One; Weather (S). 1.30 BBC Regional News; Weather (S). 1.45 Doctors (S). 2.15 Money For Nothing (R) (S). 3.00 Escape To The Country (S). 3.45 Antiques Road Trip (S). 4.30 The Tournament (S). 5.15 Pointless (S). | 6.30 Coast (R) (S). 7.00 Homes Under The Hammer (R) (S). 8.00 Sign Zone: Mary Berry – Cook & Share (R) (S). 8.30 Sign Zone: Nadiya's Everyday Baking (R) (S). 9.00 BBC News (S). 10.00 BBC News (S). 1.00 Chase The Case (R) (S). 1.45 Eggheads (R) (S). 2.15 Glorious Gardens From Above (R) (S). 3.00 Flipping Profit (R) (S). 3.45 Home Is Where The Art Is (R) (S). 4.30 Murder, Mystery And My Family (R) (S). 5.15 Flog It! (R) (S). | 6.00 Good Morning Britain (S). 9.00 Lorraine (S). 10.00 This Morning (S). 12.30 Loose Women (S). 1.30 ITV News; Weather (S). 1.55 ITV Regional News; Weather (S). 2.00 Dickinson's Real Deal (S). 3.00 Tenable (S). 3.59 ITV Regional Weather (S). 4.00 Tipping Point (S). 5.00 The Chase (S). | 6.10 Countdown (R) (S). 6.50 3rd Rock From The Sun (R) (S). 7.15 3rd Rock From The Sun (R) (S). 7.40 Everybody Loves Raymond (R) (S). 8.05 Everybody Loves Raymond (R) (S). 8.30 Everybody Loves Raymond (R) (S). 9.00 Frasier (R) (S). 9.30 Frasier (R) (S). 10.00 Frasier (R) (S). 10.30 Ramsay's Kitchen Nightmares USA (R) (S). 11.25 Channel 4 News Summary (S). 11.30 The Great House Giveaway (R) (S). 12.30 Steph's Packed Lunch (S). 2.10 Countdown (S). 3.00 A Place In The Sun (R) (S). 4.00 Chateau DIY (S). 5.00 Moneybags (S). | 6.00 Milkshake! 9.15 Jeremy Vine (S). 12.45 Holiday Homes In The Sun (S). 1.40 5 News At Lunchtime (S). 1.45 Home And Away (S). 2.15 FILM: Saving Billy (Roxi Shih 2021) Drama, starring Anna Schafer (S). 4.00 Bargain Loving Brits By The Sea (R) (S). 5.00 5 News At 5 (S). |  Keeley Hawes stars in 'Crossfire' – about a family whose holiday hotel is attacked 9pm, BBC One |  Michael Palin embarks on a trip around Iraq 9pm, Channel 5 |  Paul Hollywood judges the Biscuit Week bakes 8pm, Channel 4 | 6.00 World's Funniest Videos (S). 6.25 World's Funniest Videos (S). 7.00 Love Bites (S). 8.00 Secret Crush (S). 9.00 Veronica Mars (S). 10.00 One Tree Hill (S). 11.00 Hart Of Dixie (S). 12.00 Supermarket Sweep (S). 1.00 Family Fortunes (S). 2.00 The Masked Singer US (S). 3.05 Veronica Mars (S). 4.00 One Tree Hill (S). 5.00 Hart Of Dixie (S). |
|---------|---|--|--|--|--|---|--|---|---|
| 6pm | 6.00 BBC News At Six; Weather (S). 6.30 BBC Regional News; Weather (S). | 6.00 Richard Osman's House Of Games (S). 6.30 Unbeatable (S). | 6.00 ITV Regional News; Weather (S). 6.30 ITV News; Weather (S). | 6.00 The Simpsons (R) (S). 6.30 Hollyoaks Juliet warns Sid to keep Victor at arm's length (R) (S). | 6.00 Cash In The Attic A retired lecturer looking to sell antiques (S). 6.55 5 News Update (S). | | | 6.00 Celebrity Catchphrase With Chris Hoy, Martine McCutcheon and Faye Tozer (S). | |
| 7pm | 7.00 The One Show (S). 7.30 EastEnders Alfie sets up a stall to raffle off his boat (S). | 7.00 Villages By The Sea (R) (S). 7.30 Iolo: A Wild Life (R) (S). | 7.00 Emmerdale Leyla is in for a shock, and Amelia decides to move out (S). | 7.00 Channel 4 News (S). | 7.00 Dogs Behaving (Very) Badly Trainer Graeme Hall takes on a destructive English bulldog (R) (S). | 7.00 Great American Railroad Journeys (S). | 6.40 FILM: The Second Best Exotic Marigold Hotel (John Madden 2015) Comedy drama sequel (S). | 7.00 Secret Crush Craig thinks chocolates and poetry can win over Sophie (S). | |
| 8pm | 8.00 Celebrity MasterChef Finals Week continues as the four remaining cooks battle for the title (S). | 8.00 The Hotel People The Grand Central is on high alert (R) (S). | 8.00 Coronation Street Kelly plots the ultimate revenge against Gary (S). | 8.00 The Great British Bake Off The bakers make illusion macarons and a 3D mask of biscuit (S). | 8.00 The Yorkshire Vet Julian performs an emergency blood plasma transfusion on a baby alpaca (S). | 8.00 Keeping Up Appearances (S). 8.30 Ever Decreasing Circles Paul buys a neighbour's house (S). | | 8.00 Bob's Burgers (S). 8.30 Bob's Burgers Linda chaperones Tina to a conference (S). | |
| 9pm | 9.00 Crossfire New series. Drama, starring Keeley Hawes and Anneika Rose (S). | 9.00 The Boys From Brazil: Rise Of The Bolsonaros A look at Jair Bolsonaro's time as Brazil's president (R) (S). | 9.00 The Suspect Joe finds himself on the run from the police (S). | 9.30 First Dates Hotel Animal lover Sophie is paired with Billy, who has a collection of pet tarantulas (S). | 9.00 Michael Palin: Into Iraq New series. Michael embarks on an epic, revelatory journey through Iraq (S). | 9.00 One Day In Ukraine: Storyville A snapshot of one day in a country under siege (S). | 9.00 FILM: Once Upon A Time In Hollywood (Quentin Tarantino 2019) Drama | 9.00 Bad Chefs With guest chef Joseph Denison Carey (S). | |
| 10pm | 10.00 BBC News At Ten (S). 10.30 BBC Regional News (S). 10.40 Mental Health: Young Lives In Crisis (S). | 10.00 Cunk On Earth New series. Spoof documentary, starring Diane Morgan (S). 10.30 Newsnight (S). | 10.05 ITV News At Ten (S). 10.40 ITV Regional News; Weather (S). | 10.35 Rosie Jones' Trip Hazard Last in the series (S). | 10.00 The World's Most Luxurious Prison A look inside Norway's Halden Prison (R) (S). | 10.20 Seamus Heaney And The Music Of What Happens The life and work of the poet (S). | | 10.00 Plebs The Crown and Toga get a tax bill (S). 10.30 Plebs Marcus has a run-in with the fire brigade (S). | |
| 11pm | 11.45 BBC News (S). | 11.15 Sign Zone: Fake Or Fortune? A sketch believed to be by artist Amedeo Modigliani (R) (S). | 10.55 Who Wants To Be A Millionaire? (R) (S). | 11.35 The Simpsons Homer's computing error plunges Earth into chaos (R) (S). | 11.05 My Son The Serial Killer The personality of serial killer Steve Wright (R) (S). | 11.50 The Celts: Blood, Iron And Sacrifice With Alice Roberts And Neil Oliver (S). | | 11.00 Family Guy Peter and Lois open a cookie store (S). 11.30 Family Guy (S). | |
| Late | | 12.15 Sign Zone: Celebrity MasterChef (R) (S). 1.15 Sign Zone: How To With John Wilson (R) (S). 1.45 This Is BBC Two (S). | 11.55 Heathrow: Britain's Busiest Airport (R) (S). 12.25 Shop: Ideal World 3.00 Take The Tower (R) (S). 3.50 Unwind With ITV (S). 5.05 Dickinson's Real Deal (R) (S). | 12.35 Gogglebox (R) (S). 1.00 The Great British Bake Off: An Extra Slice (R) (S). 1.55 The Last Leg (R) (S). 2.35 FILM: Goat (Andrew Neel 2016) (S). 4.20 Sarah Beeny's New Life In The Country (R) (S). | 12.05 The Yorkshire Ripper: Born To Kill (R) (S). 1.00 Entertainment News On 5 (S). 1.05 The Leo Vegas Live Casino Show (S). 3.05 British Airways 24/7: Access All Areas (R) (S). 3.50 Building The Channel Tunnel: 25 Years On (R) (S). | 12.50 Great American Railroad Journeys (S). 1.50 The Search For A New Earth (S). 3.20 Close | 12.15 FILM: Topsy-Turvy (Mike Leigh 1999) Drama, starring Jim Broadbent (S). 3.35 Close | 12.00 American Dad! (S). 12.30 American Dad! (S). 12.55 Bob's Burgers (S). 1.25 Bob's Burgers (S). 1.50 Don't Hate The Playaz (S). 2.35 Totally Bonkers Guinness World Records (S). 3.00 Teleshopping | |

River Tigris on its thousand-mile journey through the war-torn region, starting in the shattered remains of Mosul. Palin manages to find life among the ruins of the city, which was captured by Isis in 2014 and wrecked during its recapture two years later, before heading to the oil-rich Iraqi Kurdish capital, Erbil.

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Cunk On Earth
10pm, BBC Two
Philomena Cunk (Diane Morgan) returns with a landmark series telling the entire story of human civilisation from prehistoric times to the present day. Except, of course, that this is a new series of Charlie Brooker's comedy where Morgan/Cunk befuddles various experts with her dim questions and observations.

FILM
CHOICE

LAURENCE PHELAN



FILM OF THE DAY
The Godfather
5.05pm, Sky Cinema Greats
(Francis Ford Coppola, 1972)
The American screen acting legend Marlon Brando passes the baton on to a deserving Al Pacino (left) in Francis Ford Coppola's impeccably staged chronicle of a 1940s Mafia dynasty. It is a richly detailed and insightful rumination on family, power, the immigrant experience and the corruption of the American dream. Full of glamour and queasy violence, it is horribly seductive: a film that draws you into the family's business, then won't let go – that makes you an offer you can't refuse, in other words. A magisterial and iconic work, it is the one of the best of all gangster movies (though *The Godfather II* ranks alongside it).

===
The Second Best Exotic Marigold Hotel
6.40pm, Film4
(John Madden, 2015)
A sequel to the cosy and colourful 2011 hit about English retirees in Jaipur, with lots of gentle character comedy to enjoy, a reassuring message about new starts and late-life second chances.

===
Topsy-Turvy
12.15am, Film4
(Mike Leigh, 1999)
This costume drama is a masterclass in comic characterisation from Mike Leigh, with the added interest that its characters are Victorian opera writers Gilbert (Jim Broadbent) and Sullivan (Allan Corduner).

ON DEMAND

The Deceived
Acorn TV
A noirish romantic thriller from Ireland co-written by *Derry Girls'* Lisa McGee.

Days That Shook The BBC With David Dimbleby
BBC iPlayer
Controversies that have beset the public broadcaster.

Girl In The Box: The Real Story
Paramount+
Kidnapping victim Colleen Stan recalls her ordeal.

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|--|--|---|--|---|---|---|---|
| <div>itv3</div> <div>6.00 Classic Coronation Street (S) 6.35 Classic Coronation Street (S) 7.00 Classic Emmerdale (S) 7.30 Classic Emmerdale (S) 8.05 That's My Boy (S) 8.40 That's My Boy (S) 9.15 The Royal (S) 10.20 The Royal (S) 11.30 Heartbeat (S) 12.35 Heartbeat (S) 1.40 Classic Emmerdale (S) 2.10 Classic Emmerdale (S) 2.40 Classic Coronation Street (S) 3.10 Classic Coronation Street (S) 3.45 Agatha Christie's Poirot (S).</div> | <div><div></div><div>6.00 Hollyoaks (S) 7.00 Ramsay's Kitchen Nightmares USA (S) 8.00 Black-ish (S) 8.30 Black-ish (S) 9.00 How I Met Your Mother (S) 9.30 How I Met Your Mother (S) 10.00 The Big Bang Theory (S) 10.30 The Big Bang Theory (S) 11.00 Young Sheldon (S) 11.30 Young Sheldon (S) 12.00 Brooklyn Nine-Nine (S) 12.30 Brooklyn Nine-Nine (S) 1.00 The Big Bang Theory (S) 1.30 The Big Bang Theory (S) 2.00 The Big Bang Theory (S) 2.30 The Big Bang Theory (S) 3.00 Young Sheldon (S) 4.00 Married At First Sight UK (S) 5.00 The Big Bang Theory (S).</div></div> | <div><div></div><div>8.55 Kirstie's Handmade Treasures (S) 9.15 A Place In The Sun (S) 10.05 A Place In The Sun (S) 11.05 Find It, Fix It, Flog It (S) 12.05 Find It, Fix It, Flog It (S) 1.05 Heir Hunters (S) 2.10 Four In A Bed (S) 2.40 Four In A Bed (S) 3.15 Four In A Bed (S) 3.50 Four In A Bed (S) 4.20 Four In A Bed (S) 4.50 Find It, Fix It, Flog It (S).</div></div> | <div>sky max</div> <div>6.00 Stargate SG-1 (R) (S) 7.00 Stargate SG-1 (R) (S) 8.00 The Flash (R) (S) 9.00 DC's Legends Of Tomorrow (R) (S) 10.00 Supergirl (R) (S) 11.00 NCIS: New Orleans (R) (S) 12.00 NCIS: New Orleans (R) (S) 1.00 Hawaii Five-0 (R) (S) 2.00 MacGyver (R) (S) 3.00 DC's Legends Of Tomorrow (R) (S) 4.00 The Flash (R) (S) 5.00 Supergirl (R) (S).</div> | <div>sky atlantic</div> <div>6.00 Fish Town (R) (S) 6.50 Fish Town (R) (S) 7.45 Boardwalk Empire (R) (S) 8.50 Boardwalk Empire (R) (S) 10.00 The Sopranos (R) (S) 11.05 The Sopranos (R) (S) 12.15 Ray Donovan (R) (S) 1.20 Ray Donovan (R) (S) 2.25 Game Of Thrones (R) (S) 3.30 Boardwalk Empire (R) (S) 4.40 Boardwalk Empire (R) (S).</div> | <div>Radio</div> <div>BBC Radio 1 6.57am Newsbeat 7.00 Radio 1 Breakfast With Greg James 9.45 Book Of The Week: Fen, Bog & Swamp 10.00 Woman's Hour 11.00 The Curious Cases Of Rutherford & Fry 11.30 Icon 12noon News 12.04 Call You And Yours 12.57 Weather 1.00 The World At One 1.45 Just One Thing With Michael Mosley 2.00 The Archers 2.15 Drama: Calls From Far Away 3.00 Short Cuts 3.30 BBC National Short Story Award 2022 4.00 The Listening Project 4.30 Great Lives 5.00 PM 5.57 Weather 6.00 Six O'Clock News 6.30 Alone 7.00 The Archers 7.15 Front Row 8.00 The Today Debate: What Do We Want From Our Monarchy? 8.40 In Touch. News for people who are blind or partially sighted. 9.00 Can The Police Keep Us Safe? The role of the police and public safety. 9.30 The Life Scientific. Jim Al-Khalili talks to mental health scientist Emily Holmes. 10.00 The World Tonight. Presented by Ritula Shah. 10.45 Book At Bedtime: Stone Blind. By Natalie Haynes. 11.00 Fortunately. With Eleanor Oldroyd. 11.30 BBC National Short Story Award 2022 12mdn't News And Weather 12.30 Book Of The Week: Fen, Bog & Swamp 12.48 Shipping Forecast 1.00 As BBC World Service 5.20 Shipping Forecast 5.30 News Briefing 5.43 Prayer For The Day 5.45 Farming Today 5.58 Tweet Of The Day</div> <div>BBC Radio 1Xtra 6am 1Xtra Playlists 7.00 Nadia Jae 10.00 Ace 12.45pm Newsbeat 1.00 Remi Burgz 4.00 Nick Bright 5.45 Newsbeat 6.00 Nick Bright 7.00 DJ Target 9.00 Jamz Supernova 11.00 Snoochie Shy 1am 1Xtra @ 20-20 Years Of African Sounds 2.00 1Xtra @ 20-20 Years Of African Sounds 3.00 Battle Of The Mixes 3.30 Battle Of The Mixes 4.00 Pressed 5.00 1Xtra's Cosmic Wind Down With Jamz Supernova</div> <div>BBC Radio 2 6.30am The Zoe Ball Breakfast Show 9.30 Ken Bruce 12noon Jeremy Vine 2.00 Steve Wright In The Afternoon 5.00 Sara Cox 7.00 Jo Whitley 9.00 The Jazz Show With Jamie Cullum 10.00 Trevor Nelson's Rhythm Nation 12mdn't OJ Borg 3.00 Pick Of The Pops 4.00 Early Breakfast Show</div> <div>BBC Radio 3 6.30am Breakfast. With Petroc Trelawny. 9.00 Essential Classics. A selection of music and features, with Georgia Mann. 12noon Composer Of The Week: Emilie Mayer. Donald Macleod journeys with Emilie Mayer as she meets Carl Loewe. 1.00 Radio 3 Lunchtime Concert. The Casals Quartet play Mendelssohn. 2.00 Afternoon Concert. The Bavarian Radio Symphony Orchestra with Strauss' An Alpine Symphony. 5.00 In Tune. Music and arts news. 7.00 In Tune Mixtape. Bach, Barber and Schumann. 7.30 Radio 3 In Concert. Sir Simon Rattle conducts the London Symphony Orchestra. 10.00 Free Thinking. An early Medieval monastery raided by Vikings in the north east. 10.45 The Essay: Coming Home. Writer Dr Shahed Yousaf drives home to Birmingham from a demanding day at work. 11.00 Night Tracks. Sara Mohr-Pietsch presents an immersive soundtrack for late-night listening. 12.30am Through The Night. MDR Leipzig Radio Symphony Orchestra plays Mendelssohn, Vaughan Williams and Dvorak.</div> | <div>BBC Radio 4 6am Today 9.00 The Life Scientific 9.30 One To One 9.45 Book Of The Week: Fen, Bog & Swamp 10.00 Woman's Hour 11.00 The Curious Cases Of Rutherford & Fry 11.30 Icon 12noon News 12.04 Call You And Yours 12.57 Weather 1.00 The World At One 1.45 Just One Thing With Michael Mosley 2.00 The Archers 2.15 Drama: Calls From Far Away 3.00 Short Cuts 3.30 BBC National Short Story Award 2022 4.00 The Listening Project 4.30 Great Lives 5.00 PM 5.57 Weather 6.00 Six O'Clock News 6.30 Alone 7.00 The Archers 7.15 Front Row 8.00 The Today Debate: What Do We Want From Our Monarchy? 8.40 In Touch. News for people who are blind or partially sighted. 9.00 Can The Police Keep Us Safe? The role of the police and public safety. 9.30 The Life Scientific. Jim Al-Khalili talks to mental health scientist Emily Holmes. 10.00 The World Tonight. Presented by Ritula Shah. 10.45 Book At Bedtime: Stone Blind. By Natalie Haynes. 11.00 Fortunately. With Eleanor Oldroyd. 11.30 BBC National Short Story Award 2022 12mdn't News And Weather 12.30 Book Of The Week: Fen, Bog & Swamp 12.48 Shipping Forecast 1.00 As BBC World Service 5.20 Shipping Forecast 5.30 News Briefing 5.43 Prayer For The Day 5.45 Farming Today 5.58 Tweet Of The Day</div> <div>BBC Radio 4 LW 8.31am Yesterday In Parliament 9.45 Daily Service 12.01pm Shipping Forecast 5.54 Shipping Forecast</div> <div>BBC Radio 4 Extra 6am Paul Temple And The Jonathan Mystery 6.30 The Cry Of The Owl 7.00 The Break 7.30 Alone 8.00 The Goon Show 8.30 King Street Junior 9.00 Chain Reaction 9.30 The Older Woman 10.00 Cold Comfort Farm 11.00 Good Luck Professor Spiegelhalter</div> | <div>12noon The Goon Show 12.30 King Street Junior 1.00 Paul Temple And The Jonathan Mystery 1.30 The Cry Of The Owl 2.00 In Montparnasse 2.15 Eleanor Rising 2.30 The Blonde Women Of India 3.00 Cold Comfort Farm 4.00 The 3rd Degree 4.30 The Older Woman 5.00 The Break 5.30 Alone 6.00 The Slide 6.30 Soul Music 7.00 The Goon Show 7.30 King Street Junior 8.00 Paul Temple And The Jonathan Mystery 8.30 The Cry Of The Owl 9.00 Good Luck Professor Spiegelhalter 10.00 Comedy Club: Alone 10.30 Comedy Club: Think The Unthinkable 11.00 Comedy Club: Party 11.30 Comedy Club: 2000 Years Of Radio 11.45 Comedy Club: Paperback Hell 12mdn't 1.30 Soul Music 1.00 Paul Temple And The Jonathan Mystery 1.30 The Cry Of The Owl 2.00 In Montparnasse 2.15 Eleanor Rising 2.30 The Blonde Women Of India 3.00 Cold Comfort Farm 4.00 The 3rd Degree 4.30 The Older Woman 5.00 The Break 5.30 Alone</div> <div>BBC 5 Live 6am 5 Live Breakfast 9.00 Nicky Campbell 11.00 Naga Munchetty 1pm Nihal Arthanayake 4.00 5 Live Drive 7.00 5 Live Sport 8.00 Rugby League 9.00 5 Live Sport: The Euro Leagues Podcast 10.00 Colin Murray 1am Dotun Adebayo 5.00 Wake Up To Money</div> <div>BBC 6 Music 7.30am Nemone 10.30 Jamz Supernova 1pm Craig Charles 4.00 Steve Lamacq 7.00 Marc Riley 9.00 Gideon Coe 12mdn't 6 Music Artist In Residence 1.00 The Evolution Of John Peel 2.00 The Evolution Of John Peel 3.00 6 Music Live Hour 4.00 6 Music's Jukebox 5.00 Chris Hawkins</div> <div>Classic FM 6am More Music Breakfast 9.00 Alexander Armstrong 12noon Lucy Coward 4.00 John Brunning 7.00 Smooth Classics At Seven 10.00 Smooth Classics 1am Bill Overton 4.00 Early Breakfast</div> <div>Absolute Radio 6am Andy Bush 10.00 Leona Graham 1pm Jay Lawrence 4.00 Richie 7.00 Danielle Perry 10.00 Emil Franchi 1am Dan Noble</div> <div>Heart 6.30am Heart Breakfast With Jamie Theakston And Amanda Holden 10.00 Pandora Christie 1pm Matt Wilkinson 4.00 JK And Kelly Brook 7.00 Heart's Feel Good Weekend With Dev Griffin 10.00 Fia Tarrant 1am Simon Beale 4.00 Early Breakfast With James Stewart</div> <div>TalkSPORT 6am TalkSPORT Breakfast 10.00 Jim White And Simon Jordan 1pm Hawksbee & Baker 4.00 TalkSPORT Drive With Andy Goldstein And Darren Bent 7.00 Kick Off 10.00 Sports Bar 12mdn't Extra Time</div> |
| <div>5.55 Heartbeat Merton and Jenny prepare to tie the knot (S).</div> | <div>6.00 The Big Bang Theory Sheldon teaches Leonard about American football (S). 6.30 The Big Bang Theory (S).</div> | <div>5.55 Car S.O.S Tim Shaw and Fuzz Townshend work on a 1972 Renault Alpine A110. (S)</div> | <div>6.00 Stargate SG-1 Colonel O'Neill is captured by the Goa'uld and tortured to the brink of death (R) (S).</div> | <div>5.45 The Sopranos Johnny pursues a personal vendetta (R) (S).</div> | | | |
| <div>7.00 Heartbeat A suspicious death is investigated (S).</div> | <div>7.00 Hollyoaks Sid supports Victor at his mum's funeral (S). 7.30 The Big Bang Theory (S).</div> | <div>6.55 Escape To The Chateau Dick Strawbridge attempts to make sloe gin (S).</div> | <div>7.00 Stargate SG-1 Jonas begs the Pentagon for help (R) (S).</div> | <div>6.50 The Sopranos Tony goes to the races. Drama, starring James Gandolfini (R) (S).</div> | | | |
| <div>8.00 Martin Clunes: Islands Of The Pacific In Vanuatu. Martin climbs an active volcano (S).</div> | <div>8.00 Below Deck: Mediterranean Hannah experiences betrayal when Ben goes to the Captain (S).</div> | <div>7.55 Wondrous Wales Lambing season is in full swing for a family in the Brecon Beacons (S).</div> | <div>8.00 A League Of Their Own With Kyle Walker, Russell Howard, Maisie Adam and David Walliams (R).</div> | <div>7.55 Game Of Thrones Arya encounters the Brotherhood Without Banners (R) (S).</div> | | | |
| <div>9.00 Midsomer Murders Mysterious lights are seen in the sky over Cooper Hill (S).</div> | <div>9.00 Married At First Sight UK The third dinner party takes place (S).</div> | <div>9.00 Titanic: Building The World's Largest Ship The story of the doomed steamship's construction (S).</div> | <div>9.00 The Blacklist Red tries to reveal his true enemy.</div> | <div>9.00 Irma Vep Mira must say goodbye to her role as Irma. Last in the series (S).</div> | | | |
| | <div>10.00 Celeb Cooking School The remaining celebs make sausages by hand (S).</div> | <div>10.00 24 Hours In A&E A nasty injury threatens to leave a man without the use of his right hand (S).</div> | <div>10.00 Strike Back: Vendetta Section 20 is sent on a military mission to Bosnia (R) (S).</div> | <div>10.05 House Of The Dragon Game Of Thrones prequel, starring Paddy Considine (R).</div> | | | |
| <div>11.05 Maigret A teacher is convinced he will be accused of murder (S).</div> | <div>11.05 Naked Attraction A singer and a development manager take part (S).</div> | <div>11.05 Emergency Helicopter Medics (S).</div> | <div>11.00 Brassic Chinese Dan gives his retired racing greyhound to Cardi (R) (S).</div> | <div>11.15 Munich Games Jackie Igliski, the owner of the Israeli football club, is blackmailed (R) (S).</div> | | | |
| <div>12.15 The Royal (S). 1.15 The Royal (S) 2.20 Unwind With ITV (S) 2.30 Teleshopping</div> | <div>12.05 First Dates Hotel (S). 1.15 Married At First Sight UK (S) 2.15 Celeb Cooking School (S) 3.10 Below Deck (S) 4.00 Ramsay's Kitchen Nightmares USA (S). 4.45 Brooklyn Nine-Nine (S).</div> | <div>12.10 999: On The Front Line (S) 1.15 24 Hours In A&E (S) 2.20 Emergency Helicopter Medics (S) 3.25 Food Unwrapped (S) 3.50 Close</div> | <div>12.00 S.W.A.T (R) (S) 1.00 The Force: North East (R) (S) 2.00 Football's Funniest Moments (R) (S). 2.45 Road Wars (R) 3.15 Hawaii Five-0 (R) (S) 4.10 MacGyver (R) (S) 5.00 Highway Patrol (R) (S).</div> | <div>12.15 Succession (R) (S). 1.20 In Treatment (R) (S). 1.50 FILM: 11th Hour (Jim Sheridan 2017) (R) (S). 2.00 FILM: Nightingale (Elliott Lester 2015) 3.30 In Treatment (R) (S). 4.00 Fish Town (R) (S).</div> | | | |

'I felt something change deep within me'

Adrift after giving birth, **Chelsea Conaboy** began to research what scientists know about how motherhood reshapes the very structure of our brains – and learnt that maternal instinct is little more than a myth

Arts

Josette Simon

On her new TV thriller – and why there's no such thing as a "black actor"

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Review

Gary Barlow

The story of the Take That singer's life told in a musical one-man show

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In my first weeks and months as a mother, worry became a kind of ceaseless static in my mind, never not there. With the worry came guilt. And with the guilt, loneliness. I didn't feel like the parent my son deserved or the naturally nurturing mother I had been told repeatedly I would be. The orbit of my life had shrunk to encompass little more than the chair in which I nursed my son and the room where his bassinet stood next to our bed. Feeling overwhelmed even in that felt like failure. None of this – the all-consuming nature of it, the devastation that accompanied the joy – was how I had imagined it would be.

Close friends who had young children reassured me that the early months were hard, that things would get better when the baby started sleeping more at night, but they never talked about this thing I felt that I couldn't quite name, a kind of untying. Neither did I. Even as the months passed and my worry began to fade a little, the sense remained that I had stepped into a disorientating new reality in which everything sat a few degrees off-centre.

In some ways, it was thrilling. I recognised a new power in myself.

Other times, when I spotted someone else walking to work with the same ugly breast pump bag that I had, I would wonder, did they feel it too? Had they become familiar with the same soundtrack of what-ifs, crescendoing in absurdity? (What if that snuffle is the start of pneumonia? What if I fall down the stairs while carrying him?) Did they find themselves crying uncontrollably as they read about the capsizing of a boat full of refugees in the Mediterranean – the news not only tragic but now something visceral, an agony for somebody else's babies?

Did they know the strange tug between the urge to run from the shower to comfort their crying child in the next room and the desire to climb out the bathroom window, so desperate for a moment to themselves, with their old selves?

I feared that their answer was no. That I was an outlier, that the maternal instinct that was supposed

to provide equilibrium in the tumult of new parenthood was broken. Or, worse, that something deep within me had been altered. Set loose.

Pregnancy and parenting books seemed only to gloss over the questions I now had about myself as a mother. I found an inkling of something different first in a tattered hand-me-down copy of *Infants and Mothers: Differences in Development* by famed paediatrician T Berry Brazelton, originally published in 1969. Brazelton wrote that many new mothers face emotional and psychological challenges, that those struggles are normal and "may even be an important part of her ability to become a different kind of person".

Soon after, I read other people's writing about the maternal brain and, because I am a questioner by nature and a health journalist by training, I dug into the research myself. I would think of Brazelton's words often as I pored over stud-

ies documenting the change in the volume of grey matter in a mother's brain or what one paper describes as the "wholesale remodelling of synapses and neural activity". Half a century ago, Brazelton sensed what researchers today are establishing using human brain scans and animal models: parenthood creates "a different kind of person".

Birthing a baby doesn't simply turn on a long-dormant circuit marked for maternal instinct and specific to the brains of females. Researchers studying the neurobiology of parents have begun documenting the many ways

having a child reorganises the brain, altering the neural feedback loops that dictate how we react to the world around us, how we read and respond to other people, and how we regulate our own emotions.

Becoming a parent changes our brain, functionally and structurally, in ways that shape our physical and mental health over the remainder of



Brain scans show that parenthood creates a different kind of person



Main: becoming a parent reorientates the brain; above, Chelsea Conaboy with her son; and (inset), the Conaboy family

our lifespan. Scientists have found such significant change in gestational mothers, by far the most studied group, that they now recognise new motherhood as a major developmental stage of life. And they've begun mapping how, in all parents who engage in caring for their children, no matter their path to parenthood, the brain is changed by the intensity of that experience and the hormonal shifts that accompany it.

HORMONAL SURGE

New parents are gently warned about the "baby blues", a period of moodiness and mild depression that most birthing parents experience in the weeks after childbirth. But rarely do we learn what that jolt of hormones sets in motion. This hormonal surge acts like a rush order on the remodelling of the brain, sensitising it for the creation of new neural pathways aimed first at motivating parents – despite self-doubt or lack of experience – to meet baby's basic needs in those tenuous first days, and then setting them up for a longer period of learning how to care for their child.

Babies change like the weather and then grow, before we know it,

into walking, talking beings with complex physical and emotional needs. Parents need to be able to change with them. The brain adjusts in ways that account for that, becoming more mouldable, more adaptable than it typically is.

Using brain imaging technology and other tools, scientists have found that regions key to the work of parenting, including those that shape our motivation, attention and social responses, change significantly in volume, especially through pregnancy and the first few months with a newborn, in a process thought to represent a fine-tuning of the brain for the demands of parenting.

Researchers have identified a general pattern of activity across birthing parents' brains that builds over time, a caregiving circuitry that is activated as they listen to recordings of their baby's cry, for example, or respond to images of their child smiling or in distress.

Caring for a baby changes what researchers call the functional architecture of the brain, the framework across which brain activity moves. And remarkably, those changes last, not only weeks

or months after a baby is born but perhaps even decades later, over a person's whole lifespan.

The science suggests that remodelling of the parental brain involves much more than rearranging furniture to make room for one more role in a busy life. Becoming a parent moves weight-bearing walls. It tweaks the floor plan. It changes the way light enters the space.

As I learnt more, my worries seemed to quiet a little. Having a baby changes the brain. Not only for the one in five birthing parents who develop a perinatal mood or anxiety disorder, but for all of them. I had felt adrift in new motherhood, and this anchored me. The turmoil I felt might be normal, an intrinsic part of the reorientation of the brain for parenthood.

The story I found in the science was decidedly not one of a woman girded by the magic of motherly love, who responds to her baby's every need reflexively, accepts the self-sacrifice required of her without question, and taps into a well of mother-knows-best wisdom. That narrative, it had become clear to me, was about as representative of new motherhood as the some-day-your-prince-will-come Disney stories are of dating and marriage.

Instead, the science tells us that to become a parent is to be deluged. It is brutal, in a sense, how completely engulfed we are by it and from multiple fronts, like a rock at the ocean's edge, battered by waves and tides and sun and wind.

All the new input our brain must take in, suddenly and all at once, may feel disorientating and distressing. But it has a point. This flood of stimuli compels us to care for infants in their most vulnerable state, because a parent's love is neither automatic nor absolute. In a sense, the brain works to keep our babies alive until the heart catches up. It transforms us into protective, even obsessive caregivers when so many of us lack any skill whatsoever in actual child-rearing.

BEHAVIOURAL CHANGES

If that were all, the parental brain would be worthy of awe. But that's just the start. Scientists have begun tracking how the neural reorganisation caused by parenthood affects a person's behaviour, their way of being in the world, their life at large. The findings so far and the questions



FAST FACTS BABY BONDING

Bonding with babies is not confined to mothers – or to women. Studies suggest that oxytocin – the hormone associated with maternal bonding – plays a role in **grandparents' bonding** with their grandchildren.

Research shows that **changes in fathers' hormones** begin even before the birth of their child. There is evidence that men's levels of testosterone, the primary sex hormone in males, drop by up to a third when they become fathers.

Oxytocin, dopamine (associated with pleasurable reward and motivation) and prolactin – which **promotes lactation** in women and reduces sexual urges in men – are all also shown to increase in new fathers.

Interactions with children increase oxytocin levels in parents. The hormone is also thought to have a role in bonding between children and **non-biological parents**.

they point to are deeply meaningful in themselves. For me, studying them has been like seeing my own reflection in a storefront window along a bustling sidewalk – a chance to recognise myself.

Researchers have found that new motherhood seems to alter how women read and respond to social and emotional cues, not only from their babies but perhaps also from their partners and other adults. It may change their ability to regulate their own emotions, helping them to stay calm – in a relative sense – in the face of a screaming infant, and to plan a response.

While many people experience real but generally temporary mem-

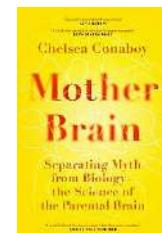
ory loss during pregnancy and the postpartum period, motherhood in certain contexts also has been found to enhance executive functioning, affecting a person's ability to strategise and her capacity to shift attention between tasks. A small number of studies suggest motherhood may even protect cognition later in life.

Parenthood has been neglected by science, seen more as a subject of morality and the soft laws of nature than as one worthy of rigorous investigation. But it has become clear to me that the parental brain is an essential topic not only for people taking prenatal classes or navigating the first weeks at home with a newborn. It's one that grandparents and policymakers, health care providers and advocates, any working parent and any manager of working parents should understand, too, along with any person who is considering whether to become a parent and looking for information, beyond mythology, to help them decide.

This science can play a role in shifting gender norms at home and at work, in building public policies that actually support parents of young children, in securing reproductive rights and in reimagining the relationship between parenting and society. At the very least, it alters the stories we tell ourselves about our individual experiences of parenthood and about the world around us.

This science has exposed something essential that is so obviously missing from the old story of maternal instinct: time.

Becoming a mother, a parent, is a process. Unless we've previously done the intensive work of wholly caring for another vulnerable person, our fundamental capacity for parenting is not pre-existing. It grows. That growth can be painful and powerful. And long-lasting. All sorts of factors determine just how it will occur. How would our expectations change – the ones we hold ourselves to, the ones we judge others by – if we could see that fundamental truth?



'Mother Brain: Separating Myth from Biology – the Science of the Parental Brain' by Chelsea Conaboy (Weidenfeld & Nicolson, £20) is out now

Arts



Podcasts Glittering a Turd



Kris Hallenga, the author and co-founder of the breast cancer awareness charity Coppafeel, hosts *Glittering a Turd*, a podcast which is essentially about making the best out of a bad situation, whatever it might be.

In each episode, Hallenga is joined by celebrity guests including reality star Vicky Pattinson and *Great British Bake Off* winner turned chef Nadiya Hussain, who bring their figurative “turds” to the table.

Hallenga empathetically explores her guests’ challenges, as well as their ways of overcoming them. She also invites listeners to send in WhatsApp voice notes about how they glittered the turds that they have faced down in their own lives.

Lauren O'Neill

When Josette Simon told her friends she was going to Tenerife for work, they said she was lucky. “They imagine you’re going on holiday,” she says. But watch one episode of *Crossfire*, BBC One’s heart-stopping new thriller, and you’ll understand why this was no holiday. In fact, she says the whole experience was gruelling.

The three-parter stars Keeley Hawes as Jo, a woman on holiday at a luxury hotel in the Canary Islands with her husband, children and friends. It’s idyllic at first: they drink cocktails, they lounge in the sun while the kids splash in the pool, there’s talk of having a go at water aerobics in the afternoon. Then the bubble bursts. Gunmen rip through the hotel, shooting anyone in their way.

“The big question for me is: ‘What would I do?’” says Simon, who you may recognise from pitch-perfect roles in *Anatomy of a Scandal*, *Small Axe* or *Broadchurch*. She plays Miriam, a GP and one of Jo’s close friends.

“I imagine what most people watching will be thinking is of times when they were on that type of holiday. You spiral into thinking, ‘Oh my God, what if this happened to us?’ We like to think we would be brave, but we just don’t know.”

Simon has spent a lot of time examining what her own response would be. “One of the terrible things is because it all happens so quickly, you haven’t got time to think about where the kids are or if your husband is around. You’ve got to run. You just have to flee for your life.”

A particular scene before the chaos sticks in her mind. In it, Miriam has a small tiff with her husband, Ben, before heading off to spend the day by the pool. “He says, ‘See you later, then,’ and she just responds ‘Yeah, OK.’ No ‘love you’. You just don’t know if something is going to be the last thing you ever say to someone. You might wish you had been more loving.”

They filmed during lockdown, which meant the cast and crew had to stay in the same hotel in which they shot the siege – sometimes they even slept in the same rooms their char-

I have a philosophy that you must always do the thing that you’re frightened of

acters were staying in. “It created a certain claustrophobia. Thankfully, we all got on really well. It would have been a nightmare if we hadn’t because we were stuck there for weeks on end.”

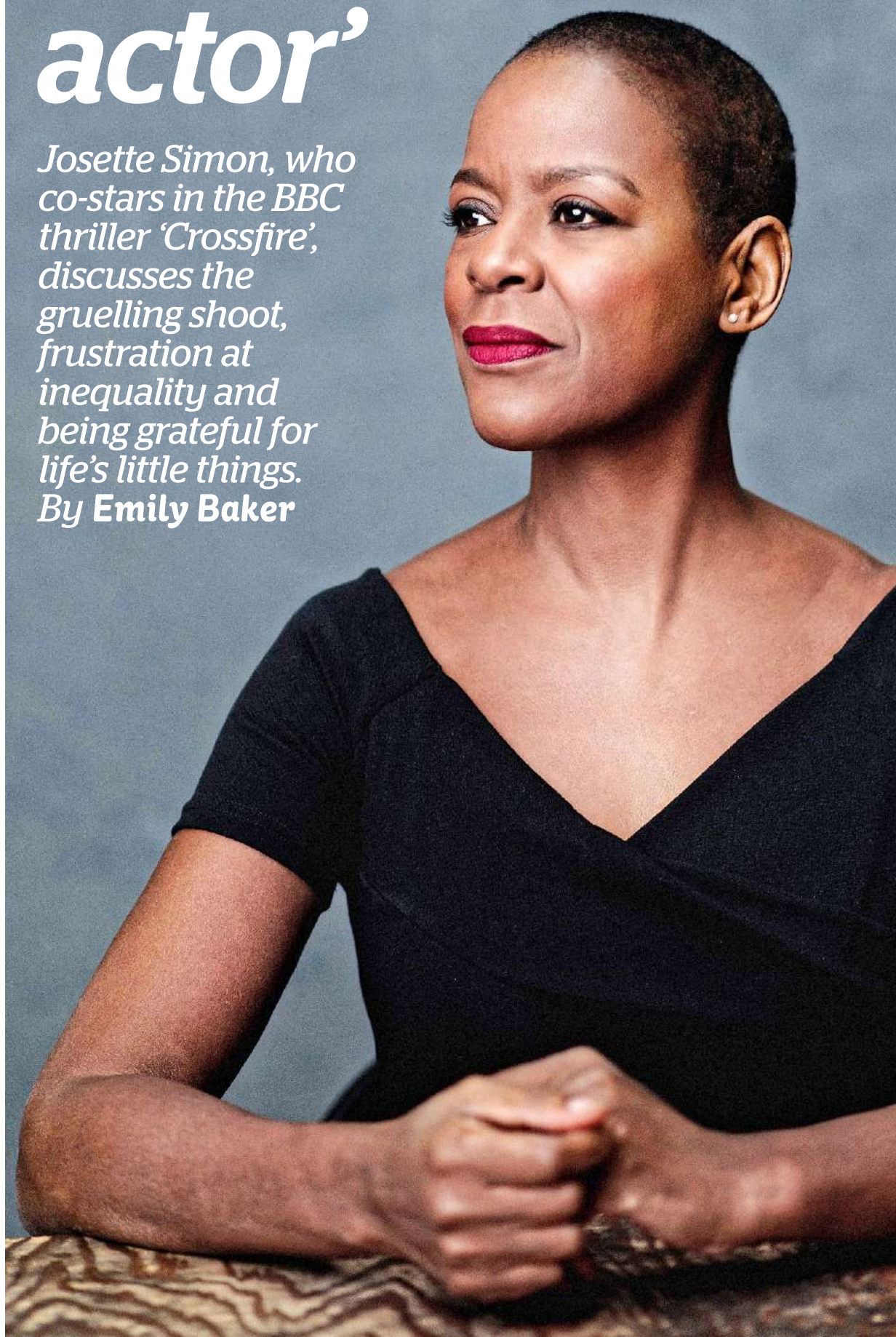
Not only was the story physically demanding, but it was psychologically tiring too. “Honestly, we were all absolutely spent. When we had a day off, I had to resist the urge not to sleep all day. Every fibre of your being is telling you to just sleep.”

Crossfire, while entirely fictional, has echoes of the 2015 Sousse attacks, in which terrorists opened fire on a tourist beach in Tunisia, killing 30 British holidaymakers.

Simon is quick to distinguish between the two. “I just feel enormous sympathy and compassion for those people – one would hope never to come close to what they have gone through,” she says. “This show is a fictional drama that tries to make the imaginative leap into what this must feel like and therefore create a bigger

‘There’s no such thing as a black actor’

Josette Simon, who co-stars in the BBC thriller ‘Crossfire’, discusses the gruelling shoot, frustration at inequality and being grateful for life’s little things.
By Emily Baker





sense of empathy for anyone who has been through trauma.

She remembers living in London in the 1980s, when she was a member of the Royal Shakespeare Company, and the IRA would plant bombs in places like Hyde Park. The threat of terror felt ever present. "You could be on the Tube or the bus or on a beach and anything could happen. That trauma will change the lives of ordinary people for ever."

Simon's demeanour does not track with the sombre nature of the topics we are discussing. She is smiley and calm, with a gentle presence even over video. "I can be as grouchy as the next person – I don't go round skipping with delight," she assures me. "But I try to be grateful for the little, tiny things in life. The other day I came in and my hands were really cold, so I ran them under warm water. I remember thinking, 'This is amazing. I can just turn the tap on, and hot water comes out.' I have lots of moments like that."

Born in Leicester, Simons was a studious, quiet child. "If you went into my classroom and asked who was going to be an actor, you would never have picked me," she says.

At 14, she landed a part in the choir for *Joseph and The Amazing Technicolour Dreamcoat* in the West End. There, she met the late Alan Rickman, who was playing Asher, and who encouraged her to audition for drama school. "I used to tell him not to say that! He made me sound so old!" laughs Simon. "I was on a completely different road; I was going to study French and German."

When Simon joined the RSC in 1982, first playing one of Macbeth's witches alongside Lesley Sharp, Helen Mirren was a great champion, too. "We call her Mirrers," she says.

Simon's CV is extensive, spanning everything from gravitas-demanding roles in multiple Shakespeare plays to a grandmother in *Detective Pikachu*. She rarely plays the same type of character, instead stretching herself into spaces she doesn't feel safe. In 2000, she was awarded an OBE for services to drama.

Now, Simon finds herself in the position of being looked to for advice by younger actors. "I have a philosophy that you must always do the thing that you're frightened of."

"I wouldn't do something that would bore me. I want to be challenged," she says of the way she approaches her own career. "You have to understand that there might be a part Helen Mirren and Judi Dench really want, but only one of them is going to get it. Acting is uncertain, unpredictable, and hard."

It's also important to foster a life



Josette Simon and Dan Ryan in the BBC One drama 'Crossfire' (top) and above, starring in the science-fiction series 'Blake's 7' (above)

outside of acting, she says. Simon spends a lot of time travelling and attending music festivals in her beloved VW campervan, Mabel. She recently learned paddleboarding. "It's important to maintain a childlike wonderment of the world," she says. "I'm very curious. I love learning."

I wonder how Simon has seen the industry change over the years for women and actors of colour. She stops me with a smile. "Oh, I'm so glad you said, 'actors of colour'. I hate the term 'black actor'. The emphasis is usually on the first word and not the second. I'm an actor who happens to be black. There's no such thing as a black actor."

In 1984, Simon was the first actor of colour to play a lead role in an RSC production, as Rosaline in *Love's Labour's Lost*. She has since played other characters usually ascribed to white actors: Maggie in Arthur Miller's *After the Fall*, Titania in *A Midsummer Night's Dream* and most famously (and despite the character being Egyptian) Cleopatra in Iqbal Kahn's 2017 version of *Anthony and Cleopatra*.

But back to the original question. "Things have changed, but not as much as I thought they would have by now. Somebody asked Keeley and I a question about *Crossfire* being a female-centric drama. Progress will have been made when we don't have to point that out," she says. "I remember when Denzel Washington won an Oscar, the headlines were all about how a black actor had won. We still have that now."

Indeed, last week's headlines celebrated Zendaya's achievement of becoming the first black woman to win a lead actress Emmy twice. But isn't that a positive thing? "It's that kind of thinking that makes the progress slow," argues Simon. "We're getting there, but slowly. Speed it up, please."

'Crossfire' airs tonight, tomorrow and Thursday at 9pm on BBC One and BBC iPlayer. Review, right

Tonight's television

RACHAEL SIGEE



Secrets under stress add sizzle to holiday from hell thriller

» **Crossfire** BBC One, 9pm ★★★★★

The holiday from hell has proved a very successful TV scenario. *The White Lotus* cleaned up at last week's Emmy Awards after audiences lapped up its biting satire on luxury resorts and the obnoxiously wealthy guests they attract. Viewers tuning into BBC One's **Crossfire** will find a similarly idyllic setting – a sprawling Canary Islands hotel where sun-drenched middle-class guests enjoy boozy dinners and aqua aerobics while marital tensions simmer beneath the surface and hint at inevitable combustion.

Before they can destroy themselves, an external threat brutally ruptures the holiday mood when armed intruders enter the complex and start indiscriminately shooting, laying the hotel under siege. Suddenly everyone is fending for themselves, separated from loved ones and faced with split-second, life-or-death decisions.

The series begins with a hazy, atmospheric sequence with a retrospective voiceover from Jo (a reliably brilliant Keeley Hawes). We are asked to consider the accuracy of memory and the discombobulating nature of experiencing a seismic event, a theme that elevates *Crossfire* from bog-standard thriller to sharp human drama.

Jo is an ex-police officer, and she and her family are on holiday with two other couples and their children. The whole trip was her idea but even before the first night is over, cracks are showing. She and insecure husband Jason (Lee Ingleby) snipe at each other and we learn that she has had a recent affair. On the morning of the attack, she is alone in her room sending flirty selfies to a mystery man when the first shots ring out from below.

Although *Crossfire* has none of the dark comedy of the excellent Ruben Östlund film *Force Majeure*, it asks similar questions about how people react in terrible and unexpected circumstances. How can we know whether we will be heroes or cowards? Save our own skins or sacrifice ourselves for others?

As the camera roams around the aftermath of the initial shooting, the hotel now deserted – aside from eerily bobbing pool inflatables and guests hiding under tables, in car parks and barricaded in the kitchens – each of our core characters is forced to reveal their true colours.

For Jo, who has been yearning to return to the police, her instincts lead her to run towards the pandemonium, charging around in a frantic search for her children and ultimately teaming up with the hotel's underprepared head of security. Armed with an ancient rifle, she becomes an unlikely action heroine clad in Boden's holiday collection.

Crossfire is billed as a nail-biter and that may be an understatement. The terracotta maze of the hotel is transformed into a war zone with bloodied bodies strewn across its chic tiled floors and sinister masked gunmen prowling its endless corridors. Close-ups on sweaty brows and tear-streaked faces compound the claustrophobia. Everyone seems to be breathing too loudly as they desperately try to control their rising panic.

Flashbacks to the previous night's dinner and further back, to the fateful New Year's Eve party where Jo first suggested the holiday, prove slightly jolting but serve to emphasise what everyone in the hotel is thinking: how did we get from there to here? How could this possibly be happening to us?

Yes, there is a lot of ducking behind walls and peering out from around corners, but this is a taut and airless show that knows exactly how to build tension effectively (and stressfully).

More importantly, its capable ensemble cast do well to establish distinct characters each experiencing their own individual nightmares – and inevitably prompt viewers to ponder how they might respond to this one. It just might leave you relieved the summer holidays are over.

Twitter: @littlewondering



Keeley Hawes stars as former police officer Jo in the BBC thriller 'Crossfire' DANCING LEDGE PRODUCTIONS/ BBC

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Developed by FutureYou Cambridge, a leading provider of innovative food supplements, FocusZen+ has been shown by human studies to bring about a measurable, positive effect within just one hour of taking it, lasting

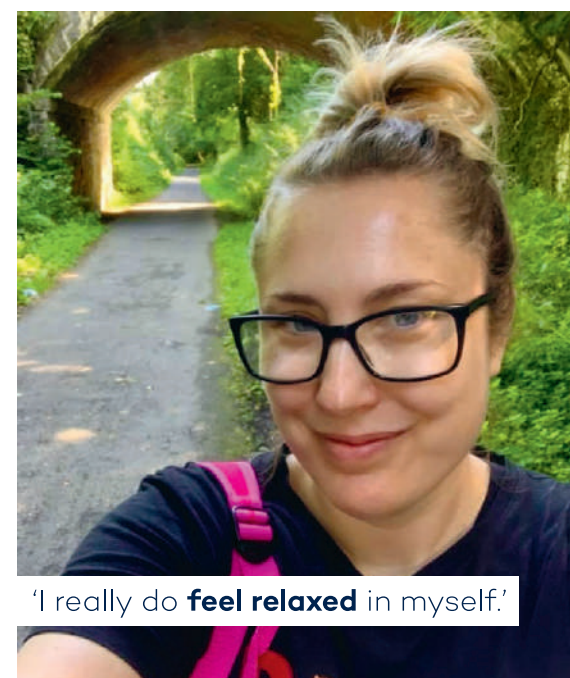
for at least three hours.

Hayley Hale, 42, decided to try FocusZen+ after her teaching work became more stressful. 'I was a bit dubious about taking supplements,' recalls Hayley. 'I'm a qualified nutritionist and I'd always say it's better to get what you need from your food.'

'But what they say about it is true. I really start to feel chilled out about an hour after I've taken one.'

'I really do feel relaxed in myself, and I can actually focus better on things. I think it's brilliant.'

'I take FocusZen+ every day and it really does help. I've been taking



'I really do **feel relaxed** in myself.'

it for about a year and a half now. I literally can't not have it, really. I recommend it to everyone if they want to feel a bit more 'zen.'

**Melissa officinalis (Lemon Balm) helps maintain... cognitive functioning / contributes to optimal relaxation / helps maintain a healthy sleep [on-hold claim ID: 2085]*

***Pantothenic acid (Vitamin B5) contributes to normal performance and contributes to the reduction of tiredness and fatigue.*

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Leading Cambridge company to offer free packs of its science-backed supplement formulated to support relaxation and healthy mental performance.

FutureYou Cambridge, the nutraceutical company known for its well-researched nutritional supplements, is giving away packs of its unique FocusZen+ supplement to new customers for free.

Open to people of all ages, the offer comes after the Cambridge firm received a wave of interest in this innovative supplement. Known as 'the chill pill', FocusZen+ is designed to maintain positive mood and cognitive function and reduce feelings of tiredness and fatigue so you can perform at

your best under pressure.

'I started taking FocusZen+ every day. It helps me concentrate more when I'm struggling,' says 35-year-old Lindsey Peckham.

"It helps me concentrate more when I'm struggling"

'It's a case of focusing on what needs to be focused on, instead of getting bogged down with worries. It definitely helps.'



Adam Cleevely, FutureYou Cambridge's CEO, explains the thinking behind the offer: 'We know from our own research that many of us in the UK suffer from stress, with more than one in four people reporting that it impacts their mental focus and sleep quality. Many also still aren't aware that a high-quality supplement could help. We hope that this free trial pack offer will support more people to manage.'

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To claim your free 28 day FocusZen+ subscription trial pack worth £12.80, visit

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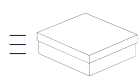
Your first box is free (just pay £1.50 postage) and you will be enrolled into a flexible subscription costing £12.80 every 28 days, which you can cancel at any time, without obligation.



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*****Melissa officinalis (Lemon Balm) helps maintain cognitive function / contributes to optimal relaxation / helps maintain a healthy sleep [on-hold claim ID: 2085] **Pantothenic acid (Vitamin B5) contributes to normal mental performance and contributes to the reduction of tiredness and fatigue. **** Introductory offer valid for new UK customers only. Offer expires 30th November 2022. See FutureYouHealth.com/FZ87 for full terms and conditions.

Arts review

THEATRE

Gary Barlow: A Different Stage

DUKE OF YORK'S
THEATRE, LONDON

★★★★★

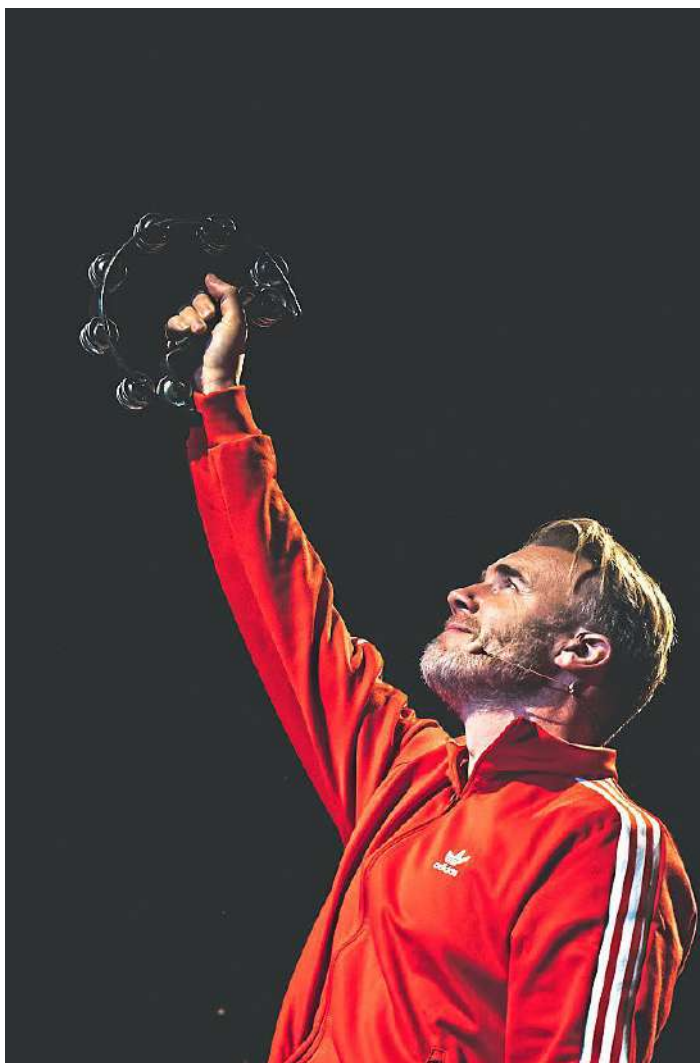
Gary Barlow's life story – a well-known tale of success, failure and recovery – might not be the most obvious choice for the West End one-man show treatment.

How to make such a familiar story involving? Barlow's answer was to strip everything back. Take the first third of this engaging if sanitised life history. Arriving onstage in a casual red tracksuit top, he is surrounded by a minimal set – a piano he doesn't make enough use of (save stunning snippets of "Back for Good" and "A Million Love Songs") and some boxes containing homespun props – and adopting a conversational style that plays in contrast to his star status. For the most part, it works: Barlow is entertaining, with a neat line in self-deprecation.

But as he recalls in unnecessary detail his entirely unremarkable upbringing in Cheshire and days on the working men's club circuit and holiday venues in Blackpool, the bonhomie and easy laughs at times stray dangerously into Dave from *The Royle Family* doing a Peter Kay routine ("who remembers winding the car window down?"). It's a fine line between parodying end-of-the-pier entertainment and merely serving it up.

In a script that seems to leave little else out – at two hours 20 minutes, this is for the committed only – Take That's 90s heyday is curiously brushed over. But the show ramps up significantly when Barlow confronts his demons.

After Take That's split and his dreams of being "the next George Michael" fall flat, Barlow spirals into depression. Haunted by the inescapable success of friend-turned-foe Robbie Williams – some very funny digs at Williams suggest at the moment he remains the latter – Barlow turns recluse, living off a diet of Quality Street and Jack Daniel's. His weight gain,



Gary Barlow's one-man show reveals how he has thrived, and survived through scandal, shame and tragedy CLAIRE KRAMER

depicted here with balloons under his jumper, leads to bulimia, which he hides from his wife. Here, there is emotional heft behind the showbiz façade.

It gives Take That's 2006 reunion tour a redemptive arc. Barlow's self-doubt is effectively staged via a mannequin-style figure with lighting-up devil horns (created by otherwise underused designer ES Devlin); before opening night in Newcastle, he admits "for the first time in ages it feels good to be me".

The rest of the show struggles for narrative, save for the stillbirth of his daughter Poppy. We're told how it gives Barlow a new perspective: he's less worried about what others think. He says this helps him deal with the fallout of his tax avoidance scandal: worse things happen than the "shitstorm, scandal and shame" that followed.

Fewer safe anecdotes, not to mention more songs, would be welcome. But this carefully stage-managed version of his life overall succeeds on its own terms: to show Barlow has thrived, and survived, in exactly the way he wants you to think.

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Quote of the day



We will continue to hold the nation's biggest banks accountable so Americans can keep more of their hard-earned money – at a time they need it most

Senator Sherrod Brown
Senate Banking Committee leader on talks with US banks

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COMMODITIES

Metals exchange criticised for opening during funeral

By David Connett

The troubled London Metal Exchange (LME) was engulfed in a fresh row after the market ignored the wishes of many of its members with a decision to remain open during the Queen's funeral.

The decision increased tension between the exchange, owned by Hong Kong Exchanges and Clearing (HKEX), and many of its users.

Metal brokers and customers were angry that the 145-year-old exchange decided to keep open its electronic market while only closing its famous open outcry dealing pit for half a day "as a mark of respect" while the funeral was taking place. The pit was reopened afterwards.

The decision forced many to work instead of attending the Queen's funeral. By comparison, trading on the

London Stock Exchange was closed. The Lloyd's Insurance market and the Bank of England were also closed.

In a statement, LME chief executive, Matthew Chamberlain, said: "The LME has carefully considered how best to balance the interests of the market, our operational stability and our desire to pay our respects during the UK public holiday."

LME staff, save for its "critical operations teams" were given the day off while the LME office itself shut.

"However, reflecting the interna-

tional nature of the LME's market and taking into account the potential impact of the short notice from an operational risk perspective, the bank holiday will constitute a business day for the purposes of the LME and LME Clear Rules, and the markets themselves will remain open."

It said it was donating the day's fees to charities of the late Queen.

Malcolm Freeman, chief executive of Kingdom Futures, a brokerage, criticised the decision on social media, describing it as "appalling and would never have happened pre-HKEX".

Other commodity traders expressed disappointment with the way the matter had been handled.

One said there was little sympathy for those running the LME after its decision earlier this year to shut the exchange after a massive spike

{i} Companies are taking legal action against the LME after it **cancelled billions of dollars of trades this year** following a surge in nickel prices. The LME disputes the claims.



The LME decision forced many people to work during the bank holiday

in nickel prices. The price increases were triggered by Chinese trader, Xiang Guangda, the billionaire founder of China's leading stainless steel producer Tsingshan Holding Group.

Experts said the day was an important one for the LME as it was normally one for valuing important contracts but criticised a lack of investment in robust computer systems that could have helped reconcile trades without needing to open.

MARKETS

Lobby group opposed to EU supply chain plans

By Foo Yun Chee

European-based companies could be made to prioritise production of key products and stockpile goods under draft EU rules that could give Brussels emergency powers to tackle supply chain crises.

The Single Market Emergency Instrument, put forward by the EU executive yesterday, is a response to bottlenecks caused by the Covid-19 pandemic and Russia's invasion of Ukraine.

The proposal, similar to measures adopted by the United States and Japan, is expected to face strong pushback from businesses and some EU countries, concerned that this amounts to overreach by the European Commission.

"We need new tools that allow us to act fast and collectively at whatever kind of risk we face," the Commission's vice president, Margrethe Vestager, said.

She sought to ease concerns the draft rules may force companies to breach commercial agreements, saying they will not override deals subject to third-country jurisdictions, unlike those bound by European contractual laws.

Lobbying group BusinessEurope called it an "intrusive mandatory ex-ante market monitoring for something that may or may not happen under certain conditions which may change beyond our control [and] fails to meet the proportionality and necessity principles".

"The same goes for some of the possible measures to mitigate a crisis," BusinessEurope added.



The 30 Second Briefing

GRANADO

One of Brazil's oldest companies hopes to expand into Europe, with an eye on doubling its production by 2030 and boosting its profile abroad. Granado, controlled by Christopher Freeman, grew by 23 per cent from January to August 2022, as the personal care brand enjoyed soaring sales of its products.

Christopher Freeman? He doesn't sound very Brazilian...

That's because he's an English businessman who bought the Rio de Janeiro-based firm in 1994. Mr Freeman, a former Citigroup investment banker, also picked up the Phebo glycerine soap brand from Procter & Gamble in 2014. Today, Granado brings around 800 products to its various markets.

Why is soap big business in Brazil?

Mr Freeman cites the facts that "Brazilians take more baths than the world average and it is still a 'bar soap' country, unlike Europe". Other popular products include antiseptic powder, liquid soap for children and a new line in perfumes.

Is that the sweet smell of success?

Though the company makes most of its cash through wholesale, perfume is starting to be a big retail driver, says Sissi Freeman, head of sales and marketing and Mr Freeman's daughter. "We have never sold so much perfume online before," she explained, adding that the website accounts for around four physical shops' worth of sales.

What comes next?

Ms Freeman is "repositioning" the firm with a bigger focus on retail, with 90 stores planned for Brazil by the end of 2022. There is also a new shop in Lisbon to be added to its three in Paris, while Granado will be in the UK and Belgium before long.



Volkswagen is hoping for Europe's third largest initial public offering
ALY SONG/REUTERS

AUTOMOTIVE

Rise in VW shares after Porsche €75bn valuation

By Victoria Waldersee

Volkswagen shares rose slightly after the carmaker said it was targeting a valuation of up to €75bn (£66bn) for luxury sports car brand Porsche, in potentially Europe's third-biggest initial public offering (IPO).

Porsche aims to win over investors with its stable brand and high operating margins, even as the stocks of other luxury carmakers, such as Ferrari and Aston Martin, have suffered this year amid the tumult in European stock markets.

The €70bn-€75bn valuation announced is slightly below some investors' estimates of up to €85bn, but still far outstrips the valuation of other German carmakers such as BMW's €49bn or Mercedes-Benz's €61bn. It also comes close to Volkswagen's own market capitalisation of €88bn.

Some investors have questioned

the timing of the IPO decision, pointing to the tumbling stocks of European firms – including other luxury carmakers – amid record inflation and the instability of war.

While the IPO could still be pulled before trading starts in nine days' time on 29 September, Porsche's chief financial officer, Lutz Meschke, said earlier this month this would only happen in the event of new "severe geopolitical problems".

Analysts have said Volkswagen's own valuation might be bumped up by the listing through showcasing the worth of just one of its premium brands.

Key investors have laid claim to almost 40 per cent of the share capital on offer: Qatar Investment Authority, Volkswagen's third-largest shareholder, has committed to buying, along with Norway's sovereign wealth fund.

"The Porsche IPO will most likely be a success... investors are queuing up. If [it] goes well, one could imagine placing other parts [of Volkswagen], such as Audi, on the stock exchange," said auto expert Arndt Ellinghorst of data analytics firm QuantCo.

Analysts compared Porsche to Ferrari, which has a market capitalisation of €38bn, but an operating margin of 24 per cent to Porsche's 17-18 per cent. The German carmaker is targeting a 20 per cent margin and is far ahead in electric vehicles.

{i} "I'm sure there's a lot of people who want to invest in a pure electric car company that's not a start-up or has a nosebleed valuation like Tesla," Chi Chan, at Federated Hermes, said of the IPO.

TECHNOLOGY

Crypto trader FTX offering services with no FCA permission

By David Connatt

The financial regulator has warned that an unlicensed cryptocurrency firm is trading in the UK.

The Financial Conduct Authority (FCA) said that the Bahamas-based firm FTX Crypto Derivatives Exchange appeared to be offering its products and services in the UK "without authorisation".

Cryptocurrency exchanges must register with the FCA for anti-money laundering supervision should their digital asset activity be "carried on by way of business in the UK", according to the FCA. It added that any UK clients dealing with FTX would not have access to UK consumer protections such as the Financial Ombudsman or Financial Services Compensation Scheme and would be "unlikely to get [their] money back if things go wrong".

It warned that the company, which is registered in the West Indies state of Antigua and Barbuda and was founded by US billionaire Sam Bankman-Fried (*inset*), had been targeting investors in the UK despite not being authorised to do so.

The UK's cryptoasset register requires firms carrying out cryptocurrency business to agree to meet the FCA's anti-money laundering and anti-terrorism funding standards.

Binance, one of FTX's rivals, had been under similar investigation and has agreed to meet FCA demands.

Last month FTX was criticised by the US Federal Deposit Insurance Corporation (FDIC) for claiming that some of its products were covered by FDIC insurance.

FTX has been approached for comment.



From the business pages

Italians cut back on fresh fruit and veg

La Stampa

Rising costs have changed the diet of Italians, who in the past year have cut purchases of fresh fruit and vegetables by 11 per cent, according to a report for agricultural employers' association Enpaia. It found zucchini purchases dropped by 16 per cent and tomato purchases by 12 per cent. Carrot and orange sales were also down. Agricultural bodies said energy costs were hitting farmers hard.

Port firm plans to expand in Brazil

Valor Econômico

Global port company DP World has expansion plans in Brazil. Fabio Siccherino, the company's CEO for Brazil, said they are considering plans to increase capacity at the container terminal in the city of Santos from 1.2 million to 1.6 million TEUs (20ft equivalent units of containers) and later to 2 million TEUs. "There should be a decision by year end," he said.

Utility bills rising for Americans

The Wall Street Journal

US utility customers, faced with some of their largest bills in years, are set to pay even more this winter as natural gas prices continue to climb and customers' electricity rates are increasing. The Energy Information Administration anticipates the residential price of electricity will average 14.8 cents per kilowatt-hour in 2022, up 7.5 per cent from 2021.

Animation studio opens theme park

Nikkei

Acclaimed Japanese animation company Studio Ghibli is set to open a theme park in weeks but hotels in the region are already reaping the benefits. Such is the demand to visit, travel agencies have started to offer hotel stays which include admission tickets to Ghibli Park, which opens on 1 November in the city of Nagakute featuring attractions based on several Ghibli movies including *My Neighbour Totoro* and *Howl's Moving Castle*.

RATES

Firms are still waiting for bill discounts

By Henry Saker-Clark

A third of high street firms in England that were promised a discount on their business rates bills failed to get any support, new data show.

Only 272,000 out of 400,000 retailers, leisure and hospitality venues were able to claim a 50 per cent discount on the commercial property tax announced at the last Budget.

Figures obtained from Freedom of Information requests to English councils found that 128,000 companies missed out on rate relief support, according to a report by property specialists at Gerald Eve.

Meanwhile, industry experts have warned that businesses could face a crippling £4.7bn total increase in business rates next year without action being taken.

The business rates relief was handed to companies in sectors heavily impacted by pandemic closures to aid the recovery of the high street.

The principal reason why only two-thirds of businesses have been able to access the 50 per cent discount is that the former chancellor, Rishi Sunak, placed a cap of £110,000 on the amount that each firm can receive, rather than each property.

This means that retailers and hospitality operators with multiple sites cannot benefit other than for their first few properties.

UK Hospitality is among the industry bodies to call for a further business rates holiday as well as a reduction in VAT.

ECONOMY

Auditors concerned by 'perfect storm' of risks across the world

By David Connatt

Cyber security, recruitment and retention, the cost of living crisis, looming recession and climate change are creating a "perfect storm" of global economic risks, UK auditors have warned.

The findings are revealed in the annual *Risk in Focus 2023* report, published by the Chartered Institute of Internal Auditors, in association with 13 other institutes across Europe.

With war in Ukraine, rising global energy prices and soaring

inflation, as well as growing tensions between the West and China, the Chartered Institute of Internal Auditors said it was alarmed by the gap between awareness and action taken on these rising risks and urges business leaders to act now to mitigate them.

John Wood (*inset*), chief executive of the Chartered Institute of Internal Auditors, said:

"The research highlights the perfect storm of high-impact interlocking risks now being faced by businesses, throwing many into a permanent state of crisis."



Today's Weather

Mainly dry with early periods of sunshine however large areas of cloud will build bringing outbreaks of patchy rain across northern Scotland.

Today's high

19°

Today's low

6°

Moon Phase



Sunrise

06:43

Sunset

19:03

Around Britain

| City | Temp (Midday yesterday) | Rain (mm) | Sun (hrs) |
|---------------|----------------------------|--------------|--------------|
| Aberdeen | 13 | C | 0.0 |
| Aberporth | 16 | C | 0.0 |
| Aberystwyth | 17 | C | 0.2 |
| Aviemore | 13 | C | 0.0 |
| Belfast | 17 | F | 0.0 |
| Birmingham | 14 | C | 2.0 |
| Bournemouth | 16 | C | 0.0 |
| Bridlington | 15 | F | 0.0 |
| Bristol | 17 | F | 0.1 |
| Cardiff | 17 | C | 0.0 |
| Cromer | 14 | F | 0.0 |
| Durham | 15 | F | 0.0 |
| Eastbourne | 16 | F | 0.0 |
| Edinburgh | 16 | F | 0.0 |
| Eskdalemuir | 13 | F | 2.0 |
| Glasgow | 15 | C | 0.0 |
| Holyhead | 17 | C | 0.0 |
| Hove | 16 | F | 0.0 |
| Hull | 15 | F | 0.0 |
| Huntingdon | 15 | C | 0.0 |
| Ipswich | 15 | F | 0.0 |
| Isle of Man | 16 | F | 0.0 |
| Isle of Wight | 16 | C | 0.0 |
| Kinlochewe | 15 | C | 0.6 |
| Kirkwall | 13 | S | 0.0 |
| Leeds | 14 | F | 0.0 |
| Lerwick | 11 | F | 0.0 |
| Leuchars | 15 | F | 0.0 |
| Lincoln | 13 | C | 0.0 |
| Liverpool | 17 | C | 5.0 |
| London | 15 | C | 0.0 |
| Manchester | 16 | F | 0.7 |
| Margate | 16 | S | 0.0 |
| Milford Haven | 16 | F | 0.0 |
| Morecambe | 16 | F | 0.4 |
| Newcastle | 14 | F | 0.0 |
| Norwich | 15 | C | 0.0 |
| Nottingham | 13 | C | 0.0 |
| Okehampton | 16 | S | 0.2 |
| Oxford | 16 | F | 0.0 |
| Plymouth | 19 | F | 0.0 |
| Portland | 17 | F | 0.0 |
| Portsmouth | 16 | C | 0.0 |
| Prestwick | 14 | C | 0.0 |
| Rhyl | 16 | C | 0.2 |
| Sheffield | 12 | C | 0.2 |
| Shrewsbury | 16 | F | 2.0 |
| Skegness | 16 | C | 0.0 |
| Southend | 17 | F | 0.0 |
| Stoke | 14 | F | 0.2 |
| Stornoway | 14 | C | 0.4 |
| Swansea | 17 | C | 0.0 |
| Tiree | 16 | C | 0.0 |

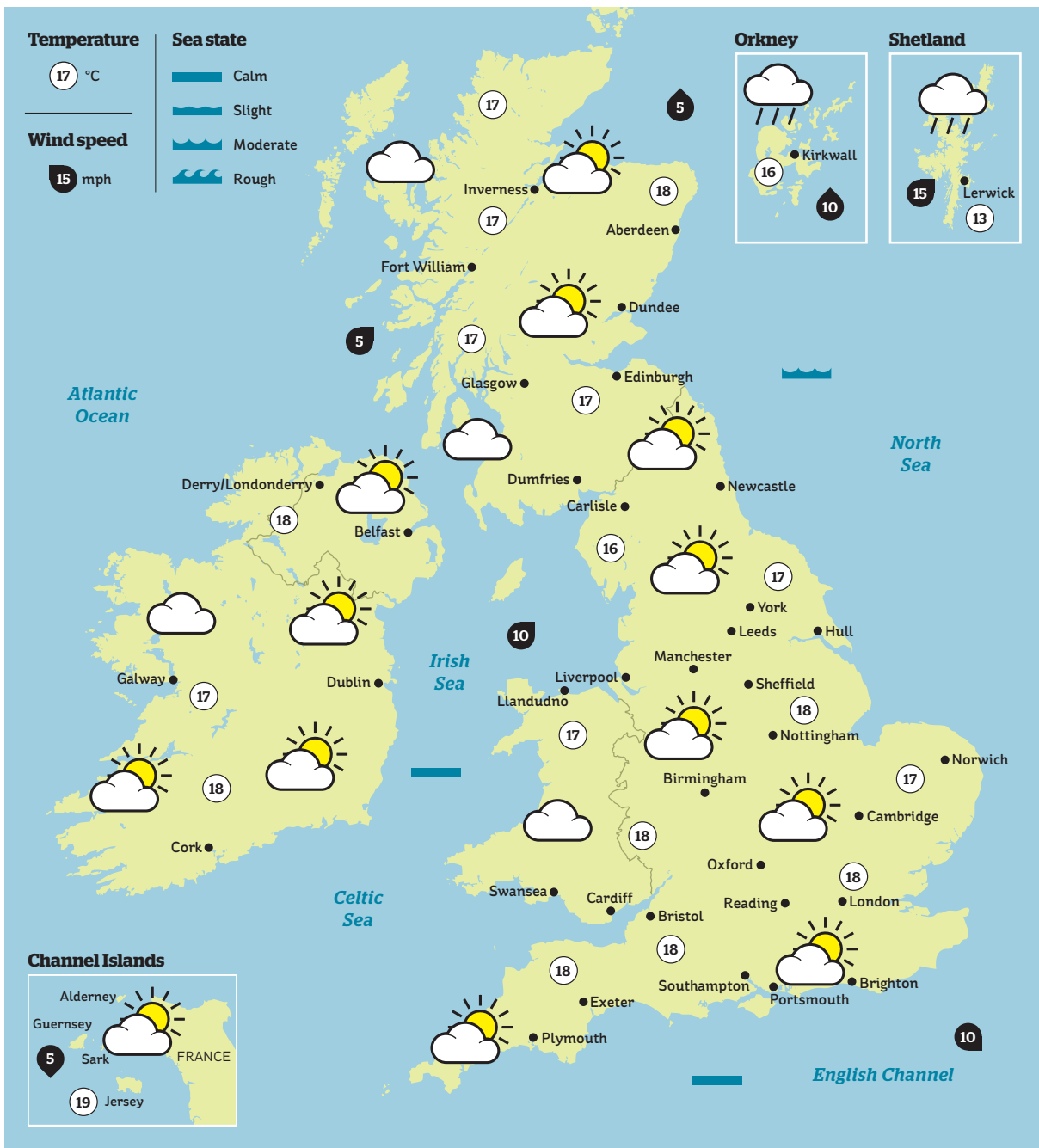
Global

| City | Temp (in °C) | Cond | City | Temp (in °C) | Cond |
|--------------|-----------------|------|------------|-----------------|------|
| Abu Dhabi | 38 | F | Miami | 30 | C |
| Abuja | 24 | TH | Milan | 25 | S |
| Alicante | 28 | F | Moscow | 11 | C |
| Amsterdam | 16 | SH | Mumbai | 24 | SH |
| Athens | 26 | S | Munich | 11 | SH |
| Bangkok | 32 | TH | New York | 27 | F |
| Barcelona | 25 | F | Nice | 24 | S |
| Beijing | 24 | F | Palma | 28 | S |
| Berlin | 11 | TH | Paris | 17 | F |
| Brussels | 16 | F | Prague | 10 | SH |
| Budapest | 12 | SH | Reykjavik | 11 | R |
| Chicago | 28 | F | Rio | 22 | F |
| Delhi | 31 | F | Rome | 26 | F |
| Dubai | 39 | F | Stockholm | 11 | SH |
| Dublin | 16 | C | Strasbourg | 16 | F |
| Frankfurt | 15 | C | Sydney | 20 | S |
| Geneva | 17 | S | Tenerife | 25 | S |
| Helsinki | 13 | C | Tokyo | 25 | R |
| Hong Kong | 30 | F | Toronto | 28 | C |
| Istanbul | 23 | S | Vancouver | 18 | S |
| Johannesburg | 25 | S | Vienna | 12 | SH |
| Lisbon | 27 | S | Warsaw | 10 | R |
| Los Angeles | 22 | F | Washington | 27 | S |
| Madrid | 24 | F | Wellington | 15 | C |

Key: C=Cloudy, DR=Drizzle, F=Fair, FG=Fog, H=Hail, M=Mist, R=Rain, S=Sunny, SH=Showers, SL=Sleet, SN=Snow, SS=Sandstorm, TH=Thunderstorm

Air Pollution Index

| Region | Today | Tomorrow |
|---------------------|-------|----------|
| Highlands | 3 | 3 |
| North East Scotland | 3 | 3 |
| Central Scotland | 2 | 2 |
| Scottish Borders | 2 | 3 |
| Northern Ireland | 3 | 3 |
| North West & Mersey | 3 | 3 |
| North East | 2 | 3 |
| Yorkshire & Humber | 2 | 3 |
| North Wales | 3 | 3 |
| West Midlands | 3 | 3 |
| East Midlands | 2 | 3 |
| South Wales | 3 | 3 |
| South West | 3 | 3 |
| South East | 2 | 3 |
| Eastern | 3 | 3 |
| Greater London | 2 | 2 |



GENERAL SITUATION An area of high pressure will sit over much of England and Wales. This will bring settled conditions, meaning it will be dry with light winds and some sunny spells. There will be a lot of low cloud around through the day, and this could result in one or two spots of rain. Further north, across Scotland, winds will be a bit stronger, and there will be patchy drizzle, with high pressure having less of an influence on the weather.

Cen S England, SE Eng, London: It will be a bright and sunny start to the day with only a few mist patches around. A largely sunny

morning, with just some patchy cloud around. During the afternoon cloud will build up, resulting in largely cloudy skies, and only a few glimpses of sunshine. Very light and variable winds expected. Max temp: 20°C. Tonight, largely clear. Min temp: 6°C.

Channel Is, SW England, S Wales: A bright start for many with large amounts of sunshine. There will be some patches of mist and fog to start. These will clear during the morning, which will allow for some sunny spells. There will, however, be a lot of cloud around and this will persist until the evening. Sunny later. Very light winds. Max temp: 19°C. Tonight,

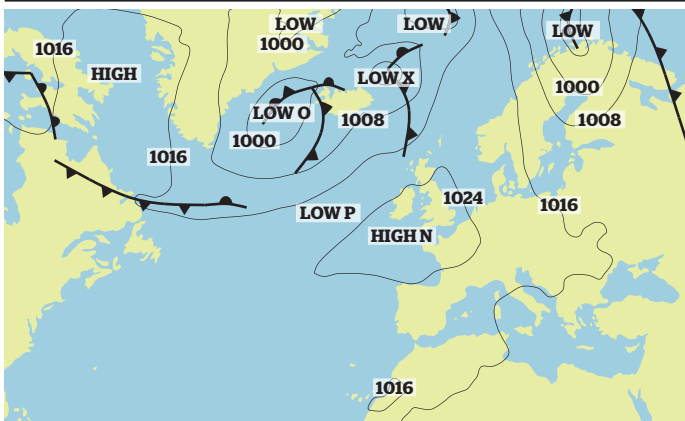
lengthy clear spells. Min temp: 7°C.

E Anglia, Midlands, N Wales, NW Eng, E Eng, NE Eng, IoM: It will be a widely foggy start to the day across large parts of the region. The fog will clear quite quickly during the morning which will allow for sunny spells to develop. Cloud will build up through the afternoon which may bring a few isolated showers. A bright evening. Very light winds. Max temp: 19°C. Tonight, mostly clear. Min temp: 7°C.

Republic of Ireland, Northern Ireland, SW Scotland, SE Scotland, NE Scotland: It will be a bright start to the day for many, with just a few patches of mist and fog. A bright morning with sunny spells

is expected, before cloud will build up by the afternoon. A cloudy afternoon is expected, which may result in a few light showers. A dry and bright evening with light winds. Max temp: 18°C. Tonight, clear spells. Min temp: 9°C.

W Isles, NW Scotland, N Isles: It will be a grey and misty start to the day here, with little in the way of any brightness. It is expected to remain grey and overcast through the morning, with patchy light rain and drizzle for some. During the afternoon, this patchy drizzle will move further east across the region. Breezy. Max temp: 16°C. Tonight, patchy drizzle. Min temp: 11°C.



Key: 1024 Isobars: air pressure in millibars Warm front Cold front Occluded front

SYNOPTIC PRESSURE High pressure N will slowly shift south-eastwards into continental Europe. Low O will fill and move eastwards towards the UK. Secondary low X will also fill and move north-eastwards, with its cold front moving across the far north of the UK. Low P will also fill and move eastwards, with its trough moving into the west.

HIGHS AND LOWS

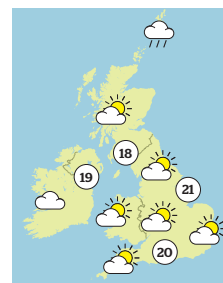
(Yesterday, up to 2pm)

Warmest: Plymouth, Devon, 19°C
Coldest: Fyvie castle, Aberdeenshire, 0°C
Wettest: Crosby, Sefton, 50mm
Sunniest: Jersey, Channel Islands, 9.6hrs

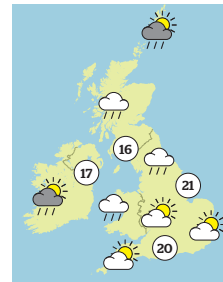
HOURS OF DARKNESS

| | |
|------------|-------------|
| Aberdeen | 19.14-06.51 |
| Birmingham | 19.11-06.51 |
| Bristol | 19.13-06.54 |
| Cardiff | 19.15-06.56 |
| Glasgow | 19.21-07.00 |
| Hull | 19.05-06.45 |
| Inverness | 19.21-06.58 |
| Liverpool | 19.15-06.55 |
| London | 19.03-06.44 |
| Manchester | 19.12-06.52 |
| Stornoway | 19.31-07.08 |
| Swansea | 19.18-06.59 |
| York | 19.08-06.47 |

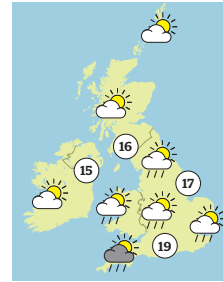
Five-day outlook



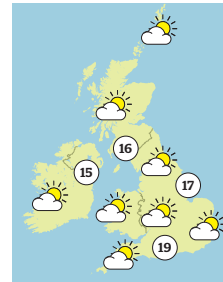
WEDNESDAY A largely dry day with sunny spells across much of the country. A windy day across Scotland with patchy light rain and drizzle.



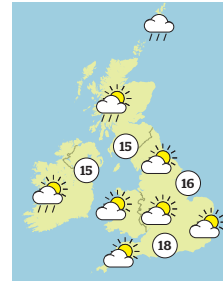
THURSDAY Sunny spells in the south-east. Elsewhere a band of heavy rain will move through during the day. Sunny with showers in Scotland later.



FRIDAY Sunny spells and scattered showers across Scotland and northern England. The band of rain will gradually move through much of England.



SATURDAY A drier day with lengthy spells of sunshine for much of the country. A few scattered showers possible, though they will be light.



SUNDAY A dry and mostly sunny day across England and Wales. Across Scotland, after a bright start, heavy rain and strong winds will move in.

King of Stars can score at last

Across: 3 Smash, 4/5 Cash and carry*
Down: 1 Was-hers, 2 S.H-and-Y, 3 Sn-at-Ch.

Sport in brief

GOLF

Smith takes his first LIV victory



Open champion Cameron Smith has won his first LIV Golf trophy and \$4m (£3.5m)

in prize money in just his second start in the competition.

The Australian – who left the PGA Tour for the controversial Saudi-backed tournament after becoming number two in the world, the highest-ranked player to join – closed with a three-under 69 for a three-shot victory at the Chicago Invitational.

The 29-year-old (above) was briefly threatened in the third and final round at Rich Harvest Farms but he restored his lead with a birdie on the 17th to ensure neither Dustin Johnson nor Peter Uihlein could catch him.

The next LIV Golf event is in three weeks in Bangkok.

FORMULA ONE

Horner says sweep is a 'massive ask'



Red Bull team boss Christian Horner said it would be a "massive ask" for them to win all six

remaining races despite the team having won five in a row.

Red Bull, closing in on both the drive and constructor's championships have won 11 of the 16 races so far and Max Verstappen could wrap up the title in Singapore next month.

Horner (above) told *Autosport*: "that's a massive ask. Singapore compared to Monza, it's got the most corners on the calendar."

"It's bumpy, it's a street track, so it's a much different challenge," he added.

"We're in a great position, but we're going to attack every race and do the best we can."

MARATHON

Sorokin runs over 319km in a day

Lithuanian ultra-marathon runner Aleksandr Sorokin shattered his own world record at the IAU 24-hour European championships with a distance of 319.614km. Sorokin averaged a pace of 4:30 per km at the event in Verona, Italy to eclipse his previous 303.506km, set in August last year.

"I'm very tired, however I'm double excited," the 40-year-old said. "Very, very thankful for your support, I really felt it."

Second place in the event, which took place over the weekend, went to Poland's Andrzej Piotrowski (301.858km) while Italy's Marco Visiniti finished third (288.437km).

In the women's event, Poland's Patrycja Bereznowska ran 256.250km for victory.

CRICKET



Chris Jordan (centre) has played in Pakistan Super League four times and is a big fan of the country's cricket culture GETTY

'Pakistan has been looking forward to this for so long'

Big welcome expected as England visit for first time in 17 years

By Rory Dollard

Chris Jordan predicts cricket fans in Karachi will be "overjoyed" to welcome England today, when they compete on Pakistani soil for the first time in 17 years.

International fixtures have gradually returned to the country since the end of a decade-long absence that followed the terror attack on Sri Lanka's team bus in 2009, with England finally embarking on their

own landmark trip having cancelled a planned visit last year.

The 35,000-capacity National Stadium is sure to be teeming with excitement when it hosts the first of seven Twenty20s between the sides, and although a fractured finger means he will be watching from afar, Jordan knows better than most what to expect.

When the Pakistan Super League returned to home soil for the first time for the 2017 final, he and Dawid

Malan agreed to make the journey with Peshawar Zalmi, while other overseas players including Kevin Pietersen, Luke Wright and current England Test coach Brendon McCullum opted out.

He has since been back to play in three more editions of the tournament and believes Eng-

It should be loud, it should be a great atmosphere. The passion for cricket is burning deep over there

land's presence will bring a big sense of occasion. "The guys should expect a very warm welcome, the fans there will be overjoyed to see some of the stars they've only ever seen from a distance," he said.

"They have been very much looking forward to this day for quite some time in Pakistan. It should be loud and it should be a great atmosphere. The passion for cricket is burning deep over there."

Jordan recalls his own decision to participate in the PSL final at Lahore five years ago with pride.

"It was an opportunity to take yourself out of it a little bit, think about Pakistan as a nation and how it was starved of international cricket for so long. The itinerary and the security details were laid out really well and I was more than happy to jump on a plane and experience something new."

"It's important for the Pakistani players to represent their country at home and it's important to support them. Players should feel responsibility to support their fellow colleagues; we're all living as human beings trying to make it in a world that sometimes doesn't always make sense."

"Cricket is no different in that respect; any chance you have to go and experience something else that can boost the game of cricket as a whole is important."

Jordan is due to join the England squad in Australia and, fitness allowing, is set for a senior role in the pace attack. "I'm tracking pretty

well, it's been about four weeks since the injury and the splint comes off in a few days," he said. "Then it's about getting movement in the joint, releasing the ball well. In the meantime I'm just topping up my strength work so I'm not too far behind when I'm back."

7

England will play seven Twenty20 internationals against Pakistan

RUGBY UNION

Aussies launch complaint over ref call

By Ian Ransom

Rugby Australia has written to the sport's global governing body to reiterate concerns about refereeing after the Rugby Championship Test against New Zealand in Melbourne was tarnished by a contentious time-wasting decision.

French referee Mathieu Raynal penalised Wallabies back Bernard Foley for holding up the game at Marvel Stadium last Thursday as the fly-half prepared to kick the ball to touch from the Wallabies' 22 with a minute left. With New Zealand awarded a five-metre scrum in front of the posts, Jordie Barrett scored a try after the siren to snatch a 39-37 victory for the All Blacks.

Raynal's decision, virtually unseen in elite rugby, was criticised by Australia coach Dave Rennie.



Mathieu Raynal penalised Wallaby Bernard Foley for wasting time

A Rugby Australia spokesperson confirmed yesterday that it had urged World Rugby to take its wider concerns about officiating in general seriously: "It's not unusual, we've been lobbying World Rugby for some time on this."

Increased use of the Television Match Official (TMO) to spot infringements has made for more stop-start games in elite rugby union.

A lower threshold for yellow and red cards to improve safety has also had a major impact on the flow with frequent stoppages to review video footage of incidents before decisions.

Australia are not alone in expressing concerns about the state of the game. England coach Eddie Jones said in July he would push for change, having become fed up with officiating delays and the "incessant" use of the TMO.

Results Service

AMERICAN FOOTBALL
NFL: Green Bay 27 Chicago 10.

CYCLING
UCI ROAD WORLD CHAMPIONSHIPS, Wollongong, Australia – Men's U23 time trial (28.8km): 1 S Waerenskjold (Nor) 34mins 13secs; 2 A Segardt (Bel) +16s; 3 L Hayter (GB) +24s.

TODAY'S ACTION
(7.45pm unless stated)
PAPA JOHN'S TROPHY NORTHERN
GROUP A: Morecambe v Hartlepool (7.0). GROUP B: Tranmere v Bolton (7.0). GROUP C: Shrewsbury v Port Vale (7.0). Stockport Co v Wolverhampton U21 (7.30). GROUP D: Rochdale v Liverpool U21 (7.0). Salford City v Accrington S (7.30). GROUP E: Barnsley v Newcastle U21 (7.0). Lincoln City v Doncaster (7.0). GROUP F: Grimsby v Mansfield (7.30). GROUP G: Carlisle v Fleetwood Town (7.0). GROUP H: Sheff Wednesday v Burton Albion (7.0).
SOUTHERN GROUP B: AFC Wimbledon v Crawley Town. GROUP C: Cheltenham v Walsall (7.0). GROUP D: Peterborough v Tottenham Hotspur U21 (7.30). Stevenage v Wycombe (7.0). GROUP E: Swindon v Plymouth (7.0). GROUP F: Newport Co v Forest Green. GROUP G: Leyton Orient v Sutton (7.0). GROUP H: Ipswich v Arsenal U21. Northampton v Cambridge Utd (7.0).
CINCH SCOTTISH LEAGUE TWO:
Stranraer v Dumbarton. East Fife v Stenhousemuir.

CRICKET
FIRST TWENTY20 INTERNATIONALS:
India v Australia (Mohali, 3.00pm).
Pakistan v England (Karachi, 3.30pm).

LV COUNTY CHAMPIONSHIP - FIRST DIVISION - FIRST DAY OF FOUR: Essex v Lancashire (Chelmsford, 10.30am). Gloucestershire v Warwickshire (Bristol, 10.30am). Hampshire v Kent (The Ageas Bowl, 10.30am). Somerset v Northamptonshire (Taunton, 10.30am). Surrey v Yorkshire (The Kia Oval, 10.30am).
SECOND DIVISION: Durham v Sussex (Riverside, 10.30am). Glamorgan v Derbyshire (Sophia Gardens, 10.30am). Leicestershire v Middlesex (Grace Road, 10.30am). Worcestershire v Nottinghamshire (New Road, 10.30am).

RUGBY UNION
PREMIERSHIP CUP: Sale v Leicester. Wasps v Newcastle.

Sport on TV

Cricket: Pakistan v Eng
Sky Sports Cricket, 3pm
Baseball: GB v Spain
BT Sport 1, 6pm
Baseball: Dodgers v Diamondbacks
BT Sport 1, 8pm
Baseball: Phillies v Blue Jays
BT Sport 2, 11pm

FOOTBALL NEWCASTLE UNITED

'I'm just sat there watching goalies. I've missed all the big moments'

Former coach Simon Smith talks to **Mark Douglas** about 12 years in the Toon dugout

Simon Smith has been on the bench for most of the biggest moments of Newcastle United's recent history – but admits he has probably not watched a single one. Goalkeeper coach Smith was a constant during two turbulent periods at St James' Park, serving under Ruud Gullit, Sir Bobby Robson and Rafael Benitez among others. His combined service of 12 years ended in the summer and now – finally – he might be able to actually enjoy watching the team he supported as a boy.

"From other people, you find out this or that has gone on in the game but when I'm on the bench I'm just sat there, watching the goalkeeper, how he's stood, what his stance is, what he's looking at in the game," Smith says. "It sounds ridiculous but that's the job. You're single-minded. I think I've missed countless big goals or moments that Newcastle fans probably all remember doing that."

Smith meets at his local café on Tynemouth's beautiful Longsands beach, the late summer sun catching the shimmering sea. This is his first interview since leaving Newcastle and while he's at pains to stress he's not retired from the game or coaching, it feels an apt time to reflect.

Smith's background was in non-league football, playing for Whitley Bay and Gateshead before joining Newcastle's centre for excellence as goalkeeping coach. Fetched out of the Academy by friend John Carver to become part of Ruud Gullit's backroom staff on a temporary basis in 1998, he survived almost by serendipity.

"It was an unbelievable experience to go from what I'd been doing to working with one of the biggest names in world football. Ruud had wanted to bring in his own goalkeeper coach and he'd narrowed it down to Dave Beasant or Ed de Goey, but Dave didn't want to come back because he'd had a miserable time at Newcastle as a player and Ed had other things on so Ruud kept me on," he says.

The first sign that Gullit accepted his new charge was when Smith was sent to Belgium to scout



Anderlecht keeper Geert De Vlieger. "I flew out of Newcastle, got met by an agent, watched the game and then had to ring Ruud from the hotel and give him the breakdown on De Vlieger," he says.

"When I got back, as I was driving from the airport home there was a billboard for the [Newcastle] *Evening Chronicle* that said



Benitez is a fantastic manager but a stickler for detail, says Simon Smith

'Newcastle bid £1m for De Vlieger'. I thought to myself 'Oh my gosh, I've just spent £1m of the club's money'."

As it turned out, the bid was rejected but it was a crash course in the often claustrophobic world of Newcastle. Gullit presided over an unhappy camp, banishing Stuart Pearce and other established names to the so-called "bomb squad" but the final straw came when Alan Shearer was dropped before a derby game that Newcastle lost in monsoon conditions.

"It sounds naïve but I was just looking at the weather thinking 'I hope [goalkeeper] Tommy Wright is going to be OK in this. While all that was playing out with Alan and Ruud I was on the outside of the dugout getting absolutely soaked," he says.

It was Sir Bobby Robson who changed Smith's life, taking a gamble on his inexperienced goalkeeper coach. "A really, really tough person to work for, but the best. He expected you to have his standards," he says.

Shay Given and Steve Harper were at the head of a group of "absolutely first class" goalkeepers that he coached.

"If anything went wrong,

goalkeeper-wise he'd shout down the dugout to me. If Shay didn't throw the ball to Olly Bernard it'd be 'What's he doing there? What's he looking at?' So one day I summoned the courage to knock on his door and say: 'If you're going to have a go at me on the bench, I may as well play myself'. He looked at me in a fatherly way and said: 'Simon, let's get this clear. You will never play in goal for Newcastle United'. That sort of stopped me in my tracks but he was a real expert when it came to goalkeeping."

Smith still has an email Robson sent him setting out the standards he expected from his goalies. "He had a favourite phrase: strong wrists, sticky fingers. It was simple technical stuff but then also they had to handle the occasion, the right mentality," he says.

Robson's Newcastle came so close to ending Tyneside's wait for silverware. "It would have been really interesting if he'd been given the chance to build a new team. I think they panicked, it was too early to sack him," Smith says.

After he left, Sir Bobby remained fiercely loyal to those he left behind. Smith recalls him bringing together

his coaching team in the Copthorne Hotel in Newcastle after his dismissal to apologise for "letting them and their families down". "There were tears in the room from grown men that day," he says.

Smith left but Sir Bobby was determined to get back into management, even at the age of 71, and wanted to reunite with his goalkeeper coach. Roles at Wolves and Hearts were considered before a shock phone call.

"Sir Bobby rang the house and asked to speak to my wife Lucy. He didn't know her but I heard him saying to her: 'How do you fancy living in Russia?' She was trying to sound enthusiastic but I think she was glad when it didn't happen."

Instead Smith went to Vancouver and worked for the Canada national team and LA Galaxy before landing a job with the FA to work with and identify the best goalkeepers in the country. Jordan Pickford was one of them.

He returned to Newcastle in 2014 to work under Steve McClaren.

"He was a fantastic coach but as a manager? I always thought him and [first-team coach] Paul Simpson should have probably swapped roles," he says.

Next was Rafa Benitez: intense, brilliant and on a mission to revive a club that had been relegated from the Premier League.

"He really knew his stuff so he'd question everything you were doing, on and off-the-field," Smith says. "When Rafa decided he wanted a new goalie at the end of the season he sent me name after name after name – it was a huge list. He's a fantastic manager and man but a stickler for detail."

It was under Benitez that they picked up Martin Dubravka, now with Manchester United. Smith freely admits Dubravka's debut for Newcastle was one of his nerviest moments in football. "I wasn't sure he was right up to speed and ready when Rafa wanted to put him in," he remembers. A man of the match performance followed.

Benitez left, exasperated by working with Mike Ashley. "I just thought if Rafa had stayed, we would have gone on to really achieve something," he says, wistfully.

He remained during Steve Bruce's unhappy reign but admits "by that point the club was in absolute turmoil". It required tunnel vision to block out the howls of protest from supporters at the club's direction. "You either got on with it and accepted what the club was by then or left," he admits.

Smith doesn't want to talk in detail about his latest departure other than to say it felt like the right time to leave. He believes he left the goalkeeping department "in good shape" for Eddie Howe and says he and the club remain on good terms. Smith plans to go back as a fan in the future.

New ownership, he says, have the vision and wherewithal to return Newcastle to the Champions League, a stage Smith believes they deserve. "Those were incredible experiences. The fans deserve to have them back," he says.

"It's just nice not to be putting on a tracksuit every morning for now," he admits. "But I'm sure I'll start to miss it."

FOOTBALL BRIGHTON & HOVE ALBION

De Zerbi's task is to prove he can replace the irreplaceable

Oliver Young-Myles



Over the past couple of years, Brighton have been masters of evolution, managing to thrive even after losing their most important and influential players. Now comes their biggest challenge yet: moving on from Graham Potter. Roberto De Zerbi has a job on his hands.

Seagulls supporters may have feared a decline following the departures of Ben White to Arsenal in July 2021 and Dan Burn to Newcastle in January. Instead, Brighton ended last season in ninth position in the Premier League, a record-high in the club's 121-year history. This summer, Brighton sold their best midfielder Yves Bissouma to Spurs and star wing-back Marc Cucurella to Chelsea. The response? Four wins and a draw from their opening six league matches.

White, Burn, Bissouma and Cucurella earned Brighton a collective £150m in transfer fees, while highly regarded technical director Dan Ashworth also moved to Newcastle, but the team's continual progression served to enhance the view that Potter was the most irreplaceable person at the club.

It will be fascinating, therefore, to see how his replacement fares.

Acquiring like-for-like replacements for outgoing personnel has been integral to Brighton's succession planning and, in theory, De Zerbi ticks many of the same boxes as Potter. And considering there have been rumours that he was Juventus's top target to replace Massimiliano Allegri, the appointment is something of a coup.

TACTICS

In 2019, De Zerbi received a glowing reference from none other than Pep Guardiola, whom he will attempt to outsmart in a little over a month. When discussing whether Italian football had evolved since his playing days with Roma and Brescia, Guardiola said: "You see Sassuolo at the moment and they give me the impression that it's very expansive."

Playing out from the back became a prerequisite. The strategy was one of high risk and high reward aimed at sucking opponents into their own defensive third before playing around them and attacking vacated spaces.

During De Zerbi's last two seasons – 2019-20 and 2020-21 – Sassuolo ranked second and third respectively in Serie A for passes made while under pressure from an opponent. Brighton were sixth in the Premier League for that metric last season.

PLAYER DEVELOPMENT

The Italy squad that won Euro 2020 last summer contained three members of De Zerbi's Sassuolo team – Manuel Locatelli, Domenico Berardi and Giacomo Raspadori.

Locatelli's performances in that tournament led to a big-money move to Juventus and he is one of a number of players that the *Neroverdi* cashed in on during De Zerbi's tenure: Matteo Politano, Stefano Sensi, Merih Demiral and Jérémie Boga all moved to rival Serie A clubs for big fees. Brazilian defender Marlon was another success story and followed De Zerbi to Shakhtar last summer.

HOW BRIGHTON COULD LINE UP

If De Zerbi decides to ditch the back three that became synonymous with Potter and employ a back four instead, it will lead to a defensive reshuffle.

Assuming De Zerbi opts for the latter option, Adam Webster, Brighton's most accomplished ball-playing defender and club captain Lewis Dunk, may become the first-choice pairing in the middle. That doesn't necessarily

mean that third centre-half Joel Veltman will miss out, though. Given De Zerbi's desire for control, the Dutchman could be favoured to the more exciting but less possession-orientated Tariq Lamptey at right-back.

Much was made of Billy Gilmour's misfortune after Potter left for Chelsea a matter of days after he signed for Brighton from the west London club, but De Zerbi's arrival could be good news for the Scot. Gilmour's game revolves around recycling the ball purposefully and intelligently. Breaking up the Alexis Mac Allister and Moises Caicedo axis may prove tricky to begin with, however, as they have both started the season superbly.

Leandro Trossard has been a wing-back this campaign, but can naturally shift into a more advanced position, while Pascal Gross's form dictates that he will play, perhaps as a No 10.

Danny Welbeck has led the line this season, but with pressing less of a priority in De Zerbi's system, perhaps the more clinical Deniz Undav will be given a chance to show what he can do.

De Zerbi's managerial record

Darfo Boario (Nov '13 - Jun '14)

P22 W5 (23 per cent wins)

Foggia (July '14 - Aug '16)

P90 W48 (53 per cent)

Coppa Italia Serie C 2015-16

Palermo (Sep '16 - Nov '16)

P13 W1 (8 per cent)

Benevento (Oct '17 - Jun '18)

P29 W6 (21 per cent)

Sassuolo (July '18 - May '21)

P120 W43 (36 per cent)

Shakhtar Donetsk (May '21 - July '22)

P30 W20 (67 per cent)

Ukrainian Super Cup 2021

New boss's likely XI



CHELSEA

Champions League record is poor for English managers

Sam Cunningham

CHIEF FOOTBALL CORRESPONDENT



Can you name the eight English managers to lead a side in the Champions League in 60 seconds? Go!

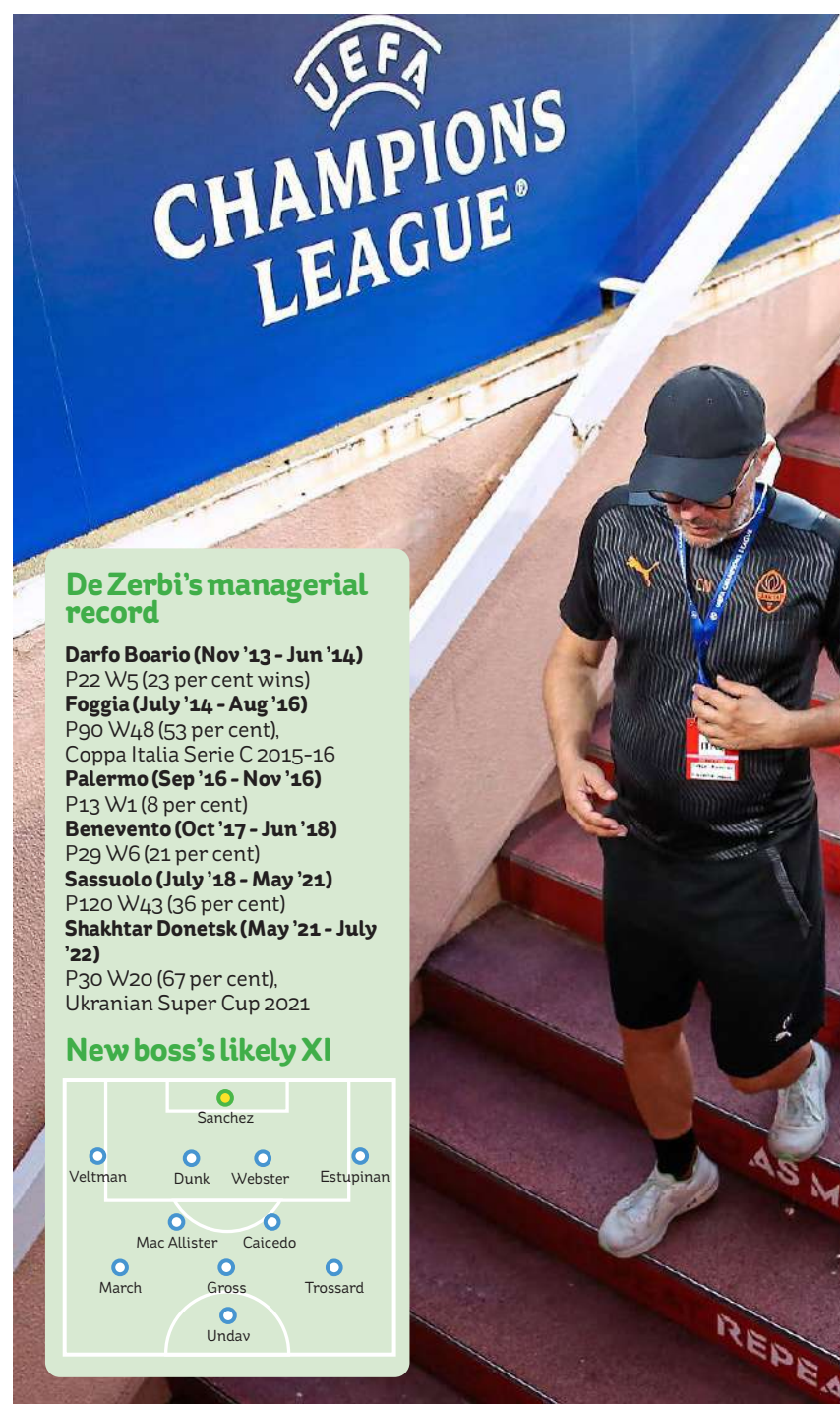
No, put away your phone. Google is cheating. Yes, that's right, you've got Sir Bobby Robson and Harry Redknapp... And Graham Potter last week on his Chelsea dugout debut, yes. Come on, join the dots, I can almost see it in your eyes... yes! Frank Lampard at Chelsea, too.

Valencia were in the Champions League when Gary Neville was in charge for that ill-fated four-month spell. Only three more. Need a clue? Think of good clubs in the 1990s and the Bard of Avon...

OK, I'll put you out of your misery. You're way over the minute mark anyway. Craig Shakespeare at Leicester City. Howard Wilkinson, Leeds United. Ray Harford, Blackburn Rovers.

That's it. They are the sum total of what the English coaching fraternity has produced to take on the world's best during the Champions League era of the past 30 years.

Even then, they've mostly managed a handful of games each. Wilkinson, the first Englishman to



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FOOTBALL

'I missed the big moments as Toon's keeper coach'



P68

CRICKET

Jordan: Fans in Pakistan will be overjoyed to see us

RACING

King of Stars backed to break his duck at Beverley

P67



Roberto De Zerbi was announced as Brighton boss on Sunday night GETTY

ARSENAL

Khaka the creator embodies revival of exciting Gunners

Daniel Storey

CHIEF FOOTBALL WRITER



What a difference a year makes. On the opening night of 2021-22, Arsenal were bullied by Brentford and seemingly unnerved by the swell of energy that their opponents created. On Sunday they played as if holding a Championship team at bay in an FA Cup tie.

The 3-0 win over the same opposition this weekend was the perfect performance, for several reasons.

Mikel Arteta's team scored from a set piece early on, the opposite of what happened in that defeat last August.

They scored a second reasonably quickly to quell any hopes of an immediate response, with Gabriel Jesus scoring and Granit Khaka creating – more on that shortly.

Then, after half-time, when Thomas Frank presumably told his side to start quickly and pressure Arsenal, Martin Odegaard's replacement, Fabio Vieira, scored a wonderful long-range goal.

If that wasn't enough, they were even able to give a debut to a 15-year-old kid in Ethan Nwaneri and make us all feel ancient.

Afterwards, Vieira (*above*) said he hoped his goal was the first of many. The £34m summer signing from Porto has had a slow start to

his Gunners career after suffering an injury in pre-season. But he made up for lost time on his first Premier League start with a fine finish from the edge of the box.

"I'm really happy, of course, to score my first goal with this club," the Portuguese midfielder said. "We've started this season really well and we need to keep doing this. Everybody knows what they have to do on the pitch and we need to keep doing this."



Mikel Arteta's team scored from a set piece early, the opposite of what happened in that defeat last August

Do not underestimate the psychological test that Arsenal have just passed. After losing at Old Trafford to reveal the same old nagging flaws, Arteta would have much preferred a home game against Everton, a fixture they won 5-1 last season. Instead they were forced to face another demon and slayed it efficiently.

Now back to Khaka. In 2018-19, he was Arsenal's second highest chance creator in the Premier League (behind Mesut Özil, who basically had a free role). But with Arsenal well below full health and in need of a holding midfielder,

Khaka's numbers tailed off badly: 16 chances created in 2,591 minutes in 2019-20 and 17 in 2,522 minutes in 2020-21.

Now that Arsenal have greater protection in midfield and defence we are seeing more of Khaka the creator. So far this season he has already created 14 chances in seven games and contributed one fewer assist than in the last two seasons combined.

Football in brief

UNITED STATES

Neville: Comment was unacceptable



Wayne Rooney and Phil Neville had to deal with a racism storm between two of their players in Major League Soccer. Play was held up during Sunday's encounter between Rooney's DC United and Neville's Inter Miami in Washington when United forward Taxi Fountas was accused of racially abusing Inter defender Damion Lowe in the second half.

"There was a racist comment that was unacceptable," Neville (*above*) said in his post-match press conference. "A word was used that I think is unacceptable in society. I think it's the worst word in the world."

"There is no place at all for racism on a football field or society."

EVERTON

Gray hails 'massive' win for Toffees



Everton winger Demarai Gray insists there is a different attitude in the squad after last season's relegation scare.

The 1-0 victory over West Ham courtesy of summer signing Neal Maupay's goal saw the Toffees' first victory after four successive draws. But Gray (*above*) admits it was a match they probably would have lost last season.

"Mentally it is massive for the team. The spirit is really good even though we hadn't won a game in the Prem (before Sunday)," said Gray. "There's a different feeling around the players and I think you have seen that in our performances: we are stronger and look more solid and more of a threat."

TOTTENHAM HOTSPUR

Lloris a doubt for Arsenal clash



Tottenham captain Hugo Lloris has emerged as an injury concern ahead of next

month's north London derby at Arsenal.

Lloris (*above*) linked up with the French national team yesterday ahead of this week's Nations League fixtures with Austria and Denmark but has since left their camp in Clairefontaine.

He has an injury to his right thigh, which will concern Spurs boss Antonio Conte with his side playing Arsenal on 1 October.

Lloris is the second Tottenham player to pull out of international duty after Ben Davies was forced to withdraw from the Wales squad following an injury to his knee.

manage a club when the European Cup was rebranded in 1992, took charge of only five at Leeds.

They were thrashed 3-0 by Stuttgart in Germany then seemingly knocked out on away goals when they won the Elland Road leg 4-1. At the time clubs could field three foreign players, and it emerged that bringing on Jovo Simanic in the second leg had taken Stuttgart over the limit. Uefa awarded Leeds a 3-0 victory, then scheduled a replay at Nou Camp. Leeds won 2-1, before being knocked out by Rangers. And that was that for Wilkinson.

Harford had his shot in 1994 when Blackburn Rovers had drawn Spartak Moscow, Rosenborg and Legia Warsaw. They lost their opening three games, drew one and were out by game five after a thrashing by the Russian side.

Robson (*above*) is arguably the most successful, managing three clubs in three countries in the Champions League. The furthest he reached was the second group stage with Newcastle United.

Redknapp runs Robson a close second with a Tottenham side, in possession of Gareth Bale, that knocked Inter Milan out before losing to Real Madrid in the quarter-finals.

Neville got one group game at Valencia and lost it.

Shakespeare had three games at Leicester after Claudio Ranieri navigated them through the group stage: one win, one draw and one defeat.

Lampard made it through the group stage with Chelsea, who were thrashed by Bayern Munich in the last 16.

And then there's Potter, who had not even attended a Champions League tie before taking charge of Chelsea's draw against RB Salzburg.

If you include qualifying matches, that brings up a grand total of 67 games: 24 wins, 15 draws, 28 defeats. A win percentage of 35.8 per cent.

It's a pretty damning indictment, but of what? The system producing English coaches? The stranglehold of foreign owners on the Premier League clubs who most frequent the Champions League? Part of

the rationale behind building St George's Park was to nurture the next generation of homegrown coaches and managers. It's

England's eight

Howard Wilkinson (Leeds Utd), 1992-93: Second rd, P5 W2 L3
Ray Harford (Blackburn Rovers) 1995-96: Group stg, P6 W1 D1 L4
Sir Bobby Robson (Porto, PSV Eindhoven, Newcastle) 93-94 (Porto): Semis, P5 W2 D1 L2 95-96 (Porto): Group, P6 W1 D4 L1 98-99 (PSV): Group, P6 W2 D1 L3 02-03 (Newc): Second Group, P12 W5 D1 L6
Harry Redknapp (Tottenham) 2010-11: Quarters, P10 W4 D3 L3
Gary Neville (Valencia) 2015-16: Last 16, P1 L1
Craig Shakespeare (Leicester) 2016-17: Quarters, P3 W1 D1 L1
Frank Lampard (Chelsea) 2019-20: Last 16, P8 W3 D2 L3 20-21: Group winners (Won cup under Thomas Tuchel), P8 W4 D2 L0
Graham Potter (Chelsea) 2022-23: P1 D1 so far





Those who serve
will be loved and
remembered
when those who
cling to power
and privileges are
long forgotten



Archbishop of
Canterbury,
Justin Welby

